

Dear Parents, Carers and Students

## END OF TERM 5!

We are here already at the end of term 5! I know that Year 11 and Year 13 will be very pleased to have a small respite from their exam series next week. We have been so impressed with the conduct and hard work of students. Thank you to Mrs Mendez and her invigilator team for keeping this busy exam series running so smoothly.

## DOFE

A big thank you to Mr Wiczorek, Mr Milstead and Mr Giles who have been supervising the Duke of Edinburgh expeditions. Many staff supported the evening camp and reported how much our young people enjoyed themselves and developed a range of life skills alongside great memories. Year 8 have this to look forward to next year



## QUEEN'S PLATINUM JUBILEE



This week we planted our Queen's Platinum Jubilee trees on the school site. This is happening across all schools in the country and will be a legacy for many years to come. It is a fitting tribute for the longest serving monarch this country has ever known.

## GOODBYE

Today we sadly said farewell and thank you to Ms Shah our assistant SENDCO and geography teacher. We wish Ms Shah every success in her new promoted role at Redland Green School.

## HOUSE PARLIAMENT



On Tuesday, BFS Student Parliament questioned me on a range of topics. It felt a bit like being on Prime Minister's Questions with a range of thoughtful and challenging questions being thrown at speed. It was fantastic to be with such a committed and articulate group of young people who are passionate about developing BFS for the better.

Finally, I hope you have managed to read the letter I sent this week – it outlines all the expectations and event dates we have planned for term 6. Please see our website if you need to find a copy.

The weather forecast is looking better for the next few days so I hope you all manage to get outside and enjoy the beginning of summertime.

Thank you for your continued support and well done to all our students on a great term.



**MRS S KING**

# KEY DATES

- 27 May - End of Term 5
- 6 June - Start of Term 6
- 15-16 June - SubSea Grand Final - Aberdeen
- 16-17 June - Bronze qualifying DofE expedition
- 18-20 June - Silver qualifying DofE expedition
- 18-20 June - Year 12 Gold Practice expedition
- 1 July - INSET Day

## DOFE HIGHLIGHTS!



## ATTENDANCE MATTERS LATES

Students who arrive at school between 8.30 and 9.29 will be given a late mark in their attