



## GOLD DOFE HIGHLIGHTS



# KEY DATES

- Friday 11 November - Remembrance Day
- Thursday 24 November - Y12 Subject Evening
- Thursday 1 December - 'Blood Brothers', Cardiff Millennium Theatre
- Tuesday 6 December - Y13 Pastoral Day
- Monday 12 December - GCSE/A Level Certificate Evening
- Tuesday 13 December - Y10 HPV2 Vaccinations
- Wednesday 14 December - Xmas Lunch & Music Extravaganza
- Thursday 15 December - Last day of Term



## MR PARRY

HEAD OF BUSINESS AND CAREERS  
LEADER

# BFS CAREERS

Today we were delighted to host Alice Revell for our employer talk about careers in the digital project management industry.

Alice gave an inspirational talk about the varied roles she has had in the IT industry and what life was like working for major companies such as Lucent Technologies, Citibank and Ernst & Young. She also gave an in depth talk about the digital project management role in the IT industry and gave advice to students on the many different entry points into the industry.



# NOVEMBER MOCKS

Please find the Mock Timetables for Year 13 & Year 11 following the link below.

<https://bristolfreeschool.org.uk/exams>



**IF YOU WOULD LIKE TO WORK WITH  
THE SCHOOL, OFFERING EMPLOYER  
TALKS TO THE STUDENTS THEN  
PLEASE GET IN TOUCH WITH THE  
CAREERS DEPARTMENT.**



If you're struggling to afford food at the moment, there are organisations and schemes across the city which can help you. There are a number of foodbanks across Bristol for those who are eligible, with friendly volunteers available to talk about your needs and how they might be able to help:

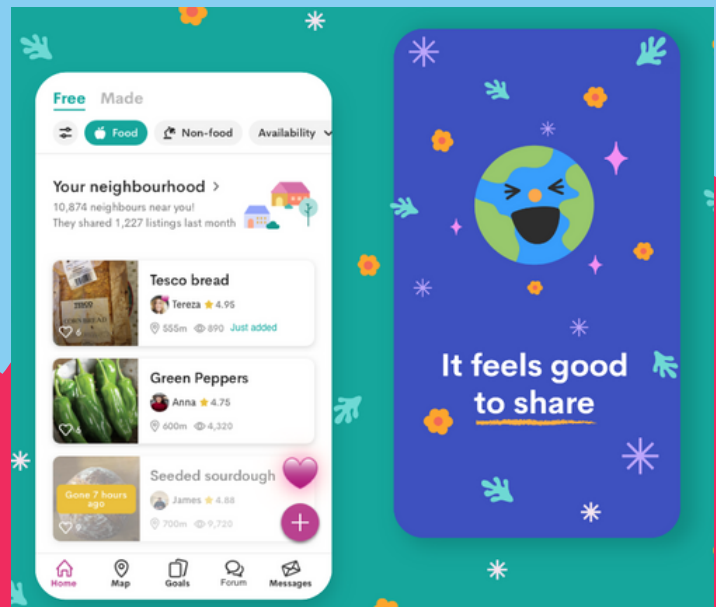


- North Bristol and South Gloucestershire Foodbank <https://nbsg.foodbank.org.uk/>
- Bristol North West Foodbank and Homebank [www.bristolnorthwestfoodbank.org.uk](http://www.bristolnorthwestfoodbank.org.uk)
- South and East Bristol Foodbank <https://eastbristol.foodbank.org.uk>



## AFTER SOME TOP TIPS TO HELP YOU SAVE MONEY ON FOOD?

- Plan your meals – buying food for the week helps to cut down on impulse buys
- If you can, buy food like rice and pasta in bulk – it is often much cheaper per 100g than smaller bags
- 'Reduced to clear' foods can help save money – but think about when/how you'll eat them before you buy
- Buy what you need - buying loose fruit & veg can help you save money by buying only what you are going to eat



Visit the Too Good to Go website to find out how you can buy food from cafes, restaurants and shops at a reduced price, when it hasn't sold in time. <https://toogoodtogo.org/en>  
 On the Olio website you can find people giving away free food to their community. <https://olioex.com/>



**MR GILES**

# DUKE OF EDINBURGH

Massive congratulations to the following Y13 students who completed their Gold Qualifying Expedition in the depths of the windy Brecon Beacons at the end of last term:

Dan  
Hugh  
Holly  
Daisy  
Edward  
Rosie  
Gwen  
James  
Torin  
Charlie  
Tom



From the 15-19 October these students hauled massive packs above and around the rugged peaks of the Brecons. Over the course of 4 full days of navigating themselves through endless checkpoints and various weather extremes their spirits never dampened. With many other Gold groups from different schools up on hills I can safely say that our bunch were the most spirited, determined and together.

Mr Milstead and I were struck by how well they gelled as a group and how efficiently they worked as a team. Special mention to the birthday boy Edward who shared his big day with the group on the Monday of the expedition. Thank you for being such a great group on your expedition and thank you for sharing your food with Mr Milstead and me (great custard-making skills).

# REMEMBRANCE DAY 11 NOVEMBER

Students this week have been exploring the theme of remembrance, why we remember, who we are being asked to remember, how Remembrance takes place around the world and have been encouraged to consider how and what we can do to ensure remembrance continues for at least another 100 years.

## WHAT IS REMEMBRANCE?

In times of conflict and emergency, there are always people trying to help and protect others.

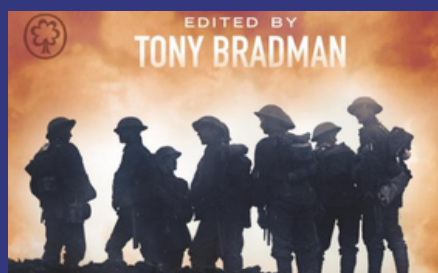
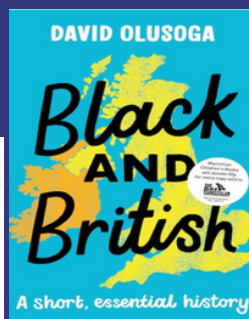
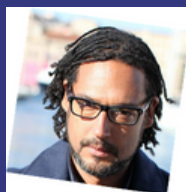
When we mark Remembrance we remember and give thanks for the people who help and protect others now, or who have done in the past. We remember those who have been hurt or killed as a result.

Remembrance is hope for a peaceful future.

## STORIES FOR REMEMBRANCE

Students this week have been reading two extracts from stories relating to World War 2, and segregation in the Army. They have been thinking about the challenges faced, and the opportunities for change, over 70 years ago.

- Black and British a Short, Essential History by David Olusoga
- Shipmates by Tony Bradman.



# WHO DO WE REMEMBER?

We remember the service and sacrifice of the Armed Forces

We pay tribute to the special contribution of families and of the emergency services

We acknowledge innocent civilians who have lost their lives in conflict or acts of terrorism



## PAUSE, REFLECT, REMEMBER

Students have been selling poppies to support Royal British Legion Poppy Day - every poppy counts.



# KEY EVENTS REMEMBRANCE IN BRISTOL

## HOW CAN WE REMEMBER IN BRISTOL?

This year's Remembrance Day will be on Sunday 13 November and there will be services and parades in and around Bristol, with the city falling silent at 11am. These are where and when you can attend events and what is taking place.



### CENOTAPH, BRISTOL CITY CENTRE

Members of the public are welcome to observe the parade and attend the service which includes two minutes' silence from 11am to 11.02am, followed by the laying of wreaths and a short service.

### WESTBURY-ON-TRYM

Members of the public are welcome to observe the parade at the Westbury-on-Trym war memorial and attend the service which includes two minutes' silence from 11am.

### THE OLD DUKE

From 12pm, The Old Duke on King Street will be hosting a range of jazz and blues artists to mark Remembrance Sunday. Free entry all day.

## THE WAR MONUMENTS IN AND AROUND BRISTOL

Key Memorials that you can visit this weekend.

### BOER WAR MONUMENT, CLIFTON



### STOKE BISHOP MEMORIAL



### WESTBURY VILLAGE MEMORIAL



# STUDENT LEADERSHIP



MR SMITH

## HOUSE PARLIAMENT

Today, the new House Parliament met for the second time. The Head Students introduced each of their sub-committees (Eco Schools, Equality and Diversity, Communities and Mental Health, Curriculum and Events and Competitions). Students then chose which group they wanted to join and met for the first time to discuss their action projects across the year. At the next House Parliament meeting, we will be joined by the school's catering company for a Q&A session.

Since the first meeting, the House Parliament has also organised fundraising for the Royal British Legion during our poppy appeal and volunteered at key events such as the Sixth Form Open Evenings.



## BFS SIXTH FORMER FOR A DAY

Last Friday, we were pleased to host our Year 11 cohort as Sixth Formers for the day. The normal lesson timetable was replaced by a Sixth Form programme of study so that students could experience Sixth Form life and participate in taster sessions in those courses which they may wish to choose to study next year. Those Year 11s who were contemplating college or apprenticeships for next year also had the opportunity to hear from SGS College, City of Bristol College, Access Creative and Boom Satsuma about their post-16 offer.

The colleges also provided taster sessions in courses such as Sound, Photography and Film. We also celebrated the hard work of our Year 11 cohort as they prepare for their mock exams by providing a much-enjoyed BBQ lunch. If you are a student, parent or carer and would like to hear more about applying for BFS Sixth Form, please visit our website or email us via [sixthform@bristolfreeschool.org.uk](mailto:sixthform@bristolfreeschool.org.uk)





## Y9 AND Y10 SPORTS HALL ATHLETICS

A number of students travelled to RGS for this year's sports hall athletics. All schools from the North of Bristol were involved and our students really did do BFS proud with some fantastic performances both on the track and field events. Some notable winning performances on the track came from the Y10 girls' team of Martha, Grace, Ciara and Daisy. It was great to see all 17 students cheering one another on throughout the evening's events. Well done to all 😊



### PLEASE REMEMBER!

THE YEAR 11 AND YEAR 13 MOCK EXAMS START NEXT WEEK (WEEK COMMENCING 14 NOVEMBER) WHICH MEANS WE LOSE THE SPORTS HALL FOR PE LESSONS. UNLESS THE WEATHER IS HORRENDOUS AND WE ARE FORCED INTO CLASSROOMS, WE WILL BE GOING OFFSITE FOR ALL PE LESSONS. PLEASE MAKE SURE YOUR CHILD IS SUITABLY PREPARED WITH WARM CLOTHING SUCH AS BASE LAYERS, GLOVES, HATS ETC, FOLLOWING OUR PE KIT GUIDELINES OF PLAIN NAVY BLUE. IT ALSO MIGHT BE WORTH BRINGING AN EXTRA PLASTIC BAG FOR MUDDY KIT AND SPARE SOCKS IN CASE OF WET FEET!! IF YOU HAVE ANY QUESTIONS PLEASE LET MRS BALLARD KNOW IN THE PE DEPARTMENT.

### NETBALL SUCCESS

YEAR 8 TEAM HAD THEIR NETBALL FESTIVAL THIS WEEK AT REDLAND GREEN. THEY WERE ABSOLUTELY FANTASTIC AND WON ALL THEIR GAMES WITH EASE! THEY ARE NOW THE BRISTOL SCHOOLS CHAMPIONS - WELL DONE, AN AMAZING EFFORT FROM THE WHOLE TEAM. PLAYERS OF THE MATCH WERE ROSIE & LILIA.



# WICKETZ BRISTOL

**FREE**  
Cricket  
Sessions



**SIGN UP TODAY!**

**DON'T KNOW THE RULES?  
DON'T WORRY. JUST TURN UP,  
PLAY GAMES AND HAVE FUN.**

Bring your friends • Make new friends

**For girls and boys aged 8-16**



## SOUTHMEAD

**Every Monday** (except bank holidays)  
**5.00pm - 6.30pm**

Venue: Bristol Free School, Concorde Drive, Bristol BS10 6NJ

**For more information contact Sam Emmott:**  
07398 211 596 • [sam.emmott@gloucestershirecricketfoundation.org](mailto:sam.emmott@gloucestershirecricketfoundation.org)

[GCF\\_Wicketz\\_LT](#)  
 [Wicketz Bristol](#)



**You** are  
welcome  
in our  
school

**Ласкаво  
просимо  
в нашу  
школу**

