

## Words from the Headteacher

Dear Parents, Carers and Students

We have made it! Despite the difficulties, I am confident that we end the school year 2019-2020 stronger as a community from our shared experience. We have achieved so much since Friday 20 March. I am so proud of our students and how well they have adapted to this unprecedented time and would like to thank parents and carers for stepping up to the demands of home schooling. We need to step back and acknowledge what we have all lived through and gain strength from our resilience and creativity. I hope you feel positive about the plans we have put in place for the re-opening of BFS in September. It is complicated and requires change, however enabling students to return to school as soon as possible is the right next step for them and our country.

As always at the end of the academic year we will say goodbye to our Year 11 and 13 students and some members of our teaching and support staff. We have all benefited from the teaching skills and enthusiasm of Mrs B Parry, Mr Marshall, Mr Gough, Miss O'Brien, Mrs Giblin, Ms Salvage, Mrs Tamblyn, Miss Davies, Miss Ryan, Mr Bishop and Ms Huzzey. We also say goodbye to the following support staff: Miss Gould, Mrs Quick, Mrs Brooks, Mrs O'Donnell and Mrs Morris. I would like to thank all of them for their hard work, support and service to BFS and wish them good luck in the next stage of their career. In this newsletter we have shared the names of the new teachers who will be joining the BFS community in September. We are very much looking forward to welcoming them.

I am really pleased to announce that Miss Barnes has been appointed as Deputy Head of Sixth Form. She will be joining the Sixth Form leadership team alongside Mr Walker, Assistant Headteacher, and Miss Norton, Head of Sixth Form, for the next academic year.

I am delighted to share with you the certificate awarded to BFS from the Duke of Edinburgh Award scheme celebrating the extremely high levels of volunteering hours our students have logged whilst completing their Bronze, Silver and Gold Award. It is remarkable the amount of volunteering that has taken place in school this year. Even during the pandemic we have seen Sixth Formers mentor and guide younger students. This is a wonderful achievement and these students are a credit to the school and their families.

Wednesday was our remote Sports Day and I would like to thank Mrs Ballard and the PE department for organising a range of activities for students to try whilst at home.

I will be writing to you before next term starts to update you on the latest guidance and with our student friendly guide to a COVID secure school which you can share with your child. In the meantime, I hope you have a lovely summer holiday.

Best Wishes  
Mrs King  
Headteacher

Key Diary Dates	
Thursday 13 August	A Level Results Day
Thursday 20 August	GCSE Results Day and Sixth Form enrolment
Wednesday 2 September	INSET Day
Thursday 3 September	INSET Day
Friday 4 September	New Year 7 and New Year 12 Induction day only
Monday 7 September	Start of term for Year 7, Year 8, Year 10 and Year 12
Tuesday 8 September	Start of term for Year 9
	Lessons for Year 7, Year 8, Year 10 and Year 12
Wednesday 9 September	Start of term for Year 11 and Year 13
	Lessons for Year 7, Year 8, Year 9, Year 10 and Year 12

# BFS Virtual Sports Day

Thank you so much for all the student and family support and participation to make our Virtual Sports Day such a success. We have been so pleased with the level of participation - 27 out of 28 tutor groups submitting scores.

Thank you to all the students that have sent in videos completing the events. There will be a video montage of all the amazing efforts and a link to this will feature in the first newsletter in September.

Below are the final results - tutor group total points and the winning times/scores.

The overall winning tutor group with an impressive total of 1453 points was 7TG5 – well done!!

7TG1	213	8TG1	1311	9TG1	475	10TG1	293
7TG2	1152	8TG2	328	9TG2	590	10TG2	174
7TG3	1138	8TG3	544	9TG3	556	10TG3	805
7TG4	969	8TG4	862	9TG4	616	10TG4	53
7TG5	1453	8TG5	460	9TG5	568	10TG5	389
7TG6	192	8TG6	953	9TG6	878	10TG6	194
7TG7	471	8TG7	521	9TG7	0	10TG7	298

Year 7	Speed Bounce	Press ups	Throw & Catch
	Reuben K 173	Maxwell T 54	Isabelle M 66

200m	800m	Keepie Uppies
Alex D 31.18 secs	Sonny R 176 secs	Luca D 124

Year 8	Speed Bounce	Press ups	Throw & Catch
	Chloe C 148	Cian L 44	Darius O 107

200m	800m	Keepie Uppies
Cian L 34 secs	William L 149 secs	Emily L 115

Year 9	Speed Bounce	Press ups	Throw & Catch
	Ben L 130	Jake D 70	Ben L 87

200m	800m	Keepie Uppies
Natasha H 22 secs	Oliver P 92 secs	Amber G 64

Year 10	Speed Bounce	Press ups	Throw & Catch
	Paige B 178	James A 53 Hugh C 53	Charlotte L 106

200m	800m	Keepie Uppies
Jake R 29 secs	Paige B 197 secs	Hugh C 96

Have a fantastic summer, keep active and keep smiling.

