

## Words from the Headteacher

Last Saturday almost 200 students came into school to take part in their Duke of Edinburgh practice day. This involved learning a wide range of skills including first aid, pitching a tent and how to cook using a Tangier cooker. A big thank you to Mrs Shah, Ms Gould, Mrs Tucker and Mr Ellis who organised and supervised the day. I believe BFS has one of the highest uptakes of students doing this highly regarded scheme with 103 Year 9s doing Bronze and 32 Year 12s going for Gold!

It was lovely to see so many of you at Year 8 Subject Evening last night. I would be grateful if you would complete the school survey which we will be emailing to you, so that we can use your feedback to improve the school further.

Thank you to our PE department who, despite the winter weather, have been attending a number of sporting fixtures in football and netball. Once again, teams from BFS have won many of their matches and have been commended for their attitude and fair play.

Finally, I need to ask you to remind students about road safety when coming to and from school. If travelling by bike, wearing a helmet and cycling using the rules of the Highway Code is essential. When walking to school please be careful and do not get distracted by digital devices.

Next week is Appreciation Week, so we are encouraging students and teachers to tell someone how much they appreciate them. Sometimes in our busy lives, we often forget to notice those small acts of kindness that make us feel valued.

We only have one more week before half term so school will break up on Friday 14 February and we will return Monday 24 February. Your continued support is much appreciated.

*Mrs S King  
Headteacher*

## School Site Developments – Cycle Parking and Social Space Planning

To improve safety, during February half term we are removing the cycle and scooter shelters from the staff car park and re-positioning them opposite the D Block entrance within the main school site. This means that students will no longer need to enter the staff car park. We are keen to encourage students to walk, cycle or scoot to school. In the coming weeks, we will be adding additional shelters on site.

We have shared these changes in school with students. Please remind your child if they cycle or scoot to school that after half term they must not go into the car park which will be out of bounds for students. They should enter and exit school via the student gates, dismount their cycle or scooter and then push it to the cycle shelter to secure it.

We are also at an exciting stage with planning the development of our outside social space, known to us all as “The Tumps” This week our School Council welcomed two guest Landscape Architects from BDP, who are supporting the school with developing ideas. Some general ideas were presented and students fed back their thoughts and ideas which will now be developed into a scheme. In the meantime, the area has been cleared so it is ready for development. We hope to get started in the summer term.

*Mrs Rupprecht*



## Clubs for Term 3&4

Please see the website for the clubs running for Term 3 & 4.

<https://www.bristolfreeschool.org.uk/extra-curricular-clubs.php>

All clubs run from 3:05—4:15pm unless stated otherwise.

## The month ahead

	NO CLUBS inc homework club
10/02/2020	Y11 MFL Speaking Mocks take place this week Flying Start trip to Aerospace Museum
11/02/2020	
12/02/2020	GCSE Drama Dress Rehearsal, 6pm U15 girls @ Lady Taverer's Cricket Competition
13/02/2020	U16 girls' football vs Fairfield, away Year 11 GCSE Drama Assessed performance
14/02/2020	Y9 Options Choices Deadline Sixth Form Bursary Application Deadline
15/02/2020	
16/02/2020	
17/02/2020 — 21/02/2020	<b>Half Term</b>
22/02/2020	Treble Bass performing at The Old Duke
23/02/2020	
24/02/2020	Amazon App School Heats
25/02/2020	Year 11 Vocational Music Assessed Performances Year 7 Rugby Sevens competition, at Colston's School
26/02/2020	Y9 and Y10 boys' football vs St Bede's, away U14 girls' football vs Blaise High, away
27/02/2020	Y8 and Y11 boys' football vs St Bede's, away
28/02/2020	
29/02/2020	
01/03/2020	
02/03/2020	Mock 2s begin Engineer for a Day trip to Aerospace Museum
03/03/2020	
04/03/2020	
05/03/2020	Governors' Meeting Subsea UK National Final World Book Day - <b>MUFTI</b> (theme TBC) Munich trip parent information evening
06/03/2020	Subsea UK National Final
07/03/2020	
08/03/2020	
09/03/2020	
10/03/2020	Y12 UCAS Exhibition
11/03/2020	Alex Wheatle (Author) visiting Y8 Boys & Girls, and Y9 Girls HPV vaccinations
12/03/2020	Y10 Subject Evening - <b>NO CLUBS (early closure)</b>
13/03/2020	

## National Apprenticeship Week

As part of National Apprenticeship week this week all KS4 and KS5 students have been shown a recording of the National Big Assembly during tutor time. The Big Assembly was hosted by the Chair & Vice Chair of Young Apprenticeship Ambassador Network East Midlands and was joined by an amazing selection of young people, from a host of diversities. The panellists were current apprentices at a variety of companies including Virgin Media, Morrisons, Bakkavor, Workpays and the BBC and gave students advice and information about apprenticeships and careers.

For more information please visit [www.bigassembly.org](http://www.bigassembly.org)

### Apprenticeships

Many apprenticeship vacancies are now open; below are some useful sites to learn about and search for apprenticeship opportunities.

