



## MR HOILE **Y7/8 BOYS CRICKET TEAM SUCCESS!**

Last week on Thursday, the Year 7-8 Boys Cricket Team rounded up a three-match undefeated run! Redland Green School provided the toughest challenge which set the scene for the team's hardest-fought win. Sam W continued to demonstrate his leadership skills before, unfortunately, getting out for 6. Sam C steadied the ship with some huge boundaries, including multiple fours and high-flying sixes, whilst Ben H confidently hit his first ever six, along with multiple fours. The whole team should be proud of their season so far. Well done boys!



# KEY DATES

- Monday 26 June - INSET Day & Y13 Summer Ball at Mercure Hotel
- Tuesday 27 June - Y10 DT Trip to Harry Potter Studios & Y11 Summer Ball at Leigh Court
- Wednesday 28 June - Y6 SEND Day, BEP Sustainable Conference, Y12 Folly Farm Trip Day 1 & Exam Contingency Date
- Thursday 29 June - Y12 Folly Farm Trip Day 2, Y6 Meet The Tutor Evening & National Final for Young Green Briton Project (House of Lords)



## BFS CAREERS

MR PARRY

HEAD OF BUSINESS AND CAREERS LEADER



Today we were delighted to host Stantec for our Employer Talk. Stantec provide professional consulting services in planning, engineering, architecture, interior design, landscape architecture, surveying, environmental sciences, project management, and project economics for infrastructure and facilities projects.

The talk was delivered by Jacob Cook, who attended Bristol Free School from 2014-2021 and was our Head Boy for the 2020-21 academic year.

Jacob gave students an insight into his degree apprenticeship scheme that he is doing at Stantec and what life entails as a transport planner. As an apprentice at Stantec, students will gain valuable work experience, develop professional skills and be supported in their studies towards funded professional qualifications and degrees – all whilst earning a salary.

Jacob also gave some excellent tips on what students can do whilst at Bristol Free School to help improve their applications when they leave. The main message Jacob shared with students was 'to grasp every opportunity you can at Bristol Free School and enjoy your time here.'

It was excellent to hear from one of our alumni talking about their career journey and offering some advice and guidance to our students. [See here for more information about careers at Stantec.](#)

If you would like to work with the school offering Employer Talks to the students then please get in touch with the Careers Department.

Better late than never! Covid restrictions may have prevented Jacob from collecting his Head Student award in 2021, but we were very fortunate to have Jacob come in to school today, to support with our Employers Talk programme which presented us with a wonderful opportunity to give Jacob his award.



MR MACBLAIN

We wish you all the best with your future career, Jacob.



# PSHE PRIDE HOUSE

## COMPETITION

As it's Pride Month, the PSHE House Competition is all about celebrating those who are LGBTQ+, as well as being a fantastic ally!

You can choose to complete one or more of the following tasks:

- Write an article on why it's important to be an ally to the LGBTQ+ community, and how to be a good one.
- Create an eye-catching and informative poster on your favourite LGBTQ+ role model.
- Create an information poster or leaflet on LGBTQ+ inclusive books/TV shows/films where people can learn more about the community and why it's important to support them.

Please email your entries to [a.steele@bristolfreeschool.org.uk](mailto:a.steele@bristolfreeschool.org.uk) by Monday 10 July. Good luck!



MR NOUAS

## LANGUAGE AMBASSADORS

This week the Language Ambassadors had a taster session in Italian led by one of our own, Nic! Nic created resources himself and share his knowledge of Italian to the rest of the Language Ambassadors in great detail.

We learnt various greetings, from hello to excuse me, and we explored high frequency words in the language such as 'after' and 'always'. We then looked at how to conjugate regular infinitive verbs ending in are, ere, and ire as well as the irregular verbs essere (to be) and avere (to have). Nic then shared with us common mispronunciation errors, an example is bruschetta (broo-sket-ta). We then finished the session off by listening to Måneskin who won Eurovision! A huge thank you to Nic for leading the session!



# ATTENDANCE

Please note that term-time holidays are not routinely authorised, unless there are exceptional and unavoidable circumstances. If you are thinking of booking a term-time holiday, please email [admin@bristolfreeschool.org.uk](mailto:admin@bristolfreeschool.org.uk) for an Absence Request Form and return it to the same address as soon as possible. Your request will then be considered. Taking a term-time holiday may result in a Penalty Charge Notice from Bristol City Council. This is currently £60 per child per adult. So, if a two-parent family take three school-aged children on holiday, this would mean that each adult could receive 3 x £60 fines, taking the total penalty cost for the family to £360! This could then be increased, if the fine is not paid promptly or if prosecution is deemed appropriate by the local authority.

## LRC NEWS!

### REFUGEE WEEK 19 - 25 JUNE

This week is Refugee Week and the LRC is recognising the stories of refugees to promote an understanding of the refugee experience. Pupils and staff are, as always, very welcome to visit the LRC and take out a book from our Refugee Week display.

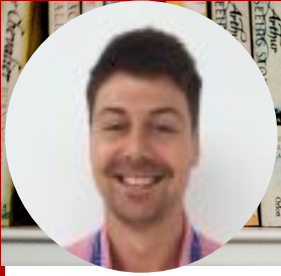


## CREATIVE WRITING COMPETITION

The LRC are excited to launch a Creative Writing Competition open to all pupils across the school.

Pupils are encouraged to write a short story, or opening of a novel, between 500 and 800 words. All genres and writing styles are welcome, and starting prompts and ideas are available to help jump start the writing process if needed. Winners will be selected across a range of categories and work will take pride of place on display in the LRC.

Entries can be typed or handwritten and should be handed to the LRC with the author's name and tutor group by the end of school on Wednesday 5 July or before. Happy writing!



# BFS ORACY



MR HARRIS

## YOUTH TALKS

On Thursday, a large audience had the privilege of hearing Youth Talks! Jacob, Zainab, Maddie, Rosie, Mia, Zero and Sama all put on stellar performances.

Performing to a busy room was the culmination of months of hard work for these inspirational students. It all started with industry-standard performance coaching from Barney Grenfell, progressing through independent crafting of their speeches, and a rigorous programme of rehearsals.

Each and every one of them captivated the audience – and the judges – with their engaging and passionate delivery, using their rhetorical and performative skills to great effect.

Mr Harris, Ms Williams and Ms Urch were blown away by the diverse topics and presentational styles, and students offered thoughtful and confident responses to the questions posed by the judges.

In a range of interactive presentations, the audience variously jogged on the spot, confronted our own preconceptions and even witnessed a golfing masterclass.



We are immensely proud of all performers – public speaking is a real talent, and their performances are testament to all their hard work behind the scenes.

However, the winners of this Youth Talks heat are Rosie and Jacob, who progress to the interschool competition in Autumn.

Thank you all for your dedication, resilience and thought-provoking speeches. We will, of course, update you on their progress in due course – good luck Jacob and Rosie!



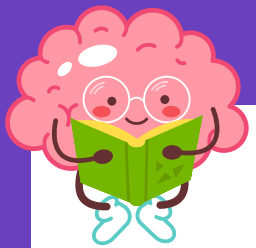
# BFS ORACY

MRS CORRIGAN

# NO PENS ORACY DAY!

On Thursday 6 July, all students at BFS will put down their pens to take part in No Pens Oracy Day.

We believe that speech skills, language, and communication underpin everything and directly affect our pupils' opportunities. For this reason, we have been delighted to create a day to focus on these oracy traits. The day will focus on providing students with opportunities to develop skills which will enable them to articulate their ideas, develop understanding and help them to engage with others through spoken language.



Thursday 6<sup>th</sup> July

Speaking and listening are core skills for education, forming relationships, having good mental health, and ultimately, getting a job.  
We're taking a break from writing and focusing on our speaking and listening skills for a day, so...

**Get ready to put down your pens and speak up!**



Developing speaking and listening skills are fundamental for learning to read and write, managing emotions, developing friendships and are vital when entering further education or employment.

Following long periods away from classroom learning due to Covid-19, we know we need to support students in developing and furthering their skills. We want to teach students to become effective speakers and listeners, so they can better understand themselves and the world around them.

Students timetables will stay the same for the day. We look forward to sharing the outcomes of the day and the exciting and creative classroom activities.



# MENTAL HEALTH & SAFEGUARDING

Mental Health & Safeguarding Support, Advice & Information



Ms Townsend, *Mental Health & Safeguarding Manager*



Miss Hastings, *Medical and Mental Health Officer*

## MENTAL HEALTH WEBINARS

### TRANSITION TO SECONDARY SCHOOL



The move from Primary to Secondary School can be both exciting and overwhelming. This webinar will explore ways that you can support your child during this period. Top tips will be shared to help you to consider challenges and opportunities that may arise, spotting when they may be struggling, strategies to help you to support your child and exploring your own wellbeing. Click [here](#) to watch. Passcode: ^#81sxNP

### ANXIETY BEFORE RESULTS DAY

Exams and results day can understandably feel quite stressful for many young people. This webinar will explore ways in which you can support your young person with feelings of anxiety around this. We will offer top tips from our Young Champions and healthy strategies that you can use. Click [here](#) to watch. Passcode: c+P7K=%3



### SUPPORTING YOUR YOUNG PERSON WITH ANXIETY



It is normal to feel anxious, however for some adolescents, anxiety can become a problem that stops them from doing things like talking to new people, going out with friends, or doing their best in exams. This webinar will focus on what you can do to help your child who is experiencing anxiety. It will cover when anxiety is normal vs. problematic, common anxieties during adolescence, the relationship between parent-child anxiety, and how and when to access support for you and your child. Click [here](#) to watch. Passcode: C0Y4bVF@

### MANAGING LOW MOOD

Low mood affects young people as well as adults. Common signs often include sadness that does not go away, feeling irritable all of the time, not being interested in things that used to be enjoyed, feeling tired and exhausted a lot of the time. Things that might increase low mood include family difficulties, bullying, bereavement, friendship issues. Our webinar will offer some insight into spotting the signs of low mood, understanding why young people are vulnerable to this and offering strategies to support your young person. Click [here](#) to watch. Passcode: 5FMJ\$.5Q



### TRANSITIONING TO UNIVERSITY

The move into university can feel both exciting and scary. This webinar will explore top tips to help you to manage your wellbeing in the first few weeks, what you might want to consider and what you might expect during this transition period. Further resources will be shared on how you might seek further support around your wellbeing if needed. Click [here](#) to register to watch. Passcode: q1#4PE6&



# STUDENT LEADERSHIP

MR SMITH

## HOUSE PARLIAMENT



Last week, House Parliament met with Mr East for a Q&A session about behaviour, inclusion and safeguarding. Having planned their questions in our previous sessions, students had the opportunity to share their ideas for how we could make BFS an even more inclusive and safe environment for all.



## STUDENT FUNDRAISING!



Maddie H (9TG5) is raising money for Great Western Air Ambulance Charity by playing an 8-hour tennis match! Maddie belongs to the local Air Cadet Squadron and has been challenged to raise money for the GWAA Charity.

To read more about Maddy's mission and to donate, scan the QR code or see her [JustGiving page here](#).