Mrs Ballard and the PE department.

## Public Health Notice—HPV Vaccinations

### For parent/carers of Year 8 (girls and boys) and Year 9 (girls only)

The Sirona Immunisation Team attended school in the week prior to lockdown to offer the HPV vaccination, many students were not in school for these sessions, or were unable to receive their vaccination on the day, and they are now able to offer the opportunity for your child to have their vaccination in a community setting.

They are currently able to offer these at:

- Kingswood Locality Hub , Alma Road, Kingswood , Bristol BS15 4DA. Tel: 01454 868387 or 07554227449
- Patchway Locality Hub, Rodway Road, Patchway, Bristol, BS34 5PE. Tel: 01454 868387 or 07554227449
- Pill Clinic, 3 Station Road, Pill, North Somerset, BS20 0AB. Tel 01275 373104

The Sirona Team would welcome you to contact them at one of the above telephone numbers to book into a clinic if your child did not receive the vaccination at school in the week prior to lockdown.

They have a number of dates and times throughout the summer they can offer you.

## Police Alert

The police have informed us of recent incidents in which young people on The Downs have been approached, threatened and had their property taken.

Please do take the necessary precautions to keep your child safe and please do warn them of potential risks.

If anyone has information on those involved, or has been a victim of an offence and not yet disclosed it to the police, please do so by calling 101 and give the call handler the reference number 5220152774



## BFS Virtual “Live Lounge” Concert

On Thursday night the music department broadcast their end of year concert live on YouTube. Featuring performers from Year 7 all the way to Year 13, it was a great showcase of the amazing musical talent on display at BFS. Highlights included stunning vocal performances from Alix, Talia, Poppy, Evie. Original compositions from Sophie, James and Phoebe. We had dazzling instrumental skills from Adam, Felix and much more! The teachers even had a go, with BFS staff choir members past and present coming together to perform “Midnight Train to Georgia” by Gladys Knight and the Pips.

Watch the concert again here: <https://youtu.be/kQ1z-YXHlmQ>

And the staff choir performance here: <https://youtu.be/Y2HiD-YBHDw>

We will have more virtual concerts in September, so get practicing some pieces over the school holidays!

## New Staff—September 2020

We are looking forward to our new staff joining us in September



**Mr Brown**  
Head of Maths



**Ms Bonnici**  
Y8 Year Leader and  
Teacher of Humanities



**Miss Coleman**  
Subject Lead MFL



**Mr Cooper**  
Teacher of Maths



**Mrs Corrigan**  
Teacher of DT



**Miss Dawson**  
Teacher of Music



**Mr Giles**  
Teacher of Biology



**Miss Goodbody**  
Teacher of Geography



**Mr Innes**  
Teacher of Physics



**Miss Jones**  
Teacher of  
Geography



**Mr Lustig-Bruce**  
Teacher of Maths



**Mr Nouas**  
Teacher of MFL



**Mr Ruston**  
Subject Lead: History



**Mrs Stevens**  
Admin Support



**Miss Tovey**  
Teacher of Psychology



**Mr Whitfield**  
Y10 Year Leader  
& Teacher of PE

## Thank You from the Mayor of Bristol

We were very pleased to receive a 'Thank You' from the Mayor of Bristol, Marvin Rees. This is what he said:

Dear Bristol Heads

As the school year comes to a close, I wanted to share a personal message of thanks to all our young people, teachers, school and early years staff, and parents for all your hard work despite the challenges you have faced the past few months.

Your time and efforts are fully appreciated and we are committed to supporting you into the next steps.

You can find my video message here: [https://www.youtube.com/watch?v=X7iFDQM1\\_pk](https://www.youtube.com/watch?v=X7iFDQM1_pk). It would be great if you could share this message with students, staff and parents.

Thanks again, and I wish you all the best for the summer break.



Marvin Rees  
Mayor of Bristol

### 2.6 Challenge—Outstanding Achievement

Congratulations to Elsie (Y7) and her younger brother Kofi who did their own 2.6 challenge to raise money for the Bristol Coronavirus Response Fund, which is being coordinated by the Quartet Community Foundation.

They ran approximately 2.6 marathons (40km x 2.6 = 104km) over 10 weeks, finishing on Saturday 11 July.

We are really proud of Elsie's amazing achievements.







## Supporting the Community

At a time when volunteering and supporting the local community could not be more important, Heather Thompson, DofE South West Director, passed on her thanks to staff volunteers, and our incredible DofE participants who have made, and continue to make, such a positive impact on our local community.

We are delighted to receive a certificate of social value which details the total hours DofE participants within BFS donated to the local community in the last financial year 2019/20. Our participants contributed an incredible 1,534 volunteering hours to help others, which equates to a social value of £6,672.90.

## More.... Nancy Rothwell Award 2020 BFS Entrants



Harry M Y8



The science department are really impressed with all the entries we've seen. Do keep sharing them with us!



## BFS Summer Challenge



We hope you all have a relaxing summer holiday this year – you have earned it! One of the joys of a six week break is the chance to try something new, challenge yourself or find out about a new interest.

Below are some challenges from your teachers – they are not to do with school work! Often there is a lot more to a subject than there is time to study in school and these challenges give you the chance to explore some of these areas. Your challenge is to pick one that interests you (or more than one if you want!) and give it a go – please take photos of your challenges as we are looking to create a display of all your efforts in September. Photos can be e-mailed to [Easterchallenge@bristolfreeschool.org.uk](mailto:Easterchallenge@bristolfreeschool.org.uk)

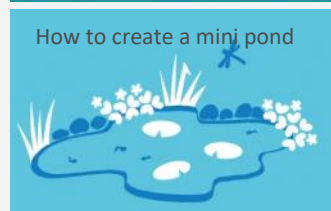
### The Challenges:

#### **BIOLOGY – Take action for wildlife!**

Whether you have a windowsill, a small patch of concrete or a much bigger garden there are things you can do to attract wildlife to your garden. My garden is in the middle of a housing estate and not where you would necessarily expect to find lots of wildlife, but I have seen slow worms, hedgehogs, foxes, bats and a whole host of insects in my garden.

Visit this website and look at the ideas <https://www.wildlifetrusts.org/actions> (there are ideas suitable for every outside space and budget).

Pick a project and carry it out – remember to take photos and either bring them in to school in September or e-mail them to the address above.



#### **DRAMA – Celebrate the reopening of outdoor theatres!**

Create and perform your own open air play or piece of street theatre.

You could create a modern adaptation of one of your favourite fairy tales or create something entirely original.

It could be a one man show (your own star vehicle) or you could audition and cast family and friends.



Remember to take photos and either bring them in to school in September or e-mail them to the address above.

#### **ENGLISH – Broaden your mind through books!**

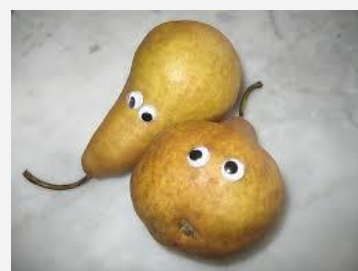
See the article from Mr Harris below with suggestions of how to find books that will challenge you and make you think. Or cut them up to make a collage (don't do this to library books!)

Remember to take photos of what you read and make and either bring them in to school in September or e-mail them to the address above.

#### **ART – Take the googly eyes challenge!**

Turn things in your house into characters with just a well-placed pair of googly eyes. See the poster below from Mrs Kinnersley with details.

Remember to send your collages to the e-mail address above.



## HISTORY—Discover an unknown local hero!

- Did you know the actor who played the original Darth Vader (David Prowse) came from Southmead?
- Research and make a fact file about a local historical hero.
- Remember to bring in your fact file or e-mail it to the address above.



## PE—How far from Bristol can you move in one summer?

- For this activity make sure you join the Google Classroom (code: **s2emg5t**) to get all the resources you will need.
- Start at Bristol and count your mileage, kilometres or steps by keeping a log of your activities. This can be completed by walking, running, jogging, swimming, cycling, scooting or any other way you can cover distance (except driving!).
- Use the tables in Google Classroom to record your travels, and convert steps into distance—see how far you can get from Bristol in six weeks!



## CHEMISTRY—Conduct experiments in your own home (parental supervision recommended!)

- Visit this website for details of chemistry experiments that can be carried out with minimal equipment  
[www.gskstemeducation.com/learning-resources?topic=Chemistry](http://www.gskstemeducation.com/learning-resources?topic=Chemistry)
- Try one (with your parent's help) - take photos and bring them in to school in September or email them to the address above.



## PHOTOGRAPHY—Make the usual, unusual!

- Take a photo of an everyday object from an unusual angle that makes it seem different
- Take your time thinking about lighting, colour and composition
- Send your photos to the e-mail address above



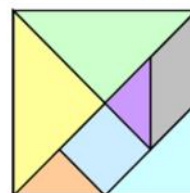
## MATHS—Have fun with numbers and shapes!

- Use exactly four 4s to form every integer from 0 to 50 using only the operators +, -, x, ÷, ( ) (brackets), √ (square root) and ! (factorial).  
E.g. 0 = 44 - 44
- And/or tangrams!

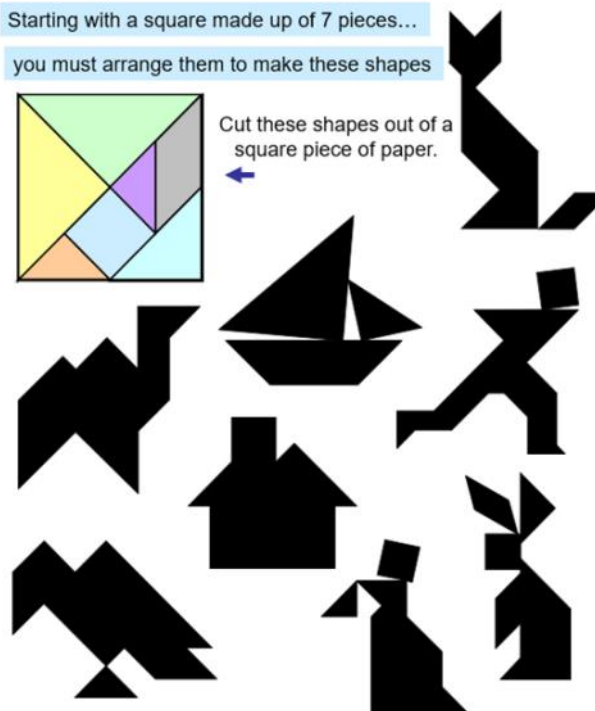
Tangrams are an ancient Chinese puzzle

Starting with a square made up of 7 pieces...

you must arrange them to make these shapes



Cut these shapes out of a square piece of paper.





## English: Summer Reading Challenge:



- Which topics are you interested in reading about?
- Have any of the recent global and local movements made you want to read books covering current issues, by diverse writers or books focused on diverse characters (focusing on race, LGBTQ+, disability and religion)?

**Exposure** to different cultures, ideas and identities is vital in our development as being socially aware, informed and empathetic individuals that continue to learn regardless of their age. One way we can experience the life of another is through reading. Here are a few of our suggestions:

**Challenging racism:** *Dear Martin* - Nic Stone, *The Boxer* - Nikesh Shukla and *The Hate you Give* - Angie Thomas.

**LGBTQ:** *The Black Flamingo* - Dean Atta, *If I was your Girl* - Meridith Russo and *Leah on the Offbeat* by Becky Albertalli

**Crime/Thriller:** *Long Way Down* - Jason Reynolds, *A Good Girl's Guide to Murder* (series) - Holly Jackson, *One of Us is Lying* (series) - Karan McManus and *My Sister the Serial Killer* - Onyinkan Braithwaite

**Empowerment:** *Queenie* by Candice Carty-Williams (Yr10 and above), *A People's History of Heaven* - Mathangi Subramanian and *The Poet X* - Ixabeth Acevedo

**Fantasy:** *Children of Blood and Bone* - Tomi Adeyemi, *Chaos Walking* (trilogy) - Patrick Ness, *Shuri: A Black Panther Novel* - Nic Stone and *Oh My Gods* - Alexandra Sheppard.

**Family/Friendship:** *All the Things that could go Wrong* - Stewart Foster, *Every Last Word* - Tamara Ireland Stone and *Rebound* (series) - Kwame Alexander

### Your Summer challenges:

- 1) To read a wide variety of books and to recommend them to your friends and family. Remember, exposure is key to being socially aware and informed!

"I would love to hear your reviews and recommendations in September as I am always on the look out for new books!" - Miss Ludwell

### AND / OR:

- 2) Make a collage out of magazines and newspapers that reflects who you are, your experiences or what you've missed in lockdown.

### Where can I buy my books and E-books from?

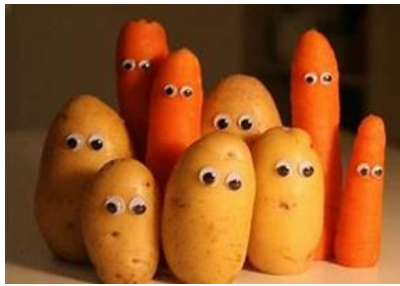
World of books, Amazon, StorySmithBooks, Books for Amnesty Bristol, Foyles, Waterstone and the local library where books and E-books are FREE!

# Art

## Googly eye challenge

Can you create funny characters around the home with just a couple of googly eyes?!

- How many different characters can you create?
- Make a collage of your best ones using a free photo app



You don't need to have the plastic Googly eyes to join in.

Cut out two white paper circles with a black spot in the middle!





## Well-being and Safeguarding—Summer 2020

Dear Parent/Carers

The summer holidays are usually a time for students to recharge their batteries after a long school year. This year, following Covid-19 lockdown they have the opportunity to participate in activities that they may have been missing during this time. We appreciate that for parents/carers with work and other commitments the holiday period can present a range of challenges. This leaflet signposts sources of support should you have concerns about your child.



*Mrs Jenkins*

*Assistant Headteacher*

A few points to remember:

Our children grow up very quickly however it is worth remembering that:

- 18 is the legal age for drinking alcohol
- 18 is the legal age to purchase tobacco / vaping products
- The age of sexual consent is 16

The age of criminal responsibility in England and Wales is 10.

### What are you worried about?

Anxiety /self-injury / eating

<https://youngminds.org.uk/>

<https://www.kooth.com/>

<https://www.beateatingdisorders.org.uk/>

<https://www.otrbristol.org.uk/>

<https://www.samaritans.org/>

### Out and about with friends?

With the easing of lockdown it is

important for children to have some

independence over the summer break,

but as a parent/carer there is also a need to:

- Know who they are with
- Have an agreed time for return
- Make sure your child can be contacted
- Check if all parents/carers have agreed to sleepovers
- Give clear boundaries and guidance

## Drugs / alcohol

<https://www.bdp.org.uk/>

<https://www.talktofrank.com/>

## Online issues / abuse

Should be treated seriously and reported to the police..

The easiest way to do this is via ceops:

<https://www.ceop.police.uk/safety-centre/>



## Relationships:

<https://www.brook.org.uk/>

## Domestic Abuse:

<https://www.childline.org.uk/>

<https://www.nspcc.org.uk/> (Also offers a wealth of useful advice about many other issues)

<https://www.barnardos.org.uk/>

## Child Welfare

You should make a referral to First Response if you have concerns that a child is being abused or neglected, or if you want to request support on behalf of a child or family:

**0117 903 6444**

When our offices are closed call the Emergency Duty Team on:

**01454 615 165**

**If a child is at immediate risk call the Police on 999**

Other numbers you can call:

NSPCC 24 hour Helpline: 0808 800 5000 (free from a landline)

NSPCC Text helpline: 88858 (service is free and anonymous)

Police: 101 (non-emergency calls)



## The Royal Society Big Summer Science Quiz



On Monday many students (and families!) took part in The Royal Society's Summer Quiz as part of their Summer Science online event. It was lovely to have so many messages and scores!

Currently, the winning BFS score is 28/39 by Dan S Y8 (and family).

A huge well done to Dan and everyone who took part. It was a really challenging event. My DIRT task this summer is to catch up on Sci-fi movies as I did appallingly in that round.

If you missed out don't despair! The quiz is available on the Royal Society's website and you tube channel:

<https://royalsociety.org/science-events-and-lectures/2020/07/the-big-summer-science-quiz/>

There are also lots of other videos, talks and exhibitions on their website as part of their Summer Science event:

<https://royalsociety.org/science-events-and-lectures/2020/summer-science-online/>

Please keep updating me with your scores!

Miss Hawes