



# Weekly Update

## Extra-curricular activities during week commencing 3 April 2017

### Monday

KS4 Fitness  
Classics Club

### Tuesday

Latin GCSE Year 2  
Year 8 Parkour  
All years Girls' football  
Trampoline—GCSE only  
Textiles Club (Y9 & 10)  
Art Club  
School Musical  
Italian Club  
Science Club  
Flying Start Challenge  
Model United Nations  
Year 10 Young Enterprise  
D of E Drop-In

### Wednesday

Latin GCSE year 1  
Girls' basketball (Y10 & Y11)  
Y7, 8 & 9 Boys' Football  
Orchestra  
Year 9 Punk Band  
Outdoor Club  
Commercial Dance  
A Level & GCSE Drama Rehearsals  
Year 12 Young Enterprise  
Warhammer School Alliance

### Thursday

Y10 & 11 Boys' Football  
Mixed Hockey  
Y9, Y10 & Y11 Badminton & table-tennis  
Street and Hiphop Dance  
Jazz Band  
Junior Jazz Band  
Dressmaking (Y9 & Y10)  
Programming Club  
French Film Club

### Friday

Sports Academy

## Words from the Headteacher

### The Fair

This Saturday (tomorrow) we are holding our first ever Big Spring Fair. We have lots of really exciting activities lined up, including sports competitions, various stalls, a FOBFS barbecue, and a hugely committed team of students. The Year 10 Employability Group have been hard at work, leading on all aspects of organisation and set-up, and it's a credit to their determination that the event has got off the ground. I'm looking forward to seeing them in action and to supporting their efforts. We want as many people involved in BFS and from the local community to come along. See you there!

### The Play

Earlier this week the Performing Arts department took over the Newman Hall in the heart of Henleaze for our production of the Wizard of Oz. There is not much to add to the article overleaf, apart from saying that I was gobsmacked by the hard work put in by students and staff, the incredible music, singing and dancing and the level of performance. It was a triumph for all concerned and a delight to see.

### The Fixture

Yesterday evening our Year 9 football team took part in the Bristol Schools Area Final against the mighty Cotham, having put both Fairfield and Oasis John Williams to the sword in the knockout stages. Confidence ran high on the back of an unbeaten season, with immortality beckoning for our invincibles and the opportunity to be the first BFS team to win the city-wide competition.

The team was at full strength with the return of Mason Allen at the tip of the attacking spearhead; our top scorer. The back four of James Panso, Ciaran Hally, Bryn Ruck and Matthew Peacock closed out every opposition attack, first to the tackle and header, repelling the wildlings of Cotham with purpose and strength. Callum Whittaker, Jacob Wright and Ayman Benarous revelled in the security provided by the line of defence; a telepathic understanding emerged as all 11 players began to function as a seamless unit, communicating with a deft flick, a turn, a feint, opening up space and time with a sensational series of moves taken straight from an astrophysics textbook.

Out wide, Lucas Morgan and Angus Fraser stretched and teased the Cotham players, a blur of colour and grace soaring past like a kingfisher in flight; seen but not seen, at once there, and then gone. Up front, leading the line and tracking back, the triumvirate of Mason Allen, Leon Workman and Jack Donoghue asked questions that could not be answered, Paxmanesque in their disdain for the defence, slicing through time and again. Mason grabbed the early goal, allowing the team to settle into a pressing rhythm, the insistent drumbeat of possession football, tika-taka, triangles of movement and unerring accuracy. In the second half the super-subs came on, Oliver Baker and Charlie Manikum-Owen with fresh legs, closing out the game for BFS. At the back, all but spectating from between the sticks, rested Jude Hall, enacting the goalie's dream game: not having to make a save.

We are all very proud of the team, their commitment, ambassadorial spirit and hard work. Next up for the mighty champions: the feral youth of Mangotsfield, no doubt making their first trip to the big city.



### The Move

Last but not least, we are moving into Block D after Easter. It marks the beginning of the end of the building process, with a few others bits and bobs to be finished for September. We are very excited by the prospect and the sudden increase in space. Students have been asking all sorts of questions and I have attached a brief document with this newsletter that hopefully tells you everything you need to know. Similar details will be shared in tutor time next week.

**Paul Jones**



# Wizard of Oz Special

## Thoughts from Parents

"I just wanted to say how wonderful we thought the play was, you must have all worked so hard. The children were magnificent and played their parts beautifully, you must have been very proud of them. Having the orchestra playing added something really special too, the whole thing was a delight!"

"I am writing to say how much our daughter has enjoyed being a part of the show and how much we enjoyed watching her in it. She has made new friends and found an interest that is improving her confidence. Thank you for providing this brilliant opportunity, we can't wait to see what's next"

"We came to see The Wizard of Oz on Monday night and wanted to pass on our congratulations on such a fantastic show. We were impressed by how confident students were and it was clear they were enjoying themselves. Well done to everyone involved!"

Congratulations to the cast of The Wizard of Oz who performed at The Newman Hall in Westbury on Trym this week. The cast and orchestra, made up of over 50 students from Years 7 to 10, worked brilliantly together to put on a fantastic show.

Students demonstrated unwavering commitment and resilience throughout the process and it was a pleasure to see their hard work pay off. Thank you to all the parents, carers, students and staff who supported the show. **Ms. Clifton, Mr. Pate and Ms. Green.**



## Thoughts from the Cast

"It was a really amazing experience to work with so many talented cast and crew and although I'm disappointed that it's finished, it's really nice to end on a high" **George Levy (Scarecrow)**

"It was a really enjoyable experience, with a lot of hard work put in and the results showed" **Liam Gardiner (Guard)**

"It was exciting to be in the orchestra and be part of a great team" **Izzy Tucker (Orchestra)**

"It was very different from Oliver! last year and a great experience to be part of" **Anna Lloyd (Dancer)**

## Thoughts from the Audience

"They way the actors brought moments of the play to life was creative and impressive. The cast worked together well to make a slick and entertaining show" **Jess Poole, GCSE drama student**

"Amazingly talented actors who put on a brilliant performance; I would definitely go and see it again" **Emily Bridgewater, GCSE drama student**





**Easter Themed Bake Sale**

We are squeezing in one last charity bake sale on Thursday 6 April raising money for Macmillan, with an Easter theme.

There will be a prize for the best Easter themed bake, and donated cakes should be taken to the KS3 Year Leader's office on the morning of 6 April.



Don't forget to bring some change with you to buy an Easter treat!

Key dates for next week	
Please see the calendar at <a href="http://www.bristolfreeschool.org.uk">www.bristolfreeschool.org.uk</a> for other important dates	
<b>Monday 3 April 2017</b>	
<b>Tuesday 4 April 2017</b>	Sixth Form Trip to UCAS Higher Education Exhibition at the University of Bath
<b>Wednesday 5 April 2017</b>	7TG7 Trip to Laser Quest, 6:20pm BFS All Stars Trip to Hollywood Bowl, 12:20pm
<b>Thursday 6 April 2017</b>	Macmillan Easter Bake Sale Sixth Form UCAS Personal Statement writing New Year 7 Parent's Evening, 6:30pm, Drama Hall
<b>Friday 7 April 2017</b>	STEM Day



**Outdoor Club Needs You!**

This term in Outdoor Club we have been planting all sorts of garden vegetables including peas, cauliflower, spinach, squash and beetroot. We have also been monitoring our newest pond residents, the tadpoles!

Next term we will be creating a greenhouse from the plastic bottles that have been kindly donated (please continue to bring them in!), making a wormery, plus foraging and bushcraft activities whilst enjoying our own home made hot chocolate! If you would like to join in the fun and make some new friends, come to C1.27 every Wednesday.

*Written by Ben T, Dan B and Dan B*

**Spelling Bee**

Congratulations to the Year 7 Spelling Bee Preliminary round winners! The final round of competition will take place in assembly on Wednesday 5 April 2017. Good luck to all students involved!



- |                         |                           |                           |
|-------------------------|---------------------------|---------------------------|
| Lucy Groves (7TG3)      | Dan Gibbons (7TG5)        | Will                      |
| Nikitas Nikolaou (7TG7) | Baroka Fischer (7TG3)     | Price (7TG4)              |
| Charlotte Lane (7TG6)   | Becky Evans (7TG3)        | Jake Ribeiro (7TG3)       |
| Joel Depusior (7TG4)    | Alana Bennett (7TG5)      | Alex Hall-O'Mahony (7TG4) |
| Hannah Stewart (7TG4)   | Ella Mae Reynolds-Jarrett | Trinity Foord (7TG7)      |
| Evie Sayle (7TG4)       | (7TG1)                    | Paige Bell (7TG8)         |

**5 ways to wellbeing - part 4 and 5**

The fourth entry on nef's list of actions to improve well-being:

**Keep learning**

Try something new or rediscover an old interest. Set yourself a challenge to achieve. Learning new things improves confidence and is fun as well. It can also encourage social interaction and increase self-esteem / feelings of competency. Achieving a personal goal has been shown to increase life satisfaction. Some feel that learning is something that is only done earlier in life however it is proven that it is a critical aspect of day-to-day living for all age groups.

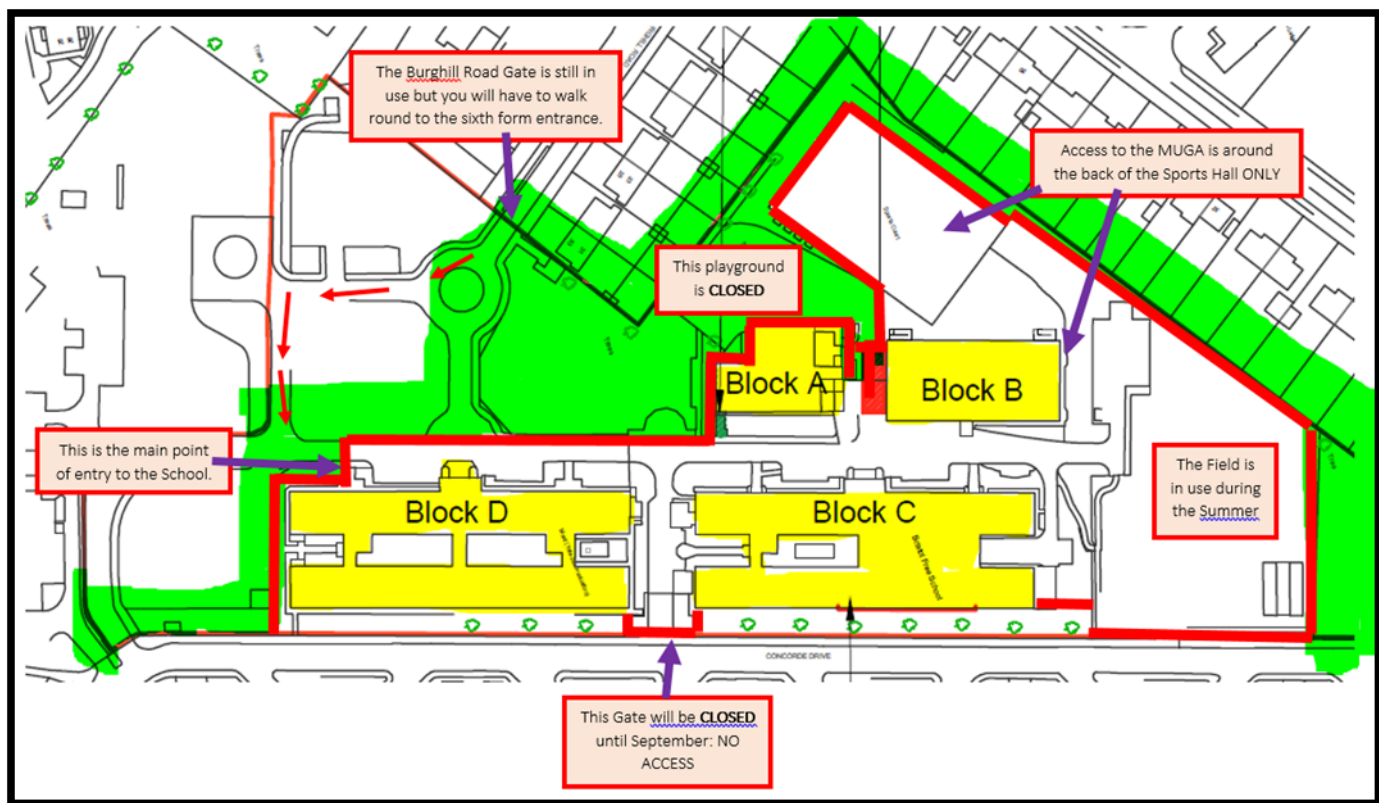
The final entry on nef's list of actions to improve well-being:

**Give**

Do something nice for someone else. A friend, even a stranger. Thank people. Smile. Volunteer your time. Studies in neuroscience have shown that cooperative behaviour activates reward centres in our brains, suggesting we are hard-wired to enjoy helping one another. Individuals engaged in helping the community report higher well-being. It also leads to reciprocity and mutual exchange which in turn build trusting, positive and resilient relationships.

# The Move

The school is moving – but not all of it. We are getting Block D on April 24.



## Which subjects are moving?

**Art** will be moving *upstairs* in the new block. They have two new huge Art rooms and prep rooms in the middle, on the same side as the road. **Humanities** are going to be *upstairs* as well. **Music** are moving into some brilliant new rooms *downstairs*, on the side of the playground, in the middle of the new building. **Languages** are also moving *downstairs*.

## Which subjects are staying?

**English** will be staying where they are. Both the LRC classrooms will be full-time English classrooms from Easter. **Science** will be expanding along the corridor, but also taking two new labs from English rooms, *downstairs*. These rooms will be closed off until September whilst they are fitted out, along with the installation of the additional labs *upstairs*. We are getting 5 new labs. **Maths** will all be *upstairs*, in the same place, with two new rooms. **Design and Technology** will be staying where they are. By September they will have a couple more rooms and things will change around a tiny bit.

Our **AEN and Student Support team** will be moving into the old Music rooms. This means that any additional sessions that used to happen in the LRC or in a breakout space will happen in the old Music rooms. The (old) big music room will now be Mrs Crates' classroom. *She is very excited.*

## New Reception(s)

We are moving our visitor reception to the same bit in the new building. The current reception will now be a student services reception, for handling all of their day-to-day queries ("*I forgot my lunch*", "*I've lost my blazer*", "*I forgot my boots*", "*I forgot to tell Mum about Food Club*"), phoning home, handing in letters; all the stuff students use it for at the moment.

## Practicalities:

The first day back will start with tutor time at 8:30am. Those students who are moving tutor rooms will be told next week. They will get new timetables (because of the new room numbers - there are no other changes) and will be given clear instructions about break, lunch and others aspects of the school day. They will be given a map, but won't really need it. *There are no learning group or tutor group changes.*

## How do we get into the School? Has this changed?

The current (inner) Sixth Form gate will be the single point of access to the school.

The Burghill Road gate will *still* be in use, but students will have to walk through and around to the main entrance by the Sixth Form. They will not be able to cut up through by the MUGA. This land is being used by Skanska to complete the final building works. The main student gate will not be in use until **September**. This is a distinct change. From September it will be exit only.

## The Sixth Form Centre

The bottom end of the building downstairs (nearest the Sixth Form) is our **Sixth Form Centre**. The double doors in the far corridor mark this point of access (with some handy signage). Unless students are timetabled for a lesson in one of the classrooms this area is reserved for Sixth Form usage.

## Timings and the School Day

There are no changes to the school day. Students will be dismissed from lessons at the usual time, i.e **at 9:20am sharp**. They are expected to arrive at their next lesson as quickly as possible. It does not take long to move around between the two buildings. There will be consequences for lateness, as there are at the moment.

## Break and lunch areas

From Easter the following areas will be in use:

1. The field
2. The MUGA (unless an exam is on) with access via the rear of the Sports Hall

The Avenue, from the new main reception upwards

The area behind the dining hall with tables is **not in use until September**; it is a compound for the last bits of building works.

