

Newsletter





PERFORMING ARTS



Rehearsals are underway with our wonderful cast for School of Rock!!! We have been utterly overwhelmed by how many students want to be involved in every aspect of the show, and so impressed by the cast's early commitment to the rehearsal process. Crew will begin after half term when we have got something to show you! Ms Kennard will be in touch with band members about rehearsals soon. Watch this space!



















#BFSAmbition



#BFSOpportunity

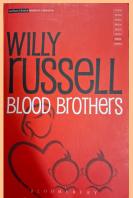
BLOOD BROTHERS



Year 10 and Year 11 GCSE Drama students were treated to the spectacular West End production of Blood Brothers at the Playhouse in Weston-Super-Mare on Wednesday this week. An awe-inspiring production, that had us all laughing and crying. After the show, we were lucky enough to bump into one of the lead actors who plays Mickey whilst waiting for our coach!

Our star-studded week ended with Joe Sleight, the actor playing Eddie, coming into BFS to deliver a workshop! It was an absolute pleasure to host him here and he gave us so many valuable directorial ideas about characterisation which will be so useful to us in our written exam. Such an amazing opportunity!

















KEY DATES

Monday 23 September

U13 Rugby 7s vs QEH Y9 DofE Parents Information Evening 5pm

Wednesday 25 September

Y8 Rounders vs St Bernadette CSS

Thursday 26 September

U14 SnS Netball National Cup

Monday 30 September

U14 & U15 Boys Rugby Cup

Wednesday 2 October

Y7 Touch Rugby Girls Festival
FoBFS Annual General Meeting 7.30pm

Thursday 3 October

Main School Open Evening 4.30-8pm

PARKING ON CONCORDE DRIVE

Please be considerate when picking up your child from school. We have over 1300 students leaving the site at 3pm and the surrounding roads can become very congested. For the safety of all students and local residents, please do not enter Concorde Drive and arrange a safe place to meet your child a little further away from the school. Please do not park on double yellow lines or over driveways, and please stick to the 20mph speed limit.

Thank you for your understanding, to keep all in our community safe.

QUICK LINKS

Lunch Menu

Extra-Curricular Clubs

Term Dates

Student/Parent Handbook

Past Newsletters

NUT FREE SCHOOL

We are a no nut school. Please do not bring any nuts or products containing nuts into school. This includes snacks and lunch items such as pesto.



REMINDER: LATE ARRIVALS



Students are expected to arrive at school at 8.25am, to be in tutor for 8.30am. Those arriving between 8.30am and 9am will be given a late mark and a **detention**.

THANK YOU

A huge thank you to all of our Year 8 students who showed Year 6 children and their parents around our school this week.

You represented our school brilliantly and all our visitors spoke very highly of your enthusiasm, manners and insightful commentary!

Well done!



HOLIDAYS

New attendance law does not allow schools to authorise family holidays. Please do not book holidays in term time. They are highly disruptive to your child's education.

As a school, we work with Bristol City Council to issue PCN fines and prosecutions to parents who take their children on holiday during term time.

A Penalty Notice can be issued for unauthorised absences once there are a minimum of 10 session (5 days) within a 10-week period. The Penalty Notice can be issued per parent, per child. The Penalty Notice amount is £160 if paid within 28 days. However, this will be reduced to £80 if paid within 21 days.

For a second Penalty Notice issued within a 3-year rolling period to the same parent in respect of the same child, the Penalty Notice is £160 if paid within 28 days. There is no option for this second offence to be reduced to the lower rate of £80. If a Penalty Notice remains unpaid after 28 days, then the parent may be prosecuted for failing to secure regular school attendance.

A third Penalty Notice cannot be issued to the same parent for the same child within a 3-year rolling period. Should the parent continue to incur further unauthorised absences then alternative action will be considered, which could include a prosecution for failing to secure regular school attendance.

Please note that parents who repeatedly take unauthorised absences below the threshold of 5 days will also be considered for penalty notices.









HOUSE NEWS





House Points









A close week with only 42 House points between Canford, Durdham and Blaise!

Keep up the good work!

#BFSCommunity

#BFSAmbition

#BFSOpportunity



EXTRA CURRICULAR





Extra-Curricular Clubs

BFS offer a range of fantastic extra-curricular clubs that run at lunchtime and after school.

In previous years we have had a huge range of clubs from board games to sign language, ukeleles to baking. We have had science, trading cards, chess, debate and model UN, plus loads more!



Year 7, 8 and 9 can attend homework club in the Library after school Monday - Thursday 3.10-4pm. This quiet, supervised space will have staff support and computer access.



Our extra-curricular activities information booklet is now available:

Term 1 and 2 Extra-Curricular Activities





SEND





Meet the Team

The SEND team have enjoyed welcoming our new Year 7s and seeing lots of familiar faces from Years 8-13 following the summer break.

