

Dear Parents, Carers and Students

## Head Teacher Message

This week, the last of our Year 7 tutor groups completed their team building day at Clifton College. A big thank you to Mrs MacBlain for organising the days and all the tutors for their support.

I am delighted with how well Year 7 have settled and how they are now getting involved in the wider life of the School.



I also wanted to do a shout out to all our sports teams in Term 1. BFS have competed really hard and shown a fantastic attitude to these cross-school fixtures.

I encourage more students to get involved next term when we have different sporting fixtures including basketball, which is very popular.

Thank you to our PE department for putting in hours of time after school to ensure students get these experiences.



House competitions and challenges have gone from strength to strength so far this year.

This week we enjoyed House bake sales and the final of the Spelling Bee, both of which were great fun.



Mr East has launched a Black History Month competition which is open to students and staff. We will look forward to see those entries after half term.

At the end of Term 1, Blaise have the most House points but it is still very early in the year and I encourage everyone to continue earning House points. The House cup will be awarded at the end of Term 6.

Year 11 and Year 13 will need to start revising for their upcoming mock exams which start on Monday 18 November. Remember to get organised - you won't regret it!

This has been a very long and productive term, and I am sure both students and staff are looking forward to a well-deserved half-term holiday.

Happy Halloween on Thursday 31 October.



See you on Monday 4 November.

*Enjoy this week's  
newsletter.*



**MRS S KING**



# NOTICES AND EVENTS



BFS\_Bristol



BFS\_Enrichment

## KEY DATES

**Monday 4 November**

**Tuesday 5 November**

Y12/13 Never Let Me Go at Bristol Old Vic Theatre (7pm)

**Wednesday 6 November**

**Thursday 7 November**

Early finish - 2.45pm due to Y8 Subject Evening  
Y8 Subject Evening (booking goes live Friday 25 Oct)  
Sixth Form Virtual Open Evening, 5pm  
BEP Student Leadership Training at Badminton

**Friday 8 November**

## QUICK LINKS

[Lunch Menu](#)  
[Extra-Curricular Clubs](#)  
[Term Dates](#)  
[Student/Parent Handbook](#)  
[Past Newsletters](#)

## CLUBS

Y7-9 photography club will begin next term! Sign up with Mrs Kinnersley in the Art Department.



Thursdays (from week 2)  
3-4pm in Room DF01

## DYSLEXIA AWARENESS MONTH



To mark Dyslexia Awareness Month, Nessy is offering parents a free short course to quickly learn the basics of dyslexia.

To find out more and sign up, visit [Understanding Dyslexia FREE parent edition](#)

### Key Features

- Recognise dyslexia
- Practical intervention strategies
- Two hours of training
- Certified completion certificate
- Strategies to support children with dyslexia

## SCHOOL NURSE



The School Nurse is available to students during Tuesday lunch time in Room CG05. There is no need to make an appointment, just drop in!

## LATE ARRIVALS



Students are expected to arrive at school at 8.25am, to be in tutor groups for 8.30am. Those arriving between 8.30am and 9am will be given a late mark and a detention.



## PARENT UPDATE

Last week, Mrs King presented an update to parents/carers.

MRS KING

**A recording can be viewed here.**

The password has been sent to all families via ParentPay.

## EARLY FINISH THURSDAY 8 NOVEMBER

Please be reminded, due to Year 8 Subject Evening on Thursday 7 November, School will finish slightly earlier at 2.45pm

**REMEMBER!**

## POPPY APPEAL 2024

A range of products are on sale at BFS during the first week of Term 2. They can either be bought from Student Services at break/lunch times, or Head Students will visit tutor periods. All proceeds go to the Royal British Legion. Students will need cash to purchase an item (£1-3 recommended donations).



## ATTENDANCE PERCENTAGES

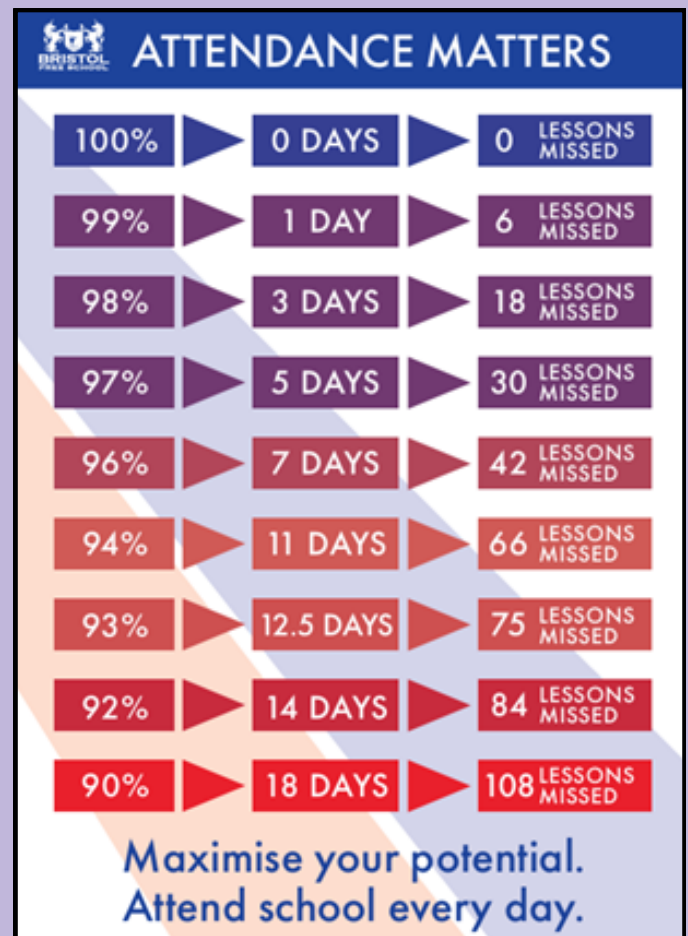
As Term 1 draws to a close, please check your child's attendance on the *My Child At School* app. Please remember that attendance percentages are not like exam scores. For an attendance record to be good, it needs to be 96% or more.

An attendance record of 90% means that your child is missing the equivalent of one day a fortnight. An attendance record of 80% means that your child is missing the equivalent of one day a week.

Here are some easy ways to improve an attendance record:

1. Do not book holidays in term time. Even the "odd day" at the beginning or end of a term can make a huge difference to your child's education.
2. Book medical appointments outside of school hours. If you do have to take an appointment within school hours, make sure that your child attends school before and after the appointment. Remember that being in school at 8.30am and 1.20pm will mean receiving the legal registration marks.
3. NHS guidance states that children can attend school with minor illnesses such as coughs and colds. If a student is a little under the weather, you can still send them to school!
4. Restrict screen time in the evenings. This will result in better sleep and students are more likely to attend the next day.
5. Being punctual helps – students that arrive late after 9am receive an unauthorised mark for the morning!

If you have any attendance issues, please phone 0117 9597200 and ask to speak to the attendance office. We can help with lots of issues and can refer issues onto other relevant departments or teachers.

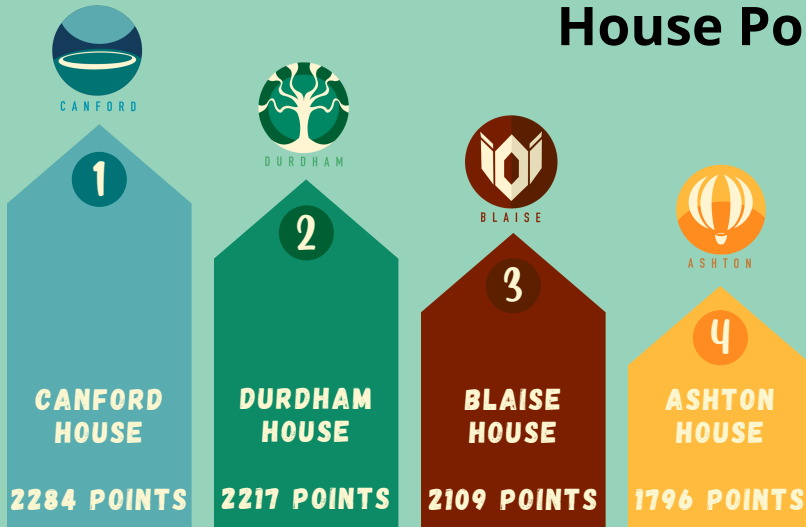




# HOUSE NEWS



## House Points



In the final week of Term 1, Canford earned the most House points. Well done!

**#BFSCommunity**

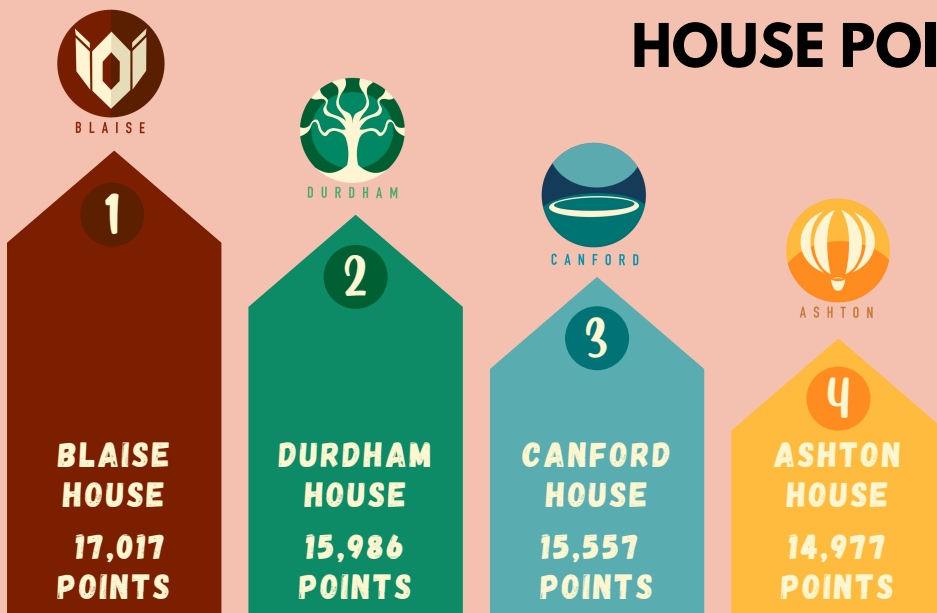
## Top House Point Earners

Congratulations to our top House point earners this week!

	Ashton	Blaise	Canford	Durdham
Year 7	Esme	Stanley	Sophia B	Eleanor
Year 8	Tiana	Flynn	Noah S	Jack
Year 9	Nameera	Jasmine	Noah L K	Emily C
Year 10	Chloë, Luka, Oliver R, Sam C	Nina-Mae	Finlay A	Chloe G, Finlay F, Aseel
Year 11	Laura	Ben H	Jessica M, Mohammed S	Will C
Year 12	Daisy R	Daisy P	Issy, Holly, Kit	Hollie
Year 13	Jasmine	Jess	Ethan	Emily B, Abdirahman

## HOUSE POINT LEADERBOARD

END OF TERM 1



Congratulations to our Term 1 Champions, Blaise, who earned an impressive 17,017 House points over the course of Term 1!



# Book Review Challenge

We are asking students from all year groups to complete a book review to be featured in the newsletter.

**What?** A book review of a recent book you enjoyed.

**How long?** 200 - 250 words.

**How to submit?** Email or hand it in to Miss McMurdo, DG08.

**Why?** Miss McMurdo is choosing submissions to go in the newsletter, and you will get 5 house points for handing it in (10 house points if it is chosen to be in the newsletter). It is also a great way to share book recommendations!

***We look forward to reading your reviews!***



## Black History Month Competition



## RECLAIMING NARRATIVES

To enter this competition, research one of the people that has been assigned to your House (below) or the story of someone you personally know.

You can write an essay, poem or create a piece of art. In no more than one side of A4, explain:

- What is special about their story?
- Why are they inspiring to you?

Entries should be handed in/emailed to Mr Dignan by Monday 4 November. House points for all entries and special prizes for the best entry from each House.

Ashton	Blaise	Canford	Durdham
James Peters (rugby player) <a href="#">More Information</a>	Ignacius Sancho (writer, abolitionist) <a href="#">More Information</a>	Dr Shirley Jackson (physicist) <a href="#">More Information</a>	Lord Kitchener (musician) <a href="#">More Information</a>
Matthew Henson (explorer) <a href="#">More Information</a>	Barbara Walker (artist) <a href="#">More Information</a>	Lapido Solanke (activist) <a href="#">More Information</a>	Harriet Tubman (abolitionist) <a href="#">More Information</a>
Diane Abbott (politician) <a href="#">More Information</a>	Otis Boykin (inventor) <a href="#">More Information</a>	Walter Tull (footballer) <a href="#">More Information</a>	Bayard Rustin (civil rights activist) <a href="#">More Information</a>

## Christmas Card Competition



BFS is looking for a Christmas card design. Something that will get us all in the Christmas spirit, which will fill everyone's heart with sparkle, fun and joy.

We need you to design a Christmas card with anything you want on it. Holly, presents, snowflakes, you decide - just no glitter, sorry!

Write your name, tutor group and House clearly on the back and hand it in to the Art Department before Friday 8 November.





# House Charity Bake Sale



MRS GARDINER

This week, Ashton held the first of their House charity events which was a fantastic bake sale! We received lots of donations and saw some real talent from our budding chefs! We have been selling the delicious bakes all week at lunchtimes and have raised an incredible £154.65.

Our overall winner of our Halloween themed bake was Lizzie S in Year 8 for Key Stage 3 and Olivia H in Year 11 for Key Stage 4. They both made the most beautiful cakes - and they tasted even better than they looked!



Thank you to everyone who donated, baked and supported the bake sale. We will be running our next one, which will be Christmas themed, at the end of Term 2. All money raised will be shared between our chosen charities at the end of the school year.

# GO ASHTON!

Also, a big shout out to Hannah in Year 10 for being STAR CHEF in Food Tech too!



## Sixth Form Reading Mentors

Our fabulous Sixth Form students have created a dynamic reading buddy mentoring group which got off to a brilliant start this week. The Library was taken over with Sixth Form and Key Stage 3 students (Years 7-9) as they all got stuck into some great books. Staff visiting the Library commented on the positive energy and atmosphere created by the Sixth Form Mentors and their buddies, and a faint burble of reading aloud could be heard in the surrounding corridors. This great reading initiative will continue throughout the school year.





# What has been happening in...

# geography?

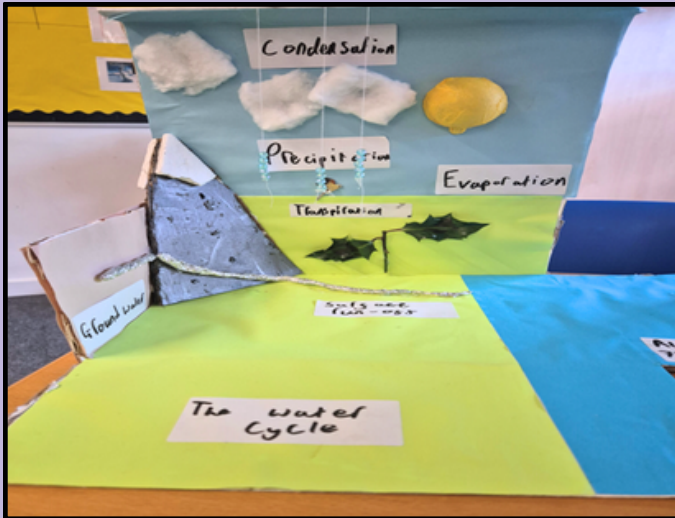


MS JONES

## Year 7

This term, our Year 7 students have been learning about weather and climate. We have been learning about what causes differences in climate around the world and how we measure the weather.

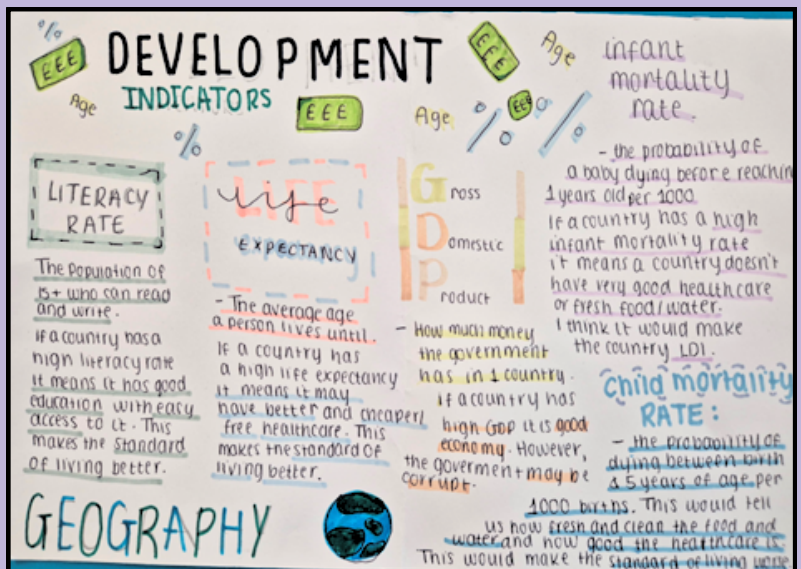
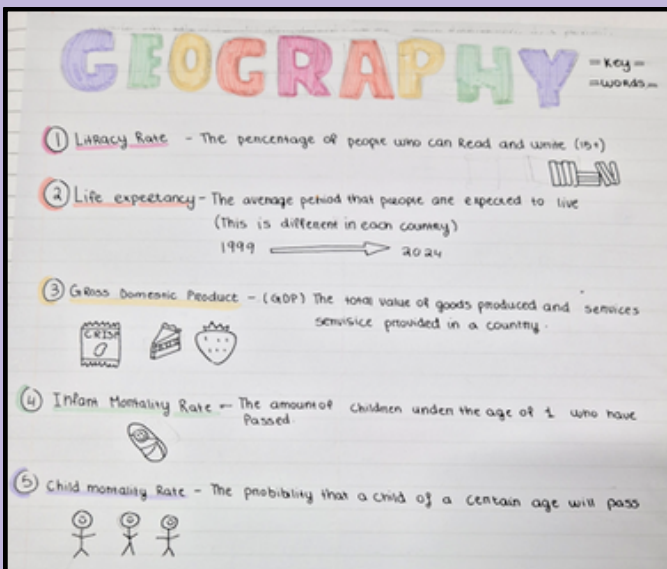
One of the homework tasks was to create a model or poster to show how the water cycle works. Check out their creativity in presenting the different elements within the water cycle!



## Year 9

Our Year 9 students have been learning about development this term and that it is about much more than just how wealthy countries are. Our students have been getting to grips with how we measure quality of life in different parts of the world.

Students have also looked at some of the factors that speed up and slow down development, including physical and human factors such as conflict, natural hazards and climate.



# Year 13 Geography Trip to Pembrokeshire

Our Sixth Form NEA residential is one of the biggest events of the year for the Geography Department at BFS. Last week our Year 13 students travelled to beautiful Pembrokeshire in Wales to gather fieldwork data which they will use within their NEA coursework. They developed their statistical and GIS skills under the guidance of expert FSC tutors.



Despite the drizzly weather, students developed their physical fieldwork skills in St Bride's Bay. They tried out new methods of data collection, such as cliff profiling and a bipolar analysis to explore the impacts of coastal processes and the effectiveness and sustainability of coastal management strategies.



Our Geographers also developed their human geography fieldwork skills in the beautiful coastal town of Tenby. Trying out new methods, such as emotion-mapping and non-participant observation, they explored the extent to which factors such as globalisation and changes in industry have shaped Tenby over time and how these changes affect how locals perceive their hometown.



We were so impressed with the enthusiasm and engagement that the students showed, getting stuck in to their fieldwork and skills workshops. They made the most of learning new skills and engaging in some geography-in-action. Well done, Geographers!



# BFS Fund

Staff and Governors at BFS are determined to ensure that every student at our school has access to an enriched education with inspiring curricular, and extra-curricular, opportunities. Through our [BFS Promise](#), we offer a huge range of additional opportunities for all our students as they progress through the School.

Funding in schools has been under increasing pressure for several years now and we work tirelessly to provide the best possible experiences for your children. It is increasingly challenging to continue to deliver, and improve on, the additional experiences and opportunities we offer.

With this in mind, we have launched the BFS Fund to help us provide some of those extras that make all the difference to school life that we otherwise may not be able to afford. The BFS Fund will go towards improving our school environment and sustaining our wide range of extra-curricular and enrichment activities.



## Initiatives include:

- Improvement of social spaces such as landscaping, outdoor furniture and equipment for social times
- Grounds development projects such as sports spaces and outside environmental classroom/garden
- Collapsed curriculum days and visiting agencies
- Special visitors/speakers/authors, including Shine Sports Coaches running recreational football, netball and basketball sessions during lunchtimes
- Performing arts workshops and visiting theatre groups
- Additional/specialist arts, crafts and technology materials
- Resources for extra-curricular clubs and activities such as gardening club
- Science, technology, engineering & maths (STEM) activities

## What do we ask parents to contribute?

We suggest £10 a month as a voluntary contribution but if you would like to pay more (or less), we are very happy to receive any amount that parents can afford and think is appropriate. We are also very pleased to receive one-off donations. Any donation will be much appreciated and will make a difference.

## How to Donate

Please use our [JustGiving webpage](#). We can then claim Gift Aid on most of the donations which will boost the value.

## Donating through your Employer

Many businesses operate a corporate giving scheme to show commitment to their employees and communities. Your employer may offer [matched giving](#), which would mean that we would then benefit from your donation and a top up from your employer, which can be tax effective for them, so please check, if applicable.

We fully understand that there are significant financial demands on families so we thank you in advance for whatever support you can offer to BFS. It will make a huge difference in many ways to all our students.



*Thank you*



## Clifton College Team Building Days

Year 7 have spent an amazing day team building at Clifton College. They have worked hard on developing their teamwork, communication and resilience whilst developing strong relationships with their fellow tutees and tutors. Students experienced a wide range of outdoor and problem-solving activities including tomahawk throwing, archery, shelter building and team challenges. Both staff and students thoroughly enjoyed the experience and will take away lasting memories of their first term at BFS. Well done Year 7, you have had a fantastic first term!



MRS MACBLAIN



*It was great to have a break from the classroom. We loved the fire lighting with a man-made flint and steel, and the archery was brilliant as well. Thank you to all the staff who were part of organising the trip. Everyone really enjoyed it.*

Amelia, TG1

*We had so much fun at Clifton College. Building the den was one of my favourites even though our den collapsed we didn't give up and soon enough we finished it and were proud of it. Our teamwork in problem solving was incredible and this trip really stood out for me.*

Lizzie, TG1



*It was great fun, and we learnt so many new skills.*

Poppy, TG2

*Our favourite was the problem solving as we had to work as a team to get the best times. We also loved the fire lighting and eating marshmallows.*

Pippa & Ed, TG2





*We really enjoyed doing all the activities and trying new things. All of us felt our confidence grow as our teamwork progressed.*

*Sophie, Izzy & Ivy, TG3*

*Clifton College was an amazing experience bursting with outstanding opportunities to try new things. My classmates and I had the chance to develop our teamwork skills. Clifton college was a memorable day of teamwork and good sportsmanship.*

*Gracie, TG3*

*Clifton College was an amazing opportunity to take part in and learn different skills. We had lots of fun and enjoyed working as a team. The staff were happy to support us and made learning fun. We enjoyed all of the activities thoroughly and had an amazing time all together putting our minds to work.*

*Ella & Emily, TG4*



*Clifton College is one of the best trips I have ever been on. My favourite was the axe throwing as I managed to lodge the axe in the wood first time. Also loved fire lighting and eating marshmallows. It was an amazing trip, and I hope the next Y7 love it too.*

*Barney, TG5*

*Spending the day at Clifton college was a fun day. Archery was really fun and my highlight was getting all three arrows on the target in my first go. My personal favourite was problem solving because it was great to play all the fun games and work as a team. I really enjoyed the trip.*

*Abdurrehman, TG5*



*My favourite thing about the trip was the fire lighting where we had marshmallows and got to make our own fire.*

*Frederick, TG6*

*I enjoyed the fire lighting because it was fun making a fire, also I enjoyed team building.*

*Isla, TG6*



*It was fun because we got to do different stuff instead of learning, working as a team.*

*Rimon, TG7*

*We got to do loads of really exciting stuff like axe throwing and archery.*

*Zayd, TG7*





**#BFSCommunity**



**#BFSAmbition**

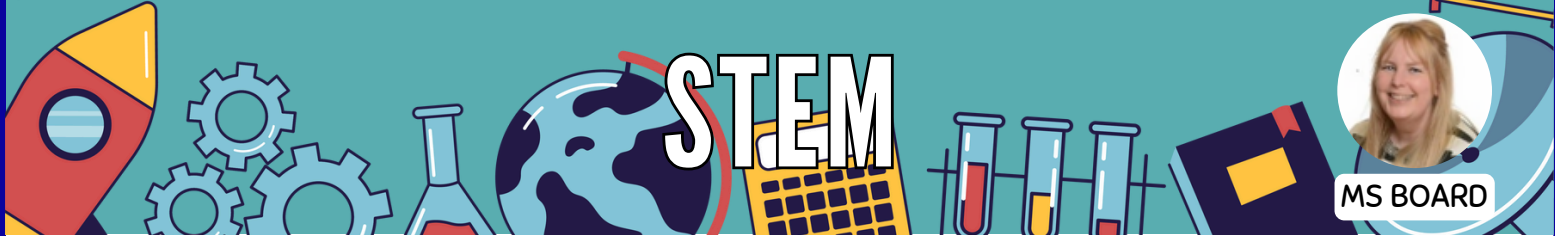


**#BFSOpportunity**



***"The team building day was an amazing experience bursting with outstanding opportunities to try new things!"***





## Year 8 Life Sciences Trip

On Tuesday, some of our fantastic Year 8 students were invited to the University of Bristol Life Sciences 10 Year Anniversary party! We were treated to a behind the scenes look at the labs and the projects the students are currently working on, complete with loads of practical activities.

First up, we looked at the specimen and skeleton collections, with over 20,000 items in store! We held a real whale vertebrae and elephant's teeth. We examined the different camouflage and adaptations of predators and prey, and matched habitats to the animal skeletons. Next, we studied flowers and plants under a microscope, something that we have been practicing recently in school, followed by counting colonies of indicator species to see how clean the local River Frome is. Citizen Science in action!



To end the visit, we walked around the numerous stalls and projects, with some amazing examples including sabre tooth tiger skulls, bat detectors, mammal poo and best of all, a robot dog!

A huge thank you to the University for inviting us and a huge well done to our students for asking really thoughtful questions and amazing the staff with their species knowledge!



# Friends of BFS



## Quiz Night

A huge thank you to all the wonderfully enthusiastic quizzers who came along on Friday 11 October. Turns out the Sixth Form common room was an ideal venue for a fun night of quizzing, raffling and socialising! A massive thank you to Tony and Jess who once again came up with some fantastic rounds of questions and delivered them beautifully. Thanks also to the merry band of volunteers on the night, it all felt a bit of a whirlwind but great fun. Last but not least, thanks to Fi for sourcing all the raffle prizes, our raffle donors and of course, everyone who attended! We raised a grand total of £1,016, thank you all.

We are so lucky at BFS to have a superb team of caretakers. This year, Dave was on shift, and nothing was too much trouble. Thanks Dave.

Congratulations to our winning team 'Dallas' and a shout out to our losing team 'full of whit'. Who looked very happy to receive the booby prize! 😊





MS NORTON

# SIXTH FORM

## Year 13 History, Politics and Sociology Trip



On Wednesday, Year 13 History, Politics and Sociology students visited London for a full day of activities. We arrived in London at 9.30am to begin our day with a visit to Westminister and a tour of the Houses of Parliament. We had some very knowledgeable tour guides who told us about the history of the building as well as the law-making process. We were able to visit the House of Lords, but unfortunately, as it was Wednesday, Prime Minister's Questions were about to begin and so we were unable to visit the House of Commons. This did mean though, that some of our students were able to observe the Speaker's procession which saw Sir Lindsay Hoyle's entrance to the House of Commons.

Following our tour, we took the Thames Clipper from Westminister Pier down the River Thames to the Tower of London which was an opportunity for students to take in the many sights that London has to offer. The History students then went to the Tower of London for the next stage of their trip and a Wars of the Roses seminar. We started with a classroom-based session on how useful sources are, framed around the key question - is the Tower of London a useful source?

Following much discussion, we were then taken on a guided tour of the Tower and its grounds. We witnessed the site of the murder of Henry VI (if you believe Oxford and Cambridge scholars) and were treated to a Shakespearean performance of Richard III from two of our students. Students really enjoyed the day, and it really cemented their knowledge of the Wars of the Roses.

The Sociology and Politics students took a walk past St Paul's Cathedral to the Central Criminal Court (more commonly known as the Old Bailey), where they sat in the public galleries to observe the court proceedings of some of the most high-profile cases in the country at the moment. Students behaved impeccably throughout and were a credit to the school.



“ ———  
| 'A good way of seeing history in the flesh'  
| 'I enjoyed the portrayal of Richard III!!'  
| 'Loved Henry VIII's armour collection'  
| 'Richard III was innocent!'  
————— ”



MISS MCMURDO

# ENGLISH



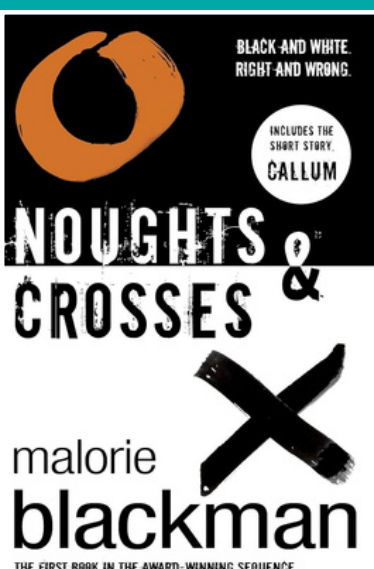
## **Check Mates by Stewart Foster** **Review by Stanley, Year 7**

This is one of the best books I've read! It's about a boy named Felix, who has ADHD and finds it hard to focus at school or do anything right without messing up. His grades are bad, he gets in trouble, and it feels like everything is falling apart. His Mum doesn't know what to do, so she sends him to spend time with his grandad.

At first, Felix isn't happy about it because his grandad is strict and old-fashioned. Plus, Felix thinks chess is boring, and that's all his grandad wants to teach him. But as Felix learns more about chess, he realises that the game is teaching him to focus and think about life in a different way. It helps him calm down, and he starts improving at school and getting along with his friends better.

I liked the way the author made Felix's character feel so real. His ADHD isn't something that magically goes away, but the way he learns to handle it with chess is inspiring. I liked how the story shows that even though people seem very different, they can still help each other in unexpected ways.

Overall, "Check Mates" is a funny, touching, and exciting book. It's about family, friendship, and not giving up, even when things are hard. I'd definitely recommend it to anyone, especially if you like stories about learning new skills and finding out what you're capable of!



## **Naughts and Crosses by Malorie Blackman** **Review by Jasmine, Year 9**

This book is an incisive, thought-provoking novel that intricately scrutinises complexities of race, identity and a forbidden love. The dystopian genre where prejudice rules without question between the privileged Crosses and marginalised Naughts provides a tense, unpredictable atmosphere. The narrative centres a tumultuous relationship between Sephy, a Cross and Callum, a Naught. The once required vanity between the lovers begins to fade with the family rivalry and opposite backgrounds. Their love, fraught with societal condemnation, serves as a reflection that accompanies this harsh antagonism.

Blackman's prose is both compelling and unique, immersing readers in the emotional aspect of each character. The narrative unfolds meticulously, each chapter revealing the profound struggle they endure against the backdrop of systematic inequality. The exploration of prejudice and injustice is executed with exceptional sensitivity, transforming the novel into not only a love story, but a profound calamity waiting to be discovered.

Overall, the book is far above expectation providing a perfect read for both teenagers and adults. The book challenges the reader to confront their own pre-conceptions and consider the ramifications of societal oppression. I wholeheartedly bestow five stars for its emotional resonance, relevance and masterful storytelling!

If you love the book as much as I do, why stop there? Naughts and Crosses is the first book of a wonderful series worthy of reading!



## Year 7 - 9 Final

As the end of term draws near, so must the inaugural Key Stage 3 House Spelling Bee! The grand finale took place on Wednesday lunchtime in front of a very enthusiastic and supportive audience. Maddie (Y7 - Blaise), Krystal (Y8 - Blaise) and Emily (Y9 - Durdham) fought it out over two rounds of seven tricky spellings; we had everything from 'rejuvenate' to 'millennial', 'forfeit' to 'eminent'.



Ultimately, it was Maddie who took the crown of Best Speller. The trophy will sit proudly in the trophy cabinet wrapped in red ribbon! The English Department would like to take this opportunity to thank all KS3 student for taking part and we look forward to doing it all again next year.







MR BRUNKER

# CAREERS



## Apprenticeships in Accounting and Finance

Saffery, a Bristol firm of chartered accountants and business advisers, are running a 'Learn and Earn' event on 4 November at their offices in Bristol. It runs from 5.30-7.30pm. Y12 and Y13 students can explore career opportunities in accounting and finance. Find out more here: [Careers - Saffery](#). Or email: [Wendy.Hill@saffery.com](mailto:Wendy.Hill@saffery.com)

If you want to find out more about accountancy apprenticeships without leaving the comfort of your sofa, register for ACCA's webinar on A Day in the Life of an Accountant Apprentice by following this link: [A day in the life](#). It takes place on Tuesday 3 December.

## Hair and Beauty Apprenticeships

This information pack from Kleek Apprenticeships has lots of information about how to secure a hairdressing, barbering or beauty therapy apprenticeship:

[Hair and Beauty Apprenticeships Information for Schools](#).

## Young Professionals Conference

This event takes place in Reading over half-term. Available to students in Y11, Y12 and Y13, it gives students the chance to meet with the world's biggest firms including EY, BDO, KPMG, Clifford Chance, Amazon and more.

Workshops, networking, info on career paths like degree apprenticeships and graduate schemes, with insider advice on how to succeed.

Wednesday 30 October, 10am - 1pm, or 1:30pm - 5pm, Reading Town Hall. Apply [here](#).

## Experience University Before Applying

[Exeter Scholars](#) is a free programme giving students the opportunity to find out more about university, develop a passion for a chosen subject, and gain first-hand experience of student life at the University of Exeter.

Applications are now open for Y12 students on the two-week online programme from Monday 17 to Friday 28 February: [Virtual | Exeter Scholars | University of Exeter](#). Eligibility criteria apply.

## Year 11 Careers Drop-In

From the first week after half-term, we will be offering a Careers café session to Year 11 students on Wednesdays during period 4B, 12.40-1.20pm, in the Careers Hub (Room DF29). They will be able to get some advice/guidance on A level choices, college, apprenticeships, University etc. and use the computers for researching career choices.

## Employer Talks

Do you have an interesting job to talk to our students about?

Every Friday between 8.30am and 9am, we invite a local person to come in and talk about the job they do. These Employer Talks are designed to inform, and inspire, our students about the world of work. If you, or someone you know, would like to come into school and give a short talk (about 15 minutes, with time for questions), please get in touch by emailing [careers@bristolfreeschool.org.uk](mailto:careers@bristolfreeschool.org.uk).

*Thank You*

## PE in Term 1

This year, the PE Curriculum has had a redesign, and we are now focussing on embedding the concept of **'me'** into all our lessons, across Year 7-9. The impact is felt across the school in many ways. We believe that the physical education that we provide supports our students' physical and mental health.

The Curriculum has also changed its structure, with all students across Years 7-11 starting with **striking and fielding** units of work, and they have been fantastic - just take a look at the pictures!

Students spent the first two lessons focussing on the **Physical Me**. They have learned the fundamental movements used in rounders and cricket and have transferred their knowledge and practice across both sports.

The next two lessons focussed on the **Creative Me**, where students started to apply tactics and strategies in game play, using their Physical Me skills to support with them in outwitting their opponents!

Lesson five was all about the **Social Me** - rules, umpiring and teamwork! We saw much success, as students engaged in making sure fairness was applied to game play and worked collaboratively to support their own team as well as others.

**Thinking Me** was embedded into Lesson 6, as we looked at assessment. Students were challenged cognitively to think about all their learning from the term with questioning and quizzing through game play. Reflecting on their own performance and sharing ideas and understanding with other members of their class.

A super start to the school year in PE! We are excited to see how students apply their learning of the **four me's** to the rest of the sports on the Curriculum.

As we move into Term 2, students will now branch off into a variety of different activities in the following units ([please see the timetables](#)):

**Net and wall:** Badminton and volleyball / table tennis

**Invasion 1:** Netball and basketball

**Invasion 2:** Touch rugby and indoor hockey (shin pads required)

**Aesthetics:** Gymnastics and dance combined (bare foot - grip socks are not allowed)



We have been getting creative in the classroom with examination PE groups! Check out our Year 10s, in Mrs Ballard's GCSE PE group, who had the challenge of creating a song/rap to help them remember the names, locations and antagonistic pairs!

**Reminder**

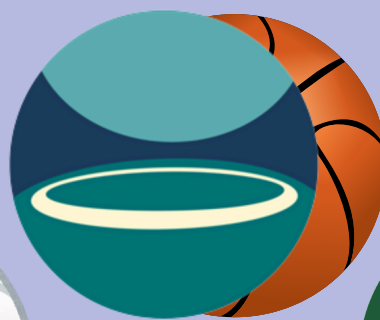
Year 11 - your mock paper is for paper 1 only and you have your checklist provided to you for revision purposes.  
Year 13 - your mock paper is for paper 1 and 2!

In Year 12, the class have been adding competition into their retrieval, with Ms Urch introducing a game of articulate as a starter to the lesson for students to retrieve core AO1 knowledge from previous units of work.

*Have a great half term everyone!*

## House Competitions

The PE Department will be hosting House netball and House rugby events in the last week of Term 2, keep your eyes peeled!



## Club Swimmers

Calling all club swimmers! We have a swimming gala against Clifton High School on Wednesday 20 November. If you would like to be considered for this event, please sign up at the PE Office. Deadline to sign up is Tuesday 12 November. We do not require any times from you but please write the club you currently swim for and preferred stroke to compete in, on the sign up sheet.



### UPCOMING FIXTURES

Monday 4 November	U15 SnS National Netball vs Hayesfield	Hayesfield Girls' School
Tuesday 5 November	Y8 Netball Festival	Redland Green School
Wednesday 6 November	Y7 Triangular Rugby vs Cotham School & Redland Green School	Redland Green School (Kellaway Avenue)
Thursday 7 November	Y7, 8 & 9 Netball vs Fairfield High School	BFS

## Year 7 Boys Rugby



MR LANGEVELDT

We are thrilled to report that the Year 7 Boys Rugby team had an outstanding performance in the recent tournament against Blaise High School and Oasis Academy Brightstowe. BFS won all their games convincingly, showcasing their skill, teamwork and determination on the field.

Congratulations to all the players for their hard work and dedication! We look forward to seeing even more success in future tournaments.



## Year 8 Boys Rugby



We would like to share the results from the recent Year 8 Boys Rugby games against Blaise High School and Oasis Academy Brightstowe. The BFS team put in a commendable effort, winning against Oasis Academy Brightstowe but facing a tough challenge and ultimately losing to Blaise High School.

Despite the mixed results, the players showed great resilience and sportsmanship throughout the tournament. We are proud of their performance and look forward to their continued development in the sport.

You are doing  
**GREAT!**

## Year 9 Boys Rugby



MR HOWARD



On Monday, Year 9 played Mangotsfield School. The match was a tough one, but despite the 17-5 loss, the team displayed true spirit and determination, showcasing the great character within the group. It is always admirable to see a team that does not give up and continues to fight until the end. Billy, as the captain, deserves a lot of credit for his strong performance both as a player and leader. Leading by example on the field while also guiding and motivating the team off the field is no easy task, so it is impressive to see him excel in both roles. Losses can be tough, but it is the resilience and teamwork that truly define a team's success in the long run. Billy, and the rest of the team, should be proud of their efforts! Keep it up boys!

## Year 10 Boys Rugby

The Year 10 Boys Rugby team also competed against Mangotsfield School on Monday. In an impressive display of skill, defence and teamwork, the team triumphed over Mangotsfield School with a resounding 44-0 victory. The match showcased some fantastic attacking rugby, with standout performances from the players. Wing, Archie, was particularly remarkable, scoring an incredible five tries. The boys have now been unbeaten in all three games they have played this term. Amazing lads, keep it up!



# GO TEAM!

## Indoor Sports Hall Athletics Announcement!

We have two athletics competitions coming up after half term.

### Year 9 and 10

Who: 5-8 girls and 5-8 boys - separate Year 9 and Year 10 teams!

When: Thursday 7 November

Where: Redland Green School

Timings: 4-6.30pm latest return

How: Sign up at the PE office if you are interested

### Year 7 and 8

Who: 5-8 girls and 5-8 boys - separate Year 7 and Year 8 teams!

When: Wednesday 13 November

Where: Redland Green School

Timings: 4-6.30pm latest return

How: Sign up at the PE office if you are interested



## Calling All Parents and Volunteers

Team PE want to expand their provision but we cannot do it without the help of volunteers. If you are able to come and help us, we would really appreciate the support so that we can run clubs all year long!



We put out a plea last year and were so grateful for the support of a parent who helped with football and cricket! This year, we need help with lower school rugby (specifically Year 10) - are you a Level 2 Coach? We also require a Level 1 Coach to help at basketball club.

Team PE will also require help and support after Christmas with football clubs (min. Level 1 Coach).

If you would like to help in any other sports, and have coaching qualifications, then please do get in contact.

Contact either Miss Slater or Mrs Ballard.

# PE Timetables Year 7-9

Year 7						
	Term 1	Term 2	Term 3	Term 4 Interhouse Wk 1&2	Term 5	Term 6
7TG1	S&F	Aesthetics	Net & Wall	Invasion (1)	Invasion (2)	Athletics & Tennis
7TG2	S&F	Invasion (2)	Aesthetics	Net & wall	Invasion (1)	Tennis & athletics
7TG3	S&F	Net & wall	Invasion (1)	Aesthetics	Invasion (2)	Athletics & tennis
7TG4	S&F	Invasion (1)	Net & Wall	Aesthetics	Invasion (2)	Athletics & Tennis
7TG5	S&F	Invasion (1)	Aesthetics	Net & wall	Invasion (1)	Athletics & Tennis
7TG6	S&F	Invasion (1)	Net & Wall	Aesthetics	Invasion (2)	Athletics & Tennis
7TG7	S&F	Invasion (2)	Aesthetics	Net & wall	Invasion (1)	Tennis & athletics

Year 8						
	Term 1	Term 2	Term 3	Term 4 Interhouse Wk 1&2	Term 5	Term 6
8TG1	S&F	Aesthetics	Net & Wall	Invasion (2)	Invasion (1)	Athletics & Tennis
8TG2	S&F	Invasion (1)	Aesthetics	Net & wall	Invasion (2)	Tennis & athletics
8TG3	S&F	Net & wall	Aesthetics	Invasion (2)	Invasion (1)	Athletics & tennis
8TG4	S&F	Invasion (2)	Net & Wall	Aesthetics	Invasion (2)	Athletics & Tennis
8TG5	S&F	Invasion (1)	Aesthetics	Net & wall	Invasion (1)	Tennis & athletics
8TG6	S&F	Invasion (2)	Net & Wall	Aesthetics	Invasion (2)	Athletics & Tennis
8TG7	S&F	Invasion (1)	Aesthetics	Net & wall	Invasion (1)	Tennis & athletics

