

Dear Parents, Carers and Students



Welcome to the start of this exciting summer term. Please read this bulletin for some important updates.

It's more important than ever that we maintain high expectations this term, given the disruption to the curriculum earlier in the year and the end of year exams in June and July. Students should attend every day and always be on time; stay focused and work hard in lessons; complete all homework; and make sure uniform and equipment are perfect and be courteous and polite when interacting with each other and their teachers. From a Covid perspective, we are required to continue following government guidance around mask wearing and other restrictions until further notice.

I'm very grateful for parents' continued support with these expectations. We do have a very high bar for behaviour at BFS, and students benefit a great deal from this emphasis on discipline. If your child ever makes a mistake and receives a detention, please encourage them to learn from the experience and avoid repeating the error in the future.

Thank you.



Mrs S King

Year 9 MenACWY/DtP Vaccinations



Consent forms were sent home with all Year 9 students earlier this week for the forthcoming vaccinations for Meningitis, Diphtheria, Polio and Tetanus. Please return your completed and signed consent form to Student Services as soon as possible.

KEY DATES

- 28 April - Year 8 Subject Evening
- 6 May - Year 9 MenACWY/DtP Vaccinations
- 7 June - Revised INSET Day



The
Big Ask



Dame Rachel de Souza

The Children's Commissioner for Education has launched the Big Ask. They want as many children as possible to take part and get their voice heard so they can tell the Government what children really think will make their lives happier. Please encourage your children to participate following the link below

<https://www.childrenscommissioner.gov.uk/thebigask/>



The
Big Ask

REMINDERS

DINNER ACCOUNTS

An increasing number of students are requesting lunch vouchers as their dinner accounts do not have sufficient funds to cover the cost of dinner purchases. Please check your child's dinner account and top it up to cover food purchases.



PARENT GOVERNOR ELECTION - MAKE YOUR VOTE COUNT

Ballot papers were sent home with students earlier this week. Please make your vote and return your completed ballot form in the envelopes provided to school by midday on Friday 30 April and please remember to complete the pre-labelled envelope.



MONKHOUSE Schoolwear Specialists

New opening hours for Monkhouse stores in Bedminster and Stoke Gifford.

Monday - 9-5pm
Thursday - 9-5pm
Saturday 9-5pm

Student Lateral Flow tests at home



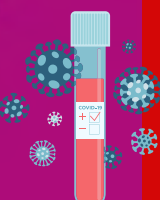
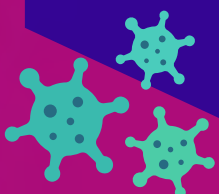
Thank you to all our students and families who have supported twice weekly testing during the Easter break and reported their results. The programme continues this term and all students who are taking part have been given a further box of 7 test kits this week.

If you do not wish for your child to participate then they do not need to take any kits, students can inform their form tutor that they are not taking part. Unwanted kits can be disposed of or returned to school.

If you have any issues with missing items in test kits, wish to be removed from the consent register or have any other queries please get in touch via covid.testing@bristolfreeschool.org.uk



LATERAL FLOW HOME TESTING





MENTAL HEALTH & SAFEGUARDING

Mental Health & Safeguarding Support, Advice & Information



PARENT/CARER SUPPORT OFFER

Our school is offering support for parents and carers in the form of a 5-week online group led by a trained facilitator and starting in the week of 26 April. There are 7 groups on offer running for 1 hour on different days and times.

This support is provided by Anna Freud National Centre for Children and Families (AFNCCF), a national charity for children and families with extensive involvement in supporting schools.

The groups aim to provide a reflective space to think about the challenges of parenting adolescents as well as a space for you as parents to reflect on how you are, which we think is just as important. The groups are not webinars and they are also not therapy, but rather aim to support parental emotional wellbeing and the connection between parents/carers and their teens. It is an interactive group with a mixture of teaching and discussion to structure the reflective space.

In the first of the five weeks, an online "coffee meeting" will be held, meaning any parent/carer interested in the group can attend to hear what the group is all about, to meet the group facilitator and other parents/carers and to ask questions. This is to ensure you have all the information needed to decide whether the group is for you. These parents groups have been running since January 2021 and have been very positively received. Feedback from parents has included: "I think it was perfectly pitched and I felt supported and listened to. A big thank you." "I have been telling people to go to the group if it is offered again - the value is not just in meeting other parents - it is in the tools shared-the most helpful - the emotional thermometer". We would be delighted to welcome you to one of the groups.

The sessions will take place online using the online platform Zoom and registration will be required in advance. The following group times are available:

Group 1:

Mondays at 12:30 -13:30pm

Register in advance for this meeting:

<https://annafreud.zoom.us/j/luceispzgoE9MRWEkAopAuROVMR46HkDxU>

Every week on Mon, 5 occurrence(s)

Apr 26, 2021 12:30 PM
May 10, 2021 12:30 PM
May 17, 2021 12:30 PM
May 24, 2021 12:30 PM
Jun 7, 2021 12:30 PM

Group 2:

Tuesdays at 10:00 – 11:00AM

Register in advance for this meeting:

<https://annafreud.zoom.us/j/tJMkc-CrrjwHdZEDwST8fnEMKAiT MmlshVq>

Every week on Tue, 5 occurrence(s)

Apr 27, 2021 10:00 AM
May 4, 2021 10:00 AM
May 11, 2021 10:00 AM
May 18, 2021 10:00 AM
May 25, 2021 10:00 AM

Group 3:

Tuesdays at 10:30 – 11:30AM

Register in advance for this meeting:

<https://annafreud.zoom.us/j/ApduiurjwPE9MMzEw7AFm0t0tUccwqH5lc>

Every week on Tue, 5 occurrence(s)

Apr 27, 2021 10:30 AM
May 4, 2021 10:30 AM
May 11, 2021 10:30 AM
May 18, 2021 10:30 AM
May 25, 2021 10:30 AM

Group 4:

Wednesdays at 12:00- 1:00PM

Register in advance for this meeting:

https://annafreud.zoom.us/j/9t0tc-uuqT4jHtxKt1GUZs8B8ephVbg_u_zhW

Every week on Wed, 5 occurrence(s)

Apr 28, 2021 12:00 PM

May 5, 2021 12:00 PM

May 12, 2021 12:00 PM

May 19, 2021 12:00 PM

May 26, 2021 12:00 PM

Group 5:

Wednesdays at 5:00– 6:00PM

Register in advance for this meeting:

<https://annafreud.zoom.us/j/2vqj8iGtE523rbuwprq4MMTs4eQtYt>

Every week on Wed, 5 occurrence(s)

Apr 28, 2021 05:00 PM

May 5, 2021 05:00 PM

May 12, 2021 05:00 PM

May 19, 2021 05:00 PM

May 26, 2021 05:00 PM

Group 6:

Thursdays at 10:00– 11:00 AM

Register in advance for this meeting:

<https://annafreud.zoom.us/j/2hrDstE9yuF0mZ4epfNniOPqi90RFe>

Every week on Thu, 5 occurrence(s)

Apr 29, 2021 10:00 AM

May 6, 2021 10:00 AM

May 13, 2021 10:00 AM

May 20, 2021 10:00 AM

May 27, 2021 10:00 AM



Group 7:

Thursdays at 12:00 – 1:00 PM

Register in advance for this meeting:

https://annafreud.zoom.us/j/vpzssH90pQyFKtOZZVoagaH_9AC5k

Every week on Thu, 5 occurrence(s)

Apr 29, 2021 12:00 PM

May 6, 2021 12:00 PM

May 13, 2021 12:00 PM

May 20, 2021 12:00 PM

May 27, 2021 12:00 PM



If you have any questions or to find out more, please visit the Anna Freud website.
<https://www.annafreud.org/parents-and-carers/>

The Privacy Notice for the service is available on the Anna Freud Centre website: see the privacy notice for parent groups: https://www.annafreud.org/media/12486/privacy-notice_schools-remote-service_parent-groups-short-version.pdf

If you would like to enquire about parent 1 to 1 please email Ms Townsend at r.townsend@bristolreeschool.org.uk

.....
TELLSOMEONE@BRISTOLFreeschool.ORG.UK



MUSIC EXTRA CURRICULUM

We will be running "bubble bands" for individual year groups. These will be groups for students who play any instruments - all are welcome, no matter how long they've been playing. We'll learn lots of fun pieces of music and work towards performances towards the end of the year. For the first session students should just turn up and bring their instruments (Unless it's something huge like a drum kit, they can use ours!)

We'll also start our in person choir group! Dynamics choir is our amazing vocal group featuring usually around 80+ students from all year groups across the school. We are delighted to start singing again at BFS, with rehearsals taking place outside, with different year groups socially distanced from each other. Come and learn some great songs in harmony, working towards concerts later in the year. All year groups welcome, no experience necessary.

Tuesday 3-4pm

Year 7 bubble band in
D block drama studio
Year 9 bubble band in
DG31



Wednesday 3-4pm

Year 8 bubble band
in D block drama
studio Year 10
bubble band in
DG31

Thursday 3-4pm

Dynamics choir -
outside on the MUGA!
All year groups.



CAN YOU HELP?



We are looking to build a list of contacts who work in a wide variety of careers who would be willing to come in and talk to our students about their careers, take part in mock interview days or be able to take our students for work experience, once social distancing restrictions allow for this.

If you would be happy for us to get in contact with you in the future regarding these opportunities, please email sixthform@bristolfreeschool.org.uk with your name, job role(s), email address and contact phone number.

We strive to give our students as much career guidance and experience as possible and there really is no substitute for meeting people who work in the students' areas of interest.

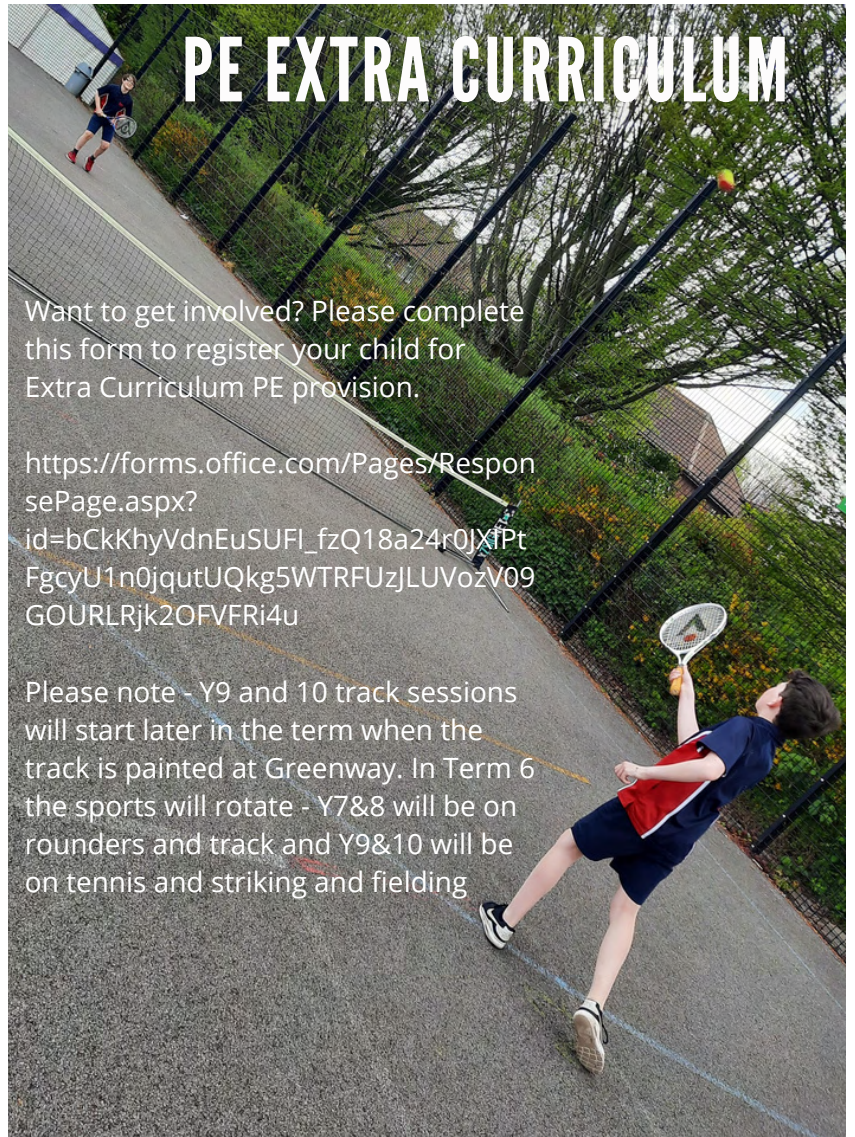
We would be extremely thankful to anyone who felt able to get in touch.

PE EXTRA CURRICULUM

Want to get involved? Please complete this form to register your child for Extra Curriculum PE provision.

https://forms.office.com/Pages/ResponsePage.aspx?id=bCkKhyVdnEuSUFi_fzQ18a24r0jXfPtFgcyU1n0jqutUQkg5WTRFUzjLUVozV09GOURLRjk2OFVFRi4u

Please note - Y9 and 10 track sessions will start later in the term when the track is painted at Greenway. In Term 6 the sports will rotate - Y7&8 will be on rounders and track and Y9&10 will be on tennis and striking and fielding



BFS CHARITY SUCCESS

CHALLENGES AHEAD



THEO'S VEVERESTING



Congratulations to Theo for finishing his 15 hour vEveresting - 200kms all uphill - A phenomenal achievement. Thank you to all who supported him, he has managed to raise a massive total of £12,628 for St Peter's Hospice. You can watch him talk about his experience on Points West here - <https://twitter.com/i/status/1378758107216625665>



ADAM'S HALF MARATHON

Adam, Year 11, completed a sponsored run (21k) for Cancer Research. He planned, trained and completed this independently and made it into the local news. You can read about his experience here: <https://www.inyourarea.co.uk/news/even-bleeding-feet-didnt-stop-bristol-16-year-old-from-finishing-his-21k-charity-run/>

Congratultions Adam, an excellent achievement! If you would like to donate to Adam's fundraising - please follow the link below: <https://justgiving.com/fundraising/adam-powis1>



BFS CAREERS



MR PARRY

HEAD OF BUSINESS AND CAREERS LEADER

YEAR 11 MEDICINE TALK



At the end of last term, it was great to host a virtual talk to Year 11 students who expressed an interest in a career in medicine. The talk was delivered by Izzy Phillips who is an ex-student of Bristol Free School and is currently studying medicine. Izzy gave an excellent insight into what life is like at university studying medicine and gave some great tips to students on how they can start preparing for their medicine applications to university. It was great to have a recent school leaver talk to our students, which will no doubt inspire and help students in their next steps. Special thanks need to be given to Abby in Year 13, who has been accepted to study medicine this year, as she helped organise the talk and also passed on her experiences of going through the medicine application process.

VIRTUAL WORK EXPERIENCE OPPORTUNITIES



IKEA – Retail Virtual Insight Day

- Dates: 2 June 2021 (10am – 2pm)
- Eligibility: 14 – 19 year olds keen to learn about the different elements of the business and what it's like to work for IKEA.
- Application Deadline: 05 May 2021
- <https://www.s4snextgen.org/Opportunities/View/id/1444>

Build Yourself with Wates – South of England



- Dates: 1 June – 4 June 2021(10am -2pm)
- Eligibility: 15 -19 year olds who are interested in entering the construction sector and progressing.
- Application Deadline: 1 May 2021
- <https://www.s4snextgen.org/Opportunities/View/id/1419>

National Grid - Thinking about a career in energy ?



- Dates: 2 June 2021 (10am – 3pm)
- Eligibility: 14 – 19 year olds interested in employability opportunities at the National Grid.
- Application Deadline: 2 May 2021
- <https://www.s4snextgen.org/Opportunities/View/id/1337>

Thames Water – Keeping essential services running



- Date: 2 June 2021(10am – 1pm).
- Eligibility: 14 – 19 year olds interested in exploring the huge variety of careers available within the company.
- Application Deadline: 2 May 2021
- <https://www.s4snextgen.org/Opportunities/View/id/1373>



ISG Global Construction Specialist - Virtual Work Experience

- Dates: 1 – 4 June 2021 (10am - 2pm)
- Eligibility: 15 – 19 year old keen to gain an insight into the construction industry and the business.
- Application Deadline: 30 April 2021
- <https://www.s4snextgen.org/Opportunities/View/id/1455>



Skanska - Green Skills Insight Day 2021

- Date: 2 June 2021
- Eligibility: 15 – 19 year olds keen to learn how Skanska is reducing their carbon footprint and how they engage with ecology and biodiversity.
- Application Deadline: 2 May 2021
- <https://www.s4snextgen.org/Opportunities/View/id/1356>



