



## OPEN EVENING!

**MRS KING**

BFS shone brightly last night as we welcomed over 850 Year 6 prospective pupils, parents and carers for the first time since the pandemic.

Elliot and Hannah, lead students from Year 13, gave a warm welcome and shared their memories of their BFS journey. Sophie, Ben and Imani from Year 8 also gave inspirational speeches about their experiences in Year 7. The evening presentations were opened and closed with the school band 'Untitled' who were fantastic!

The evening would not have been possible without the large number of student volunteers who acted as guides and subject ambassadors. Also, a big thank you to the wonderful staff at BFS who all pulled together to showcase the departments and wider life of the school. It would be fair to say our guests and everyone involved left with a big smile on their faces!



# KEY DATES

- Monday 9 - Friday 13 October - Slapton Sands Geography Field Trip
- Monday 9 October - Y7 Team Build Day at Clifton College 7TG1-7TG3
- Tuesday 10 October - BEP Bristol Youth Talks: The Final 1.30 - 4.00pm BGS 1532 Theatre
- Thursday 12 October - Y11 Virtual Curriculum Info Evening for Parents/Students
- Friday 13 October - Friends of Bristol Free School Quiz Night

## NEW CANTEEN PRICES

Please see our new canteen tariff prices [here](#). A default £10 daily limit is applied to all catering accounts. If you wish to adjust this, please contact [admin@bristolfreeschool.org.uk](mailto:admin@bristolfreeschool.org.uk)

## FOBFS QUIZ



Friday 13 October 2023 - Doors open at 7pm, quiz starts at 7.30pm, Drama Hall.  
Only £6 a ticket.

Please use [this link](#) to book your tickets, teams of any size welcome, or just come along and join another team/meet new friends. Beat the teachers! Bar and snacks on Sale from 7pm. Quiz starts at 7.30pm - please bring a drinking cup/glass! Spread the word and do book early as spaces are limited.

You will notice on the second page of booking there are tick boxes to indicate drinks choices, this is just to get a rough idea so do tick the box that applies to most of your team.



## MUSIC LESSONS

Bristol Beacon provide individual music tuition in school for our students and currently have availability of voice lessons starting after October half term. [Please click here for further information.](#)

If you are interested in signing your child up for voice lessons parents can register using [this link](#).

**ANNUAL COMMUNITY SURVEYS  
FOR RESIDENTS OF SOUTHMEAD** ! !

**YEARLY UPDATE SURVEY**  
**CLIMATE ACTION PLAN SURVEY**

## BFS SPORT



MRS BALLARD

## GIRLS FOOTBALL SUCCESS CONTINUES!

Our U16 Girls Football Team travelled to Crispin School in Street this week to play in Round 2 of the U16 National Cup. Despite being overloaded with injuries and illness, Chloe made it 1-0 within 2 minutes of the start of the first half. Emily doubled the score with an incredible 30 yard strike after beating two players. We finished the first half 9-0 up! Two additional injuries meant we played the second half with 9 players and final score ended at 10-0!

Scorers: Chloe (3), Emily (3), Isla (2), Teagan (1), Sophie (1).  
Player of the match: Teagan Bring on Round 3 - well done superstars!



well done!



# STUDENT LEADERSHIP



## HOUSE PARLIAMENT ASSEMBLIES



SIMONA 13TG4



This week we have had the privilege of talking to each year group in their assemblies about leadership and how to get involved in leadership at BFS. We hope that our presentation encouraged and inspired you to consider a role as a House Parliament member! We believe that this opportunity will allow you to grow in your leadership and teamwork skills, as well as enable you to speak up about issues and topics that you feel passionate about in our school community and beyond. We apologise to the Year 7 and Year 12 students for not being able to present our talk in person, but we hope that our virtual assembly was able to successfully portray our message. We thank you for your incredible participation and support and hope to see some of you very soon in our first House Parliament meeting next Friday!

## BRISTOL YOUTH COUNCIL

In January 2024, young people in schools, colleges and youth organisations across Bristol will be voting in young people to the Bristol City Youth Council for a two-year term of office. The young people that are voted in will represent young people of Bristol and their views to adult decision makers, such as the Mayor, Councillors, Council Officers, Members of Parliament, and also campaign on issues that are important to the young people of Bristol. This is called the Bristol Youth Vote 2024.

The opportunity to stand as a candidate in the Bristol Youth Vote is open to all young people aged 11 to 18 years, living in or going to school in Bristol.

We would love to have a candidate from BFS! If your child would like to take part, please ask them to email [k.smith@bristolfreeschool.org.uk](mailto:k.smith@bristolfreeschool.org.uk) and Mr Smith will support them with their application.



## Bristol Youth Vote 2024



Bristol City Youth Council

Making a change for young people in your community

Nominations 2nd-31st October 2023

Families in Focus  
North  
Participation Team  
40-44  
Ridingleaze  
Lawrence Weston  
Bristol. BS11 0QE



@BristolCYC

Email: [ywparticipation@bristol.gov.uk](mailto:ywparticipation@bristol.gov.uk)

# a better Bristol







# BFS DT

# design & Technology

## MS STREET DT ALUMNI!

### MS STREET

Congratulations to Elliot Glanville and Bo Neville for successfully passing their design degrees. It is great to see former students producing such fantastic work and beginning their career in design.

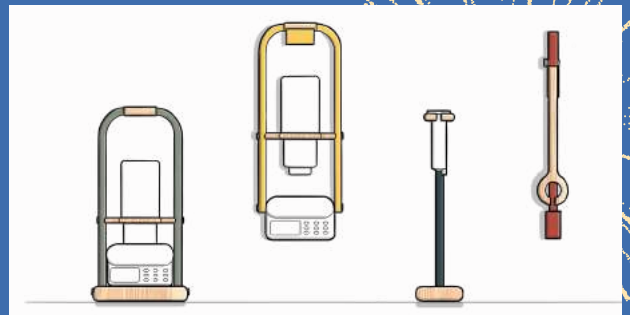
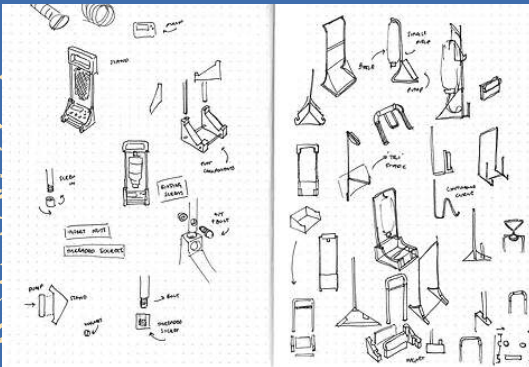
Below are some examples of their final projects. Bo has kindly donated their final design show presentation and you can see it on display in the D&T cabinet in C Block. We look forward to seeing our future Alumni's work!

## BO NEVILLE – PRODUCT DESIGN, BATH SCHOOL OF DESIGN

### NOURISH Final Major Project 2023

An alternative brand for individuals who rely on enteral feeding. Creating furniture-like pieces that seamlessly blend with home decor offering a sense of dignity, comfort and a more positive sensory experience.

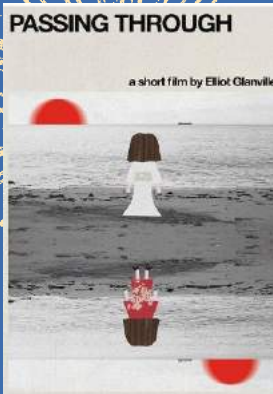
You can see more of their work [here](#).



## ELLIOT GLANVILLE – BA GRAPHIC DESIGN, FALMOUTH UNIVERSITY

You can see more of his work here:

[Instagram](#)  
[YouTube](#)



Short film inspired by directors Hirokazu Kore-eda & Kogonada



Speculative Surreal Film Festival poster



Rough Cut: A zine in collaboration with MUBI

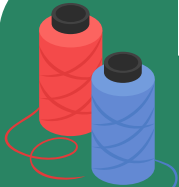


Visual for Jacques Tati's unfinished film Confusion



## KEY STAGE 3

### TEXTILE DESIGN & MANUFACTURE



#### YEAR 7

In Year 7, students have been carefully creating their soft sculptures. They have been learning to hand-sew with various stitches, applique and use the sewing machine. The class have used the work of Claus Oldenburg and the Pop Art movement for inspiration.



#### YEAR 8

In Year 8, students have been experimenting with different textile finishing techniques. They have used Batik, screen printing and tie dye. They are going to make a patchwork tote bag using their own design pieces and upcycled fabric. We are always on the look out for more fabric so if you have to donate, please let a D&T teacher know.



**DONATE**

○ DON'T DUMP ○

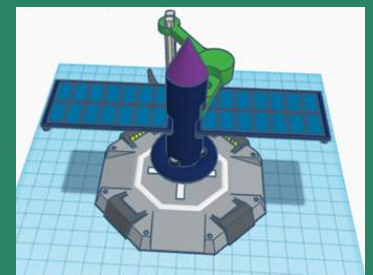
### GRAPHIC DESIGN

In Year 8, students have looked at different techniques used by graphic designers to convey messages through visual imagery. They were tasked with creating a mood board of images that represented themselves using their colour theory and knowledge of typography. They used these images to create a 'logo' that was personal to them. We scanned their drawings and used the sublimation printer and heat press (bought by FoBFS – Thank you!) to print onto coasters. There have been some amazing and professional outcomes.



### CAM & CAD ENGINEERING

Students have been enjoying learning to use TinkerCAD, a free CAD programme that connects with our 3D printer. Students were given the brief to design a Lunar Lander to conduct scientific experiments. The winning designs are being 3D printed – watch this space to see their final outcome!



### CREATIVE MEDIA



Our creative media project allows students to use a variety of photographic and graphic software. They use their Microsoft suite to store, edit and email their designs. Year 7 have been looking at creative ways to photograph bottles and different photographic tools they can use. They uploaded their images onto Photoshop where they manipulated them. Students are in the final stages of the project and are beginning to plan their final photoshoot inspired by the photographer Slinkachu.





## KEY STAGE 4

Our Year 10 Design & Technology GCSE classes have been consolidating their knowledge about all materials. They have been manufacturing a small product in each material using different manufacturing techniques and processes.



## FOOD PREP AND NUTRITION



Our Year 10 Food Preparation & Nutrition GCSE classes have been learning about seasonality. Students have created their own seasonal soups and accompanying bread rolls. It is a challenge to make two dishes in a lesson, but all students succeeded to create fantastic dishes!

They have also been learning how to professionally portion a chicken. Students have to learn 20 key food preparation skills and portioning a chicken is one of the top skills. Some students opt to demonstrate this skill in their final cooked dishes in Year 11 to achieve top grades. Well done Year 10 - a great start to your GCSE!

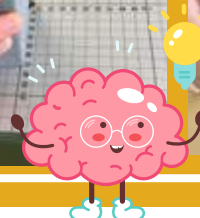


## KEY STAGE 5

Our new Design & Technology classes in Year 12 have made an impressive start to the year. They have been completing their Design Communication project and their first manufacture project. In their Design Communication project, they have learnt various technical drawing techniques, how designers, clients and manufacturers collaborate, and the different project management tools industry use. Although they all found rendering challenging, I think we can all agree their outcomes are fantastic! We look forward to seeing their final manufactured work.



Our Year 13 students have been busy material testing for their final NEA projects. The Product Designers, Design Engineers and Fashion & Textile students have shown good technical knowledge to conduct robust experiments into the best materials for their final products. They have tested a variety of material finishes and properties.



THIS WEEK  
IN ART

# HOUSE COMPETITION!



MRS DAY  
HEAD OF DURDHAM



## INKTOBER 2023

What is Inktober? It's a month-long art challenge, starting THIS WEEK!! This time of year, artists from around the world take the challenge and do a different ink drawing every single day of October. That's 31 drawings in 31 days! The goal is to improve your drawing skills and develop positive drawing habits. Anyone can take part in this House Challenge!

