

Bulletin



MR GILES

GOLD DOFE PRACTICE EXPEDITION

Massive congratulations to Sam, Lydia, Evan, James, Rory and Georgia, who completed their Gold practice expedition in the windy, rainy and at times sunny Brecon Beacons last week.

From 14-16 September, these students hauled their massive packs above and around the unforgiving peaks of the Brecons. Over the course of 3 full days of endless checkpoints and changeable conditions, their spirits never dampened. Their navigation was almost faultless and determination shone through despite being thoroughly soaked on multiple occasions. Spirits were further lifted by chocolate cake, tea, and a familiar furry friend on Friday night, courtesy of Georgia's family - Happy 18th birthday Georgia! With the qualifying in the summer term, this was fantastic progress. Just bring more food next time!

Thank you for being such a great group even if your music taste is questionable.

KEY DATES

- Monday 25 September - DofE Information Evening for Y9 Parents
- Wednesday 27 September - Virtual Parent Update 5.00pm - 5.45pm
- Monday 2, Monday 9 & Monday 16 October - Year 7 Team Building at Clifton College
- Thursday 5 October - Main School Open Evening 4.30pm - 7.30pm
- Friday 6 October - late school start (arrive at 10.50am)

FOBFS QUIZ



Friday 13 October 2023 - Doors open at 7pm, quiz starts at 7.30pm, Drama Hall.
Only £6 a ticket.

Please use [this link](#) to book your tickets, teams of any size welcome, or just come along and join another team/meet new friends. Beat the teachers! Bar and snacks on Sale from 7pm. Quiz starts at 7.30pm - please bring a drinking cup/glass! Spread the word and do book early as spaces are limited.

You will notice on the second page of booking there are tick boxes to indicate drinks choices, this is just to get a rough idea so do tick the box that applies to most of your team.

CAREERS TALKS

We will be running our weekly Employer Talks soon, where we invite local employers to give a short presentation to our students about their career or industry, and offer advice to anyone considering that career path. If you would like to be involved and offer a talk, please email r.lynych@bristolfreeschool.org.uk

OCTOBER HALF TERM, HALLOWEEN AND AUTUMNAL EVENTS IN BRISTOL FOR FAMILIES

WE WANT YOU!

BREAKFAST CLUB



Breakfast club is currently running Mondays, Wednesdays and Fridays 8.10am - 8.25am in the dining hall. Recipients of Free School Meals can get a free breakfast and drink before school starts!

SUPPORT FOR SEND FAMILIES

Bristol Parent Carers Forum are running a collection of webinars, support and advice for families in Bristol that have children with Special Educational Needs and/or Disabilities (SEND). Please [click here](#) to book a slot!

PARENT GOVERNOR ELECTION

We are seeking nominations for a parent to stand for election as Parent Governors of (RET) Bristol Free School. There is one vacancy, to begin from November 2023 to October 2027. A letter has been sent out with further details via ParentPay. The deadline for nominations is Friday 6 October 2023. Good luck!

PLEASE DONATE ANY OLD
NEWSPAPERS YOU HAVE TO
THE DT/TEXTILE
DEPARTMENT!

[CLICK HERE FOR OUR
EXTRA-CURRICULAR
BOOKLET 2023-24](#)



BFS SPORT



MRS BALLARD

U16 ESFA NATIONAL CUP



Following the incredible success of our U14 Girls Football Team last year, we have this year entered into the U16 ESFA National Cup. Our round 1 opponents were Kings of Wessex, in Cheddar. A brand new team of our highly skilled Year 10 and 11 girls, that gelled instantly, scoring just 90 seconds after kick off! Some clever and intricate footwork in a busy midfield outplayed the opposition and resulted in being 4-0 up within 10 minutes!! We went into half time 10-2 up! The opposition didn't give up in the second half and showed good character to continue to put us under pressure. The final score was 13-5. Goalscorers: Em (2), Chloe (2), Jas (2), Polly (3), Isla (2), Grace (2). Onwards and upwards into round 2. Well done to the entire squad!

U14 NETBALL NATIONAL CUP

This week, our U14 West of England Netball Champions from 2022-23 faced their first National Cup game against Millfield School. They started exceptionally strong, intercepting the first centre pass and went 1-0 up from Rosie's shot. The first quarter was extremely tight and finished 6-4 from a product of the determined centre court players. In the second quarter, Millfield stepped up and ran away with the lead. We brought it back in the third quarter with some excellent shooting from Hannah and Rosie. The entire squad didn't give up in the final quarter and there were only 2 goals scored. Rosie and Lilia were selected by the opposition as the players of the game. We are so proud of the squad, who all played their socks off, gave their everything and were completely exhausted when the final whistle went. Despite their determination and positivity, they faced an very talented team and the final score entered 35-13. Well done girls!





BFS SPORT



MISS SLATER

PE DEPARTMENT NOTICES



PE clubs started this week and it was so fantastic to see so many students in attendance across our clubs nights! This term, we have trampolining, rugby, netball, hockey and x-country to match our fixtures calendar for the season.

We have also started the term off well with 2 National Cup fixtures this week for football and netball... more to come separately for students' success here!

If you are interested in joining a club at BFS please see the clubs timetable on the PE department door or ask your PE teacher for more information.

Are you interested in developing your leadership qualities? Do you like to play and participate in sport? Are you in Year 8 or 9? YES! Then we are looking for you!

Applications for PE's 2023-24 Sports Leaders Programme will be open from Monday 25 September, closing Monday 2 October.

If you would like to be considered for one of the 16 places to be part of the programme, then please write a letter of application to Miss Slater and Miss Urch, detailing why you would best suit the role this year. Your application will be read, and you will be invited to interview the following week.

APPLY



MISS URCH

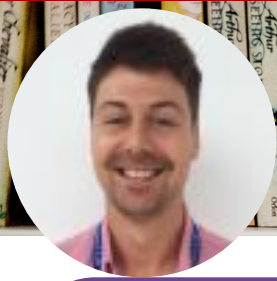


INDOOR HOCKEY



This week saw indoor hockey back up and running. It was lovely to see so many in attendance, in particular Year 7 and 8, and some for the very first time! This week we covered some indoor hockey basics and then finished with some game play. If you would like to come along and experience what it is all about, even if you have never picked up a hockey stick before, please come along next week. Year 7, 8 and 9 is Wednesday after school and Year 10, 11 and 12 is Thursday. All you need is your PE kit, shinpads and a gum guard. PE have lots of gum guards available, just come and ask.

The U13 girls have an outdoor 7-a-side tournament at Clifton College on Monday 9 October and our U18 boys and U16 girls both have Avon county indoor tournaments this term. Exciting times ahead!



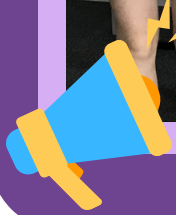
BFS ORACY



MR HARRIS



YOUTH TALKS



Congratulations to Rosie and Jacob, the winners of the BFS Heat of the Youth Talks public speaking contest. Last week they met up with fellow winners from across the Bristol Education Partnership for an additional workshop, where they received industry standard coaching from Barney Grenfell of TEDxBristol.

The session was jam-packed with inspirational, charismatic speakers showcasing a great range of talents. It was a fantastic opportunity to hone our performance skills and take our speeches to the next level. We wish Rosie and Jacob all the best at their dress rehearsal and the final intra-schools competition in October!



ENGLISH-SPEAKING UNION AND ORACY

Are you interested in developing your public speaking skills? Do you have a story that just has to be told? Would you like to attend a range of events and connect with inspirational people? Will you represent Bristol Free School in the largest public speaking competition for schools in England and Wales? If so, get involved with our inaugural ESU-Churchill Public Speaking Competition team. In their words, 'It's a chance to speak to other people about the issues that drive our world'. No previous debating experience required!



- Apply to Mr Harris by the end of Monday 25 September, ideally using this [Microsoft Forms link](#). If you are unable to complete the form, please see me in person in DG04.
- You must then also attend a short meeting in DG04 at 15:00 on Tuesday 26 September.

WW1 MEMORIAL SCULPTURE



A sculpture made of 380 used horseshoes was unveiled in Shirehampton recently to commemorate the horses and trainers who lost their lives in World War One. Two BFS students, Callum and William in Year 9, were present at the unveiling as representatives from Avonmouth Sea Cadets, and they were both Standing Guard for one hour!



LRC NEWS

READ ALOUD



Read Aloud is an exciting initiative for pupils in Year 7, 8 and 9, and their tutors. This is to support the school's focus on enjoying reading and sharing books. Starting in the week of Monday 2 October, pupils will be read to by their tutors twice a week during tutor time. This initiative promises great potential to meaningfully encourage pupils to engage with and develop a love for reading. Research shows that reading has a range of significantly positive benefits to a pupil's academic career and personal growth. We are committed to supporting and encouraging our pupils to become interested and confident readers. Do talk to your children at home about the books and encourage them to spend time in the LRC seeing all the amazing resources we have.

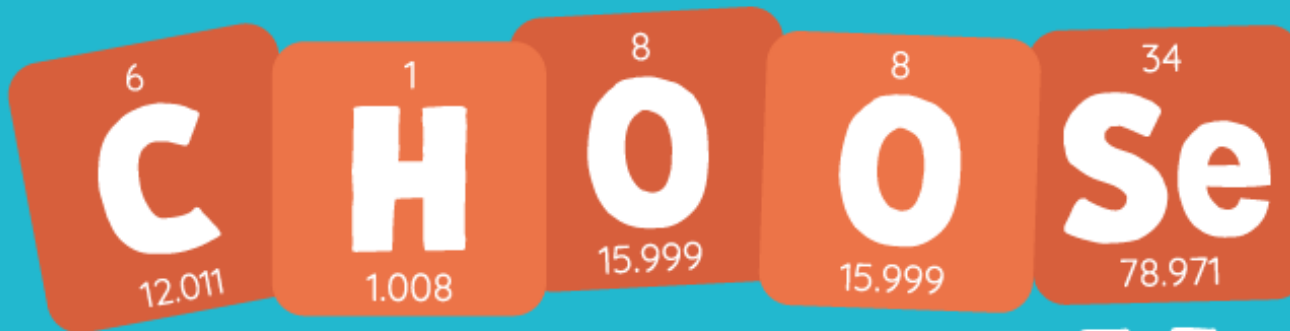
The books we have chosen to launch this initiative are 'step by wicked step' by former Children's Laureate Anne Fine, 'Island' by award winning author David Almond and Arthur Conan Doyle's Sherlock Holmes classic 'The Hound of the Baskervilles'. Year 7 and 8 students will give us feedback on the books through the Accelerated Reading in their English lessons and we will visit Year 9 tutor groups to talk with them.



ATTENDANCE MATTERS



Maximise your potential.
Attend school every day.



CHEMISTRY

the salters' institute chemistry club



SIGN UP TO CHEMISTRY CLUB

Each month discover the chemistry behind a new theme by completing fun, interactive content released every week day.

SPACE



EMOTIONS



LIGHTS



FOOD



TEXTILES

OCEANS



www.salterschemistryclub.co.uk/register



Support for Inter-Parental Conflict (SIPCo)

A Project to Improve Parents' Relationships



FREE
support
programme
available for
parents in
conflict

- Do you have a child or children aged between 8 and 14?
- Do you find it hard to get on with your partner or your ex?
- Do you frequently argue or shout at each other?
- Or have you stopped talking to each other because it's too difficult?
- Are you willing to try something new to help resolve your conflict?

If so, then this SIPCo project could help.

The help on offer will either be relationship therapy (delivered by the couple therapy charity Tavistock Relationships) or access to some online resources with local support for reducing parental conflict.

Please contact Gina Paziienza:

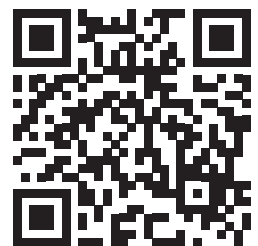
 relationshipsmatter@bristol.gov.uk

 07721 635376

 <https://www.bristol.gov.uk>

When you apply, your details will not be shared with anyone else.

Scan QR code
to find out
more



Allied Health Professional Careers Fair



**OCTOBER
14TH
2023**



14 allied health professional pathways for young people between the ages of 14 and 19 years of age.

BRISTOL ROYAL INFIRMARY EDUCATION CENTRE, UPPER MAUDLIN STREET, BRISTOL, BS1 3NU

10:30AM - 4:30PM

Find out more and book your attendance:

