



# Weekly Update

## Extra-curricular activities during week commencing 19 June 2017

### Monday

KS4 Fitness  
Classics Club

### Tuesday

Latin GCSE Year 2  
Boys Cricket (Years 7&8)  
Girls Rounders (Years 7&8)  
Textiles: Year 10 Open Workshop  
Italian Club  
Science Club  
Flying Start Challenge  
Year 10 Young Enterprise

### Wednesday

Latin GCSE Year 1  
Athletics  
Orchestra  
Folk Band  
Outdoor Club  
Warhammer School Alliance  
Commercial Dance  
Shakespeare Production  
Year 12 Young Enterprise

### Thursday

Boys Cricket (Years 9&10)  
Girls Rounders  
Street and Hiphop Dance  
Jazz Band  
Junior Jazz Band  
French Film Club  
Doc-Soc  
Textiles Club (KS3)  
Programming Club  
Book Club

### Friday

Sports Academy

## Words from the Headteacher

I mentioned briefly last week that we are working in tandem across the school to establish and consolidate our core values. Our teachers are getting in on the act, with personalised versions of the values, each one a depiction of a time when we showed consideration, responsibility, resilience, commitment and aspiration. Mr Truan has included an image from his recent success on the football field where he moonlights as a midfield maestro. It shows a level of commitment and resilience; working all week to ensure young people have the best possible outcomes, before getting up early on Sundays, putting his boots on and occupying the middle of the park for the reigning Bristol Combination Premier league champions.

In keeping with the core values, we are a school that has a well-established reputation as a nurturing and positive environment. This is because we work hard to make sure that students are aware that education is as much about learning how to be thoughtful, to make the right decisions, to be resilient, as it is about exams and academic or vocational progress. We are united in our stance against bullying and work proactively to ensure that it is not tolerated by any members of the school community.

Miss Melville is leading a new initiative to raise the profile further of our anti-bullying message. Next week students will be working together in a creative inter-tutor group competition, to design pledge posters in order to raise awareness of "Stand-Up To Bullying Day" on 21 June. This competition is open to all students and the winners will have their pledge displayed around the school. By the end of June we will have a host of fantastic posters which are bright, bold and express our values as a school.

### Fixture of the week

The Cricket season got off to a flyer with the start of Year 9 and 10 league matches. The intrepid eleven made their way to Bishopston CC to take on Cotham School. We managed a hefty 118 from 12 overs with Jacob Neville, George Fowler and Deago Bailey unleashing the full repertoire of shots, from a cultured front foot drive, to an agricultural heave down to cow corner. Cotham were skittled for 62, with Laurence Chandler the pick of our bowlers.

Another day, another match, this time the venerable St Bede's. The outcome was the same, St Bede's were rolled over for 40 runs, with Archit Kulkarni dissecting their batters with surgical precision. Jacob Neville was the tormentor in chief as we chalked off the runs in short order for a 9 wicket win. Next up for the BFS juggernaut are RGS.





**Summer BBQ**  
**Friday 7 July, 6:30pm**  
**until 9:30pm**

Tickets will be going on sale shortly for this popular end of year event for the whole

family. We need lots of helpers too - please follow this link to choose your 45 minute spot and sign-up.

<http://signup.com/go/xDcbhJs>

**Duke of Edinburgh Awards**

This weekend was the bronze Duke of Edinburgh's Award assessed expedition. 75 intrepid Year 9 students embarked on an expedition in treacherous wind carrying all their equipment with them. One local farmer said that she had met 3

of the groups passing by and remarked on the fact that they were the most polite DofE groups she'd met—well done everyone! As ever, photos from the expedition will be uploaded on our website.

Key dates for next week	
Please see the calendar at <a href="http://www.bristolfreeschool.org.uk">www.bristolfreeschool.org.uk</a> for other important dates	
<b>Monday 19 June 2017</b>	GCSE; Biology (AM) GCSE; Arabic (PM) Dynamics Choir performing at Southmead Hospital, 1:30pm - 3:30pm
<b>Tuesday 20 June 2017</b>	Digital Leaders at Westbury on Trym Academy, 1:30pm -3:00pm Y7&8 Boys Cricket vs St Bede's, away
<b>Wednesday 21 June 2017</b>	GCSE; Chemistry (AM) Digital Leaders to NSPCC Conference, London (all day)
<b>Thursday 22 June 2017</b>	GCSE; Arabic (PM)
<b>Friday 23 June 2017</b>	GCSE; Physics (AM)

**Fake News**

In Term 5 we notified you about news and social media posts about 'Blue Whale', a viral suicide game. It transpires that the 'Blue Whale' story is a hoax, or fake news; something which is permeating almost every news area recently. Alerts are often shared over social media, even when initially shared through more conventional routes. The danger with a social media share of a fake story is that it will also reach young people. There are significant pressures caused by "FOMO" – fear of missing out; this affects body image, feelings of belonging and for a young person with poor mental health it may encourage them to consider or copy a dangerous behaviour. The other issue with sharing specific alerts is that adults will, with the right intentions, focus on the specifics of the story and so may be less open to the signs and symptoms of harm and abuse.

The hoax/fake news issue has happened before, for example:

- Many 'white van kidnapping/abduction' stories fall into this area. There are frequent social media stories about attempted kidnappings, they spread fast and can result in thousands of shares over a 24-hour period. Often they have no specific location and they are not timed or dated. There is no detail; just fear.
- There was a case involving 'Talking Angela', an app where children can hold a text conversation with an animated cat. Stories went round that the app was developed by paedophiles to gain access to children, [this was a hoax](#).
- In August 2013 fourteen year old Hannah Smith committed suicide; the news stories told us Hannah had been bullied on Ask.fm. Calls were made to close the site, it was said that the site promoted bullying and suicide; even David Cameron joined in calling for the site to be closed. The Ask.fm site owners stayed quiet – they stayed quiet because they were working with Police, providing facts behind the case. Sometime later, it emerged that the bullying messages Hannah had received were sent from her own computer; she had sent the messages to herself.

The danger of us focusing on a particular app, forum or website is that we may be content to simply ban it, forgetting that grooming (or other concerns such as radicalisation) could happen on many apps, forums or websites. The most important messages are about keeping safe online:

- Follow the age restrictions
- Put privacy settings on
- Don't participate in anonymous chat
- Block, delete and report users or posts that worry you.

Most importantly of all talk to your children about what they do online. Celebrate the exciting things and provide sensible advice, caution and support if children are taking risks and report if concerned.



**Sports Leaders at Festival of Sport**

On 6 June at Coombe Dingle, our Sports Leaders provided their support to the Festival of Sport; an event designed to encourage participation for those slightly less engaged in physical activity and sport at school.

Students were working with groups of 50-60 pupils ensuring they went to the right activities at the correct times, participated to the best of their ability, made new friends with pupils from other schools and had an enjoyable day playing sports they may never have encountered before.