*Inktober*  
2023

### OFFICIAL 2023 PROMPT LIST

- |             |            |               |
|-------------|------------|---------------|
| 1. DREAM    | 11. WANDER | 21. CHAINS    |
| 2. SPIDERS  | 12. SPICY  | 22. SCRATCHY  |
| 3. PATH     | 13. RISE   | 23. CELESTIAL |
| 4. DODGE    | 14. CASTLE | 24. SHALLOW   |
| 5. MAP      | 15. DAGGER | 25. DANGEROUS |
| 6. GOLDEN   | 16. ANGEL  | 26. REMOVE    |
| 7. DRIP     | 17. DEMON  | 27. BEAST     |
| 8. TOAD     | 18. SADDLE | 28. SPARKLE   |
| 9. BOUNCE   | 19. PLUMP  | 29. MASSIVE   |
| 10. FORTUNE | 20. FROST  | 30. RUSH      |
|             |            | 31. FIRE      |

@INKTOBER #INKTOBER #INKTOBER2023

All you need to do is:

- Using any type of ink media, make a drawing each day using the words on the prompt list
- Write on the back your name, tutor and House Team
- Post your pictures into the Inktober box in the Art Department or hand them into your Head of House
- The more drawing you hand in, the more House Points you will make for your House!

Any questions, please see Mrs Day.



# WORLD TEACHERS DAY

Thursday 5 October was World Teachers' Day, and this year's theme focused on reversing the teacher shortage. We spoke to a few of our teaching staff to find out what their favourite things about teaching are!



**MRS KINNERSLEY**

I have been teaching for around 15 years. I have enjoyed seeing students grow in confidence and find pride in the work they can produce. My favourite bit is hearing from students who have gone on to study Art or Photography at University and progressed further in the creative industries. Helping young people find their creative voice is what makes teaching so worthwhile!



**MR HARRIS**

Teaching, especially English, is an absolute privilege and I feel so fortunate to be involved with young people at this vital stage in their lives. I teach English because I believe that the study of literature is the study of what it means to be human, and along the way we help the students decide who they really are and what they want to be. Of course, there is no better feeling than watching them go on to their next steps – seven years later – as capable human beings who have achieved more highly than they ever thought would be possible. We have the opportunity and the responsibility to open doors both to - and within - our students. English can be the key to countless new discoveries, skills and perspectives. However, day-to-day, the best thing about teaching is the spontaneity, energy and humour of our students. Every lesson, every day is different; I know it sounds cliché but I learn a lot from the students too. But most of all, it can be great fun!



**MR FEARON**

My favourite thing about teaching is working with young people. Watching them progress academically and grow in confidence and into young adults is rewarding and uplifting. Teaching gives me a sense of purpose unlike other jobs I have had previously, and I feel especially supported and part of a caring, important community at Bristol Free School.



**MRS HUMPHRIES**

As a music teacher, it is wonderful when pupils take time out of their day to show me a piece of music they have been practising. I really enjoy spending those couple of minutes listening and appreciating their music-making. It is also great hearing students rehearse at lunch and after school in bands they have formed themselves.

Another part of my teaching role, which I thoroughly enjoy, is being a tutor, as you become the teacher they see every day who can send them off to lessons each morning with a smile and a positive word. I would recommend being a teacher, as it is incredibly rewarding seeing pupils develop their skills, and no day is ever dull!



**MISS TOVEY**

I love the feeling of watching my students understand really tricky concepts - those lightbulb moments are fantastic! I have recently taught Y13 about synaptic transmission in the nervous system, introducing highly scientific terminology; hearing them explain the process to one another with confidence and accuracy reminded me what a pleasure it is to work with such amazing young people.



# BFS SEND

## FREE SEND EVENTS WITH BCP



### EHCP Phase Transfer Reviews

WITH BRISTOL PARENT CARERS AND GELDARD SOLICITORS



geldards

### Information and support at North Bristol coffee morning

Southmead Greenway Centre

Doncaster Rd,  
BS10 5PY

5th October  
2nd November  
9:15-10:30am



If you care,  
we care.



### Tics and Tourettes

WITH BRISTOL PARENT CARERS & CORRINA WOOD FROM



PLATYPUS  
A CHILDREN'S TRUST

### Information and support from all services across Bristol

SEPTEMBER 2023

S	M	T	W	T	F	S
						1
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

# Hello October!

Book your free space now  
Don't miss out

Make your voice heard by completing our health service survey



### Introduction to Makaton Training Session

WITH BRISTOL PARENT CARERS AND ALI PENNINGTON - MAKATON TUTOR SERVICES



### Information and support at South Bristol coffee morning

INNS COURT CENTRE

1 Marshall Walk  
Knowle BS4 1TR

12th October  
16th November

@ 10:30-12:30pm



If you care,  
we care.



### Managing extreme behaviour

WITH BRISTOL PARENT CARERS & BIBIC



bibic



# October Half-term at **THE RANCH**

Southmead Adventure Playground

Children & Families Free Play, 12 – 3pm  
Tuesday 24th, Wednesday 25th & Thursday 26th  
under 8s must be accompanied by an adult at all times



Follow our  
Facebook page  
for updates



southmeadadventureplayground  
Go to Facebook for term-time events  
and for Youth session times

Biking with  
Lifecycle

Making Halloween  
decorations

Sports tournament

Pumpkin carving

Ghoulish face  
painting

Halloween fancy  
dress party and  
parade

Arts & crafts

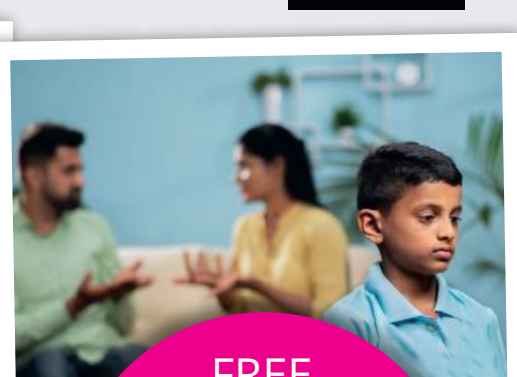
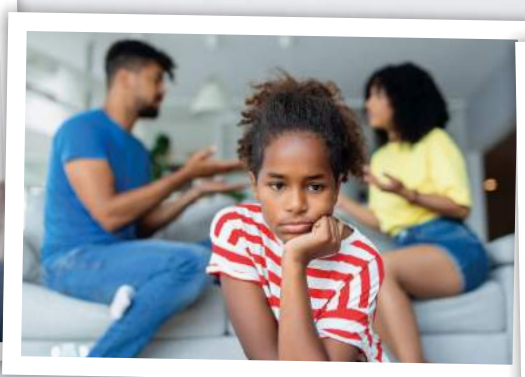


Life Cycle  UK





# Support for Inter-Parental Conflict (SIPCo) A Project to Improve Parents' Relationships



FREE support programme available for parents in conflict


- Do you have a child or children aged between 8 and 14?
- Do you find it hard to get on with your partner or your ex?
- Do you frequently argue or shout at each other?
- Or have you stopped talking to each other because it's too difficult?
- Are you willing to try something new to help resolve your conflict?

If so, then this SIPCo project could help.

The help on offer will either be relationship therapy (delivered by the couple therapy charity Tavistock Relationships) or access to some online resources with local support for reducing parental conflict.

**Please contact Gina Pazienza:**

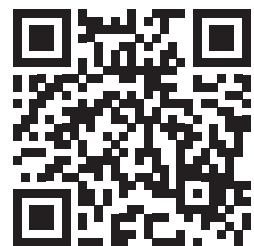
 [relationshipsmatter@bristol.gov.uk](mailto:relationshipsmatter@bristol.gov.uk)

 07721 635376

 <https://www.bristol.gov.uk>

When you apply, your details will not be shared with anyone else.

Scan QR code to find out more



# LINK FORWARD

Linking you to what matters

For young people

aged 7-12  
years

Contact your Link  
Worker for eligible  
GP practices &  
referral form



## WHO IS THIS FOR?

We support young people in school  
years 3-7  
with the following needs...

**difficulty making friends**  
**carer or parent with health issues**  
**depression or anxiety**  
**low self-esteem**  
**managing change or a new setting**  
**self-care**

Children awaiting a CAMHS referral  
are not eligible

## YOUR LINK WORKERS



Jen Lister



Kath Smith



Eve Payne



Kate Martey



Poppy Large

Send completed referral forms to  
[bnssg.socialprescribingreferrals@nhs.net](mailto:bnssg.socialprescribingreferrals@nhs.net)



SOUTHMEAD DEVELOPMENT TRUST



# JOIN OUR GIRLS' FOOTBALL U14 SQUAD



U14 Squad recruiting girls in **Year 9!**

We are strengthening our successful squad.

Training every Tuesday | 19:15 - 20:15

at Shine Sports Ground, BS6.

Sunday home & away fixtures in the Bristol Girls League.

Contact **info@myshine.co.uk**  
for more info and a **free trial**