[www.gov.uk/apply-apprenticeship](http://www.gov.uk/apply-apprenticeship)

[www.notgoingtouni.co.uk](http://www.notgoingtouni.co.uk)

[www.getmyfirstjob.co.uk](http://www.getmyfirstjob.co.uk)

[www.careerpilot.org.uk/information/apprenticeships](http://www.careerpilot.org.uk/information/apprenticeships)

[www.unifrog.org.uk](http://www.unifrog.org.uk)

## Author visit

The English department at BFS are very proud to announce that critically acclaimed author, Alex Wheatle, will be visiting the school on Wednesday 11 March. He has won numerous awards for his work in teen fiction including The Guardian Children's Fiction prize. A select number of students will be competing to win a place on a workshop course with Alex Wheatle.

We hope that you will all agree that this is an exciting opportunity for budding young writers to learn from a successful published author.

*Miss Ludwell*

## Student absence reporting

A reminder to parents and carers that all school absences needs to be reported to the school daily **by 8:30am using the StudyBugs app** .

If you do not have access to the internet then please call 0117 950 8157 and leave a clear message.

We cannot accept absences reported by email or by phoning the main reception except in emergencies.

## The Great Bristol Buskathon

Before Christmas, Dynamics Choir sung carols at Southmead Hospital, participating in The Great Bristol Buskathon. We heard from the North Bristol NHS Trust this week who confirmed that with 96 performances across 8 venues they managed to raise £17,881.91!

Our performance contributed a healthy £40.92 to that sum, which is fantastic news.



## Greenway Centre

We are pleased to be building a close relationship with the Greenway Centre and would like to share with you their class timetable for the winter:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9.15-10.00 <b>Strong by Zumba</b> £3	9:15-10:00 <b>Piloxercise</b> (high energy dance) £3	9.15-10.00 <b>Strong by Zumba</b> £3	9:15-10:00 <b>Soca Step</b> £5	9:15-10:00 <b>Cubatone</b> (high energy dance) £3	9:15-10:30 <b>Forever Active</b> (seniors class) £3.50
10:30-11:30 <b>Forever Active</b> (seniors class) £3	10.00-11.00 <b>Healthy Hearts</b> (Phase IV cardiac rehab, referrals only) £3	10.00-11.00 <b>Gentle Walking Group</b> Free	10:30-11:30 <b>Forever Active</b> (seniors class) £3	10:00-11:00 <b>Better Breathing</b> (specialist class for people suffering with health condition/s) £3	
	12:30-13:15 <b>Qigong</b> £3	10:30-11:30 <b>Better Breathing</b> (specialist class for people suffering with health condition/s) £3		12:05-12:50 <b>Boxercise</b> (Women only) £3	11:30-12:30 <b>Circuit Training</b> £3.50
12:30-13:30 <b>Supervised Gym</b>	12:30-13:30 <b>Supervised Gym</b>	11:45-12:30 <b>Intermediate Pilates</b> £4		13.00-13.50 <b>GP Referral Pilates</b> £4	
13.30-14.30 <b>Escape-Pain</b> (Referrals only 6 week course) £45 for entire course	14:00-15:00 <b>Staying Steady</b> (falls prevention class- health consultation required before attending) £3.50		13.30-14.30 <b>Escape-Pain</b> (Referrals only 6 week course) £45 for entire course	14:00-15:00 <b>Staying Steady</b> (falls prevention class- health consultation required before attending) £3.50	
14:00-15:00 <b>Staying Steady</b> (falls prevention class- health consultation required before attending) £3.50	18:00-18:45 <b>Insane X</b> (high intensity training) £3.50	18:00-18:45 <b>Legs, Bums &amp; Tums</b> £3.50	16:00-17:00 <b>Supervised Gym</b>	18:00-19:00 <b>Pilates</b> £5	
18:00-18:45 <b>Circuit Training</b> £3.50	18.30-19.15 <b>Zumba</b> £3.50		18:00-18:45 <b>Insane X</b> (high intensity training) £3.50	19.00-19.45 <b>Fitness Yoga</b> £5	
19:00-20:00 <b>Movement For Wellbeing</b> £3.50	19:00-20:00 <b>Boxercise</b> £3.50	19:00-20:00 <b>Fitness Pilates</b> £5	19:00-20:00 <b>Skip Box</b> £3.50		





# Ladies' Fashion Show **AND** Pop-up Shop!

**SHOP YOUR FAVOURITE HIGH STREET BRANDS  
AT 50% OFF OR MORE!**

**Colours.**

[FUN]DRAWING  
FASHION SHOWS



**Friday 27th March 2020  
Bristol Free School**

Bristol Free School, Concorde Drive, Bristol, BS10 6NJ

Doors open 6pm, show starts 6.30pm

Tickets: £5 each - Concessions ticket £2.50

Tickets to be purchased in advance.

**Including a catwalk showcase of student fashion designs**

Raffle and refreshments provided by FoBFS

**Raffle: FABULOUS prizes to be won at the show!**

For tickets and more information please contact:  
[dtfac@bristolfreeschool.org.uk](mailto:dtfac@bristolfreeschool.org.uk) or 0117 9597200  
Parent pay or cash through Miss Burman