Parents and carers are invited to come and chat in person to the SEND team about how students are settling in. Mrs Jenkins (SENCO) and Miss Cook (Deputy SENCO) will be available.

Year 8 and 9: Tuesday 24 September, 4-6.30pm in the library. Please confirm your attendance and which 30-minute time slot you intend to attend by emailing sen@bristolfreeschool.org.uk

Year 10 - 13: Thursday 26 September, 4-6.30pm in the library. Please confirm your attendance and which 30-minute time slot you intend to attend by emailing sen@bristolfreeschool.org.uk

COMPUTER SCIENCE



MRS RAMANANDI

Y8 CyberFirst Girls Competition 2024



Registration is now open for the 2024 CyberFirst Girls Competition. This competition aims to support girls interested in a career in cyber security. Whatever your ability, from beginner to expert, the CyberFirst Girls Competition is an opportunity to learn something new about cyber security.

It is a group competition to solve puzzles and challenges related to cyber security. Girls can participate in group of four, with each candidate winning a laptop! BFS came second in last year's competition.

Please email Mrs Ramanandi to enrol or you can come to CG14 at breaktime or lunchtime, Tuesday to Friday.

Find out more about it here: CyberFirst Girls Competition - NCSC.GOV.UK

Watch video here: CyberFirst Girls 2024 celebration (youtube.com)





LIBRARY & READING



The Library is OPEN!

Remember that the Library is open every day at break time, lunchtime and after school. Borrow books, find a comfy space to sit and read, relax with some mindful colouring or puzzles, get some homework ticked off the 'to do' list, and enjoy all our fabulous Library has to offer.



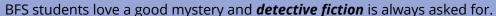
Books and Babble



Join Ms Griffiths in the Library after school on Tuesdays for some book chatter. We talk about our favourite and least favourite reads, help each other to create lists of exciting future books, and share reading together. This after school club is perfect for someone who wants to revel in books and all their brilliance.

Meet in the Library at 3pm on Tuesdays.

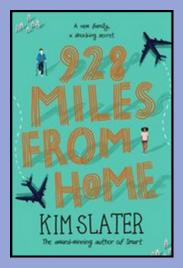
Genre Spotlight - Detective Fiction





From the BFS Library, why not try *928 Miles from Home* by Kim Slater? When Calum Brooks' dad invites his girlfriend and her son, Sergei, to move in, Calum's world begins to shift. Calum can't help feeling that Sergei is hiding something. Or take a look at Terry Pratchett's *Dodger*. With an opening line of 'The rain poured down on London so hard that it seemed that it was dancing spray, every raindrop contending with its fellow for supremacy in the air and waiting to splash down.' it is surely an irresistible read. For Year 12 and 13 students, P.D.James' *A mind to Murder* is a page-turning novel of intrigue. The blurb tells of 'A piercing scream, shattering the evening calm, [and] brings Superintendent Adam Dalgliesh hurrying from his literary party to the nearby Steen Psychiatric Clinic, where he discovers the body of a woman sprawled on the basement floor...'.

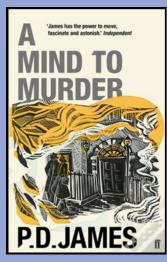
These mysteries, and more, are waiting in the BFS Library and are desperate to be read and solved.











BFS SPORT

Y10 Bristol Champions

Congratulations to the Y11 Girls Rounders team who beat Oasis Academy John Williams 18-16 on Monday night in a thrilling match away from home. This was a Year 10 game that rolled over from term 6.



Players of the match: Fielding - Emily. Batting - Maddie.

#BFSAmbition

The team have been a delight to manage over the last few years. I will certainly miss them next summer!



UPCOMING FIXTURES					
Monday 23 September	U13 Rugby 7s	QEH Failand			
Wednesday 25 September	Y8 Rounders Final vs St Bernadette Catholic Secondary School	Greenway			
Thursday 26 September	U14 SnS Netball National Cup	Badminton			

MRS BALLARD

Y10 Netball

Our first netball fixture of the year saw the triumphant Year 10 team take on Redmaids' High School in the National Sisters in Sport competition. The girls made a positive start and it was incredibly tight at 3-1 after the first quarter. Redmaids' got into their flow in the second and third quarter but we did not give up and maintained a small goal margin behind them. In the final quarter we scored 4 in a row and narrowed the goal difference to 1 goal. Unfortunately, despite every effort from the entire team, we lost by 2 goals, 20-18. Lilia was voted player of the match. Well done to the entire team, you did the school proud. The team will now go through to the National Shield competition and we wish them all the luck.



Sports Clubs

BFS offer a range of fantastic extra-curricular clubs that run after school. The following sports clubs are on offer this term.

Monday	Tuesday	Wednesday	Thursday	Friday
Cross Country Club		Year 7 Netball Club	Dance Club	
Basketball Club		Hockey Club	Years 8-11 Netball Club	
Years 7-8 Rugby Club		Years 9-10 Rugby Club		
Year 10 Girls Rugby Club				

Sports clubs meet at the Sports Hall changing rooms. Bring your PE kit and any extra equipment required, such as:

Football - shin pads and football boots Rugby - gum shield and rugby boots Hockey - shin pads and gum shield

COMMUNITY AND ANNOUNCEMENTS





We're delighted to announce that the ballot for tickets for the filming of this year's CHRISTMAS LECTURES with **Dr Chris van Tulleken** - is now open.

So it's lights, cameras aaaand ACTION!

Access to the CHRISTMAS LECTURES ticket ballot is exclusively for Ri Members and Young Members as a thank you for their support throughout the year.

So if you've been considering joining our community of science-lovers - to enjoy exclusive early access to Ri events, free and beter than half price tickets and a host of other benefits - then now might be the ideal time. After all, you'll save money on your science all year round!

In the 2024 CHRISTMAS LECTURES from the Royal Institution, supported by CGI, NHS Doctor and leading science presenter Chris van Tulleken will reveal the revolutionary science of what happens inside our bodies when we eat. And you could be there to enjoy the magic of the live filming!

Simply join us as an Ri Member or Young Member today, and enter the ballot before it closes on Thursday 10 October!



Tuesdays, 4:15 PM - 5:15 PM at Greenway Centre, BS10

We are running weekly sessions especially for Year 7s to chat about how you are finding secondary school so far.

From now until 1st October **Resilience Lab** is the place to come for an after school snack, fun activities, and to chat about what it is like to be in Year 7.

If you are experiencing challenges and worries we are here to support you. It is a session just for your age group, and not for adults, but your parent or carer needs to sign you up using the QR code below to give their permission for you to attend.









Parents, carers, or year 7s - contact Kate for more details, email: katemartey@southmead.org, tel: 0117 950 3335 Greenway Centre, Doncaster Road, BS10 5PY, www.southmead.org

Schools and Colleges Early Support Service: Parent and carer live webinars



Anxiety in adolescence - how can parents and carers help?

Autumn term: Wednesday 25 September 17:00-18:00. Click here to register.

It is common to sometimes feel anxious, however for some adolescents, anxiety can become a significant problem that stops them from doing things; for example, talking to new people, going out with friends, or doing their best in exams.

This webinar focuses on what parents and carers can do to help their young people who are experiencing anxiety. The webinar covers common anxieties during adolescence, such as, exam stress, social anxiety and worries about identity and development. It offers advice on how and when to access support for you and your young person. As well as discussing a couple of 'real world' examples of common adolescent anxieties and different strategies that may be helpful in those situations.

PARENT & CARER SUPPORT SESSIONS

Autumn at Greenway Centre

WEDNESDAY 25th SEPTEMBER 9:30 - 11:30 AM

U10s Routines & Rewards

Join us and our partners Kids Matter for support and ideas for routines about screen time and bedtime for primary school age children. It is a relaxed session with cuppas and homemade cake!

WEDNESDAY 16th OCTOBER 9:30/45 - 10:45 AM

Handling Teen Emotions

With our partners North Star this session is aimed at helping you to help your teenagers regulate their emotions. Importantly it will include relaxation tips to help both you and your teen wind down. This is a relaxed session with cuppas and cake.

WEDNESDAY 27th NOVEMBER 9:30 - 10:30 AM

Hiding Emotions at School

Join us with our partners Bristol Parent Carer Forum for support with young people who mask their emotions at school and become dysregulated at home. A relaxed session with cuppas and cake.





SCAN ME



Contact Kate for more details, email: katemartey@southmead.org, tel: 0117 950 3335 Greenway Centre, Doncaster Road, BS10 5PY, www.southmead.org











September 2024

It's SEPTEMBER!

Bristol SEND News for families

Upcoming support sessions and webinars in-person and online from Bristol Parent Carers

Emotionally Based School Avoidance...

A resource for Families & Practitioner



www.bristolparentcarers.org.uk



Update on Bristol's Neurodiversity Profiling Tool

Pilot launching in October

Look inside for more



BRAZILIAN JIU JITSU FOR BRISTOL FREE SCHOOL

DISCOUNTED RATES WITH THIS FLYER

ROGER GRACIE NORTH BRISTOL ARE OFFERING MEMBERSHIPS TO BFS STUDENTS, FAMILIES AND STAFF!

CLASSES FOR ALL AGES IN

- **BRAZILIAN JIU JITSU**
- **BOXING**
- KICKBOXING

- 💿 07796 790866 GET IN TOUCH VIA WHATSAPP
- ROGERGRACIENORTHBRISTOL.COM
- THE YOUTH CENTRE, SOUTHMEAD, BRISTOL, BS10 6AS