Year 9						
	Term 1	Term 2	Term 3	Term 4 Interhouse Wk 1&2	Term 5	Term 6
Comp 1a	S&F	Aesthetics	Net & Wall	Invasion (1)	Invasion (2)	Athletics & Tennis
Comp 1b	S&F	Invasion (2)	Aesthetics	Net & wall	Invasion (1)	Tennis & athletics
Rec 1	S&F	Net & wall	Invasion (1)	Aesthetics	Invasion (2)	Athletics & tennis
Comp 2	S&F	Invasion (1)	Net & wall	Aesthetics	Invasion (2)	Athletics & Tennis
Rec 2	S&F	Invasion (2)	Aesthetics	Net & wall	Invasion (1)	Tennis & athletics
Comp 3	S&F	Invasion (1)	Net & Wall	Aesthetics	Invasion (2)	Athletics & Tennis
Rec 3	S&F	Invasion (2)	Aesthetics	Net & wall	Invasion (1)	Tennis & athletics

# PE Timetables Y10-11

Year 10						
	Term 1	Term 2	Term 3	Term 4 Interhouse Wk 1&2	Term 5 Mocks Wk 1&2	Term 6
Comp 1 (SLV)	S&F	S&C	Invasion	Net & wall	Athletics	Options
Rec 1 (OHD)	S&F	Functional fitness	Invasion	Net & wall	Athletics	Options
Comp 2 (LBD)	S&F	Invasion	Net & wall	S&C	Athletics	Options
Rec 2 (BWY)	S&F	Invasion	Net & wall	Functional fitness	Athletics	Options
Comp 3 (OHD)	S&F	Net & wall	Invasion	S&C	Athletics	Options
Comp 4 (RSL)	S&F	Invasion	S&C	Net & wall	Athletics	Options
Rec 3 (BWY)	S&F	Functional fitness	Net & Wall	Invasion	Athletics	Options

Year 11						
	Term 1	Term 2 *Mocks	Term 3	Term 4 *Mocks	Term 5	Term 6
Comp 1	S&F options Rounders Cricket Danish long ball Kick rounders	Invasion Football (pads & boots) Netball Basketball  OR Everyday activities Darts Table pong Skittles Just Dance  *You take part in PE during mocks	Net & wall options  Badminton Tabletennis Volleyball  OR Everday activities Functional fitness  OR Invasion Football (pads & boots)	Invasion NFL Touch rugby Netball Basketball  OR Everyday activities Darts Table pong Archery Just Dance  *You take part in PE during mocks	S&F options  OR Tennis  *You take part in PE until May half term	No year 11
Rec 1						
Comp 2						
Rec 2						
Comp 1						
Comp 2						
Rec 1						

# COMMUNITY AND ANNOUNCEMENTS

## Residential Coaching Camps 2025

**Marlborough College, Wiltshire**

21 July - 25 July 2025: U14 Boys' Coaching Camp  
28 July - 1 August 2025: U15 Girls' Coaching Camp



**ESFA**  
ENTERPRISES  
COACHING CAMPS

Join ESFA Enterprises for its two brand new residential coaching camps this summer and help young players to develop their skills with incredible coaching in a stunning location. These two courses will provide players with a one-of-a-kind coaching experience, using Marlborough College's world class facilities in a safe and nurturing environment, where empowered, young players will leave with a bespoke development plan to allow them to continue with confidence in their footballing journey.

£1,200 per player for 4 night's accommodation, coaching and extra-curricular activities across a 5-day period plus all food and drink, a welcome pack and branded attire.



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\*Offer not available on the Monkhouse website.

# Free support sessions



Join us for free information and support sessions covering a variety of topics both in person and online. Or pop along to a peers support session (children welcome!) to find hints and tips on how best to support your family. No diagnosis is needed to access these sessions.

## PEER SUPPORT SESSION ONLINE


PEER TO PEER SUPPORT WITH BRISTOL PARENT CARERS.

JOIN US FOR A WARM AND WELCOMING ONLINE SUPPORT SESSION WITH PARENT CARERS.




## Transport-Home to School Travel Rights

WITH BRISTOL PARENT CARERS AND GELDARDS SOLICITORS



## Epilepsy Peer Support Session

WITH BRISTOL PARENT CARERS AND YOUNG EPILEPSY



## An introduction to Makaton

WITH BRISTOL PARENT CARERS AND ALI PENNINGTON



## Supporting your young carer

WITH BRISTOL PARENT CARERS AND CARERS SUPPORT CENTRE



## Transition to adulthood - Financial Planning

WITH BRISTOL PARENT CARERS AND RHIANNON GOGH



## How to be a strong advocate for your child

WITH BRISTOL PARENT CARERS AND LISA BAKER-MURRAY



## Peer support sessions Greenway Centre & Inns Court



Bristol Parent Carers offer a range of free support sessions designed to support parents and carers of children with SEND.

It's easy to book - [click here!](#)



# BRAZILIAN JIU JITSU FOR BRISTOL FREE SCHOOL

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# MEET-UPS FOR YEAR 7s

Tuesdays, 4:15 PM - 5:15 PM at Greenway Centre, BS10

We are running weekly sessions especially for Year 7s to chat about how you are finding secondary school so far.

From now until 1st October Resilience Lab is the place to come for an after school snack, fun activities, and to chat about what it is like to be in Year 7.

If you are experiencing challenges and worries we are here to support you. It is a session just for your age group, and not for adults, but your parent or carer needs to sign you up using the QR code below to give their permission for you to attend.



SCAN ME



Parents, carers, or year 7s - contact Kate for more details, email: [katemartey@southmead.org](mailto:katemartey@southmead.org), tel: 0117 950 3335 Greenway Centre, Doncaster Road, BS10 5PY. [www.southmead.org](http://www.southmead.org)



# GIRLS FOOTBALL TRAINING CAMP



Open To Footballers Year 7 - 10 Who Want To Improve Their Skills

Thursday 31st October 10:00 - 13:00  
Bradley Stoke Community School (BS32)

£15 Per Child

Book your place at [MyShine.co.uk](http://MyShine.co.uk)

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