British Army - Insight Day for Careers in Business Administration

- Dates: 4 June 2021(4:30pm - 6:30pm)
- Eligibility: 15 – 19 year old interested in an insight into Army HR Specialists combine their administration capabilities with the skills of being a soldier.
- Application Deadline: 4 May 2021
- <https://www.s4snextgen.org/Opportunities/View/id/1518>



Green Skills 2021 - SSE Wind Turbines session

- Dates: 2 June 2021 (10am – 12:30pm)
- Eligibility: 14 – 19 year olds keen to delve deeper into the topic of wind generation.
- Application Deadline: 2 May 2021
- <https://www.s4snextgen.org/Opportunities/View/id/1428>



Victrex – How Can Plastics Improve the Environment?

- Dates: 2 June 2021
- Eligibility: 16 – 19 year olds interested in a career in information technology.
- Application Deadline: 30 April 2021
- <https://www.s4snextgen.org/Opportunities/View/id/1336>



Careers in Construction - Dragados

- Dates: 1 June 2021(10am -12pm)
- Eligibility: 15 – 19 year olds interested in apprenticeships and careers in construction, transport and infrastructure.
- Application Deadline: 1 May 2021
- <https://www.s4snextgen.org/Opportunities/View/id/1398>

Speakers for Schools has a vast array of recorded talks and also live talks where students can sign up. If any students wish to 'virtually' attend these live talks when they are meant to have a lesson, they must email their subject teacher to seek permission as our normal school curriculum would take priority. The live talks are also recorded so students can always access the talks at a later date. Please see the schedule for next week and details below:

<https://www.speakersforschools.org/inspiration/vtalks/upcoming-vtalks/>



SPEAKER: Dame Vivian Hunt, Senior Partner, McKinsey & Company
DATE: Tuesday 27 April
TIME: 17:00 - 18:00
YEAR GROUP: KS 4 - 5 / S4 - 6



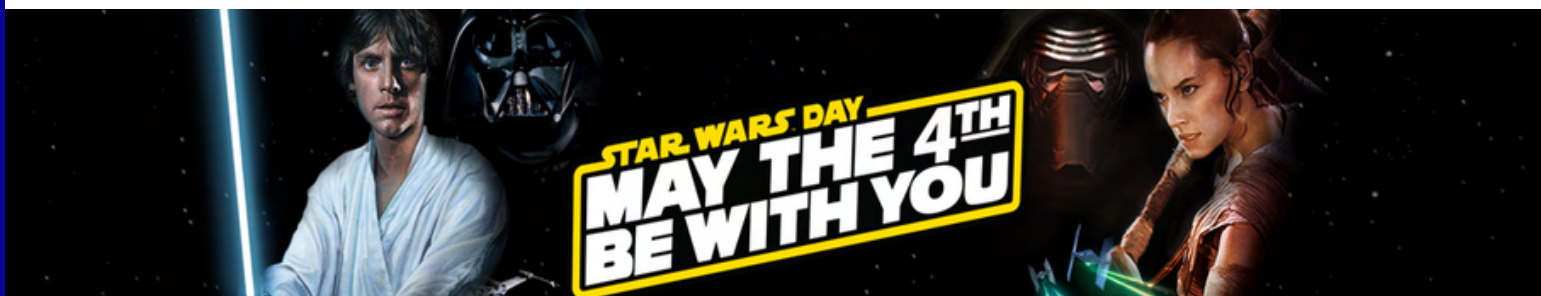
SPEAKER: Rory Sutherland, Vice Chairman, Ogilvy & Mather
DATE: Wednesday 28 April
TIME: 17:00 - 18:00
YEAR GROUP: KS 4 - 5 / S4 - 6



SPEAKER: WRAP Panel event with Julie Hill, Chair, Emma Hallett, Team Manager Collaborative Change Programme, Maria Stapleton, Behaviour Change Project Manager & William McManus, Sector Specialist - Food
DATE: Thursday 29 April
TIME: 14:00 - 15:00
YEAR GROUP: KS 4 - 5 / S4 - 6



SPEAKER: Sarah Breedon, Executive Director, Bank of England
DATE: Thursday 29 April
TIME: 16:00 - 17:00
YEAR GROUP: KS 4 - 5 / S4-6



'May the Fourth be With You: Celebrating Diverse Careers in Visual Effects'
 with Industrial Light and Magic and IntoFilm
DATE: Tuesday 4 May
TIME: 14:00 - 15:00
YEAR GROUP: KS 3 - 5 / S1-6



UN SPANISH LANGUAGE DAY FRIDAY 23 APRIL 2021

The United Nations' Spanish Language day is celebrated on Friday 23 April. It seeks to celebrate multilingualism, cultural diversity, the history of the language and its use as an official language. It was originally on 12 October but was changed to the April date to pay tribute to Miguel De Cervantes who died on this day in 1616.

Cervantes wrote *Don Quixote* and is widely regarded as the most important figure in Spanish literature.

Lo sabías?

- Spanish is currently spoken by 500 million people in the world with an estimated 600 million by 2050.
- It is the official language in 22 countries.
- There have been 11 literature Nobel Prizes in Spanish
- Spanish is the second most studied language in the world.
- It is the third most used language on the internet.
- After Japanese, Spanish is the fastest recorded language with 7.82 syllables per second.

¡APRENDE ESPAÑOL!

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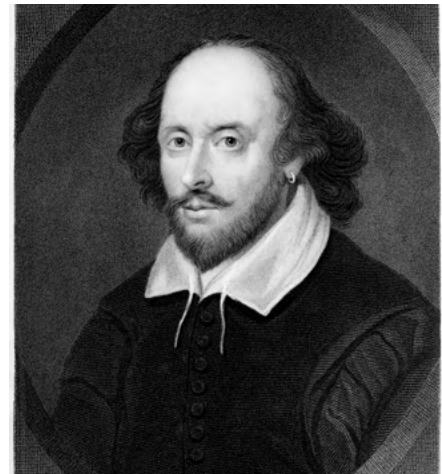
UN ENGLISH LANGUAGE DAY FRIDAY 23RD APRIL 2021

The United Nations' English Language day is celebrated on Friday 23 April. The date traditionally observed as both the birthday and date of death of William Shakespeare. Shakespeare contributed 1,700 words to the English language because he was the first author to write them down. (No dictionaries had yet been written and most documents were still written in Latin.)

Why not give this quiz a go!

Can you guess which numbers go in these sentences?

1. English is the official language in ____ countries.
2. There are ____ letters in the English alphabet.
3. There are ____ consonants in the English alphabet.
4. According to data from 2010, ____ million people speak English as their first language.
5. The second edition of the 20-volume Oxford English Dictionary contains full entries for ____ words in current use, but it's impossible to count the number of words in the English language.
6. About ____ new words are added to the Oxford Dictionaries Online each year.
7. The first early English dictionary was published in ____.
8. The Oxford English Corpus contains over ____ words.



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FOLLOW BFS ART
@BFS_ART_DEPT

CONTINUE TO CELEBRATE EARTH DAY



Together we have the power to restore our earth. BFS Eco-Committee are encouraging you to take part in a simple act of green. Remember no action is so small to make an impact!

Let us know what you get involved in, and send us your pictures

Have a look at the link below to see what you can do to make an impact:

<https://www.earthday.org/actions/try-a-simple-act-of-green/>

STAND AND DELIVER YOUTH THEATRE HENLEAZE

RELAUNCHING THURSDAY 22 APRIL 5.15-6.45
WESTBURY PARK METHODIST HALL, NORTH
VIEW



FREE TASTER SESSION AVAILABLE

Stand and Deliver Youth Theatre is open to students from 11 to 18 who are passionate about acting and theatre and who wish to take their performance skills to a more in-depth level. From further development of performance skills to 'off the cuff' improvisation exercises, mask work to audition technique, script writing and directing to the study of theatrical practitioners and playwrights such as Harold Pinter and Alan Ayckbourn, this group is for the budding performer.

Director, Julia McDade, trained with the London Academy of Music and Dramatic Art and gained a Licentiate Teaching Diploma with Distinction.

Stand and Deliver are passionate about every aspect of theatre and performance. Our ethos is that every student matters, and ideas are encouraged making everyone feel a valued group member.

To book your free taster session contact Julia McDade LLAM (Dip), ALAM (Dip) on 07771 634060 or email juliamcdade1@gmail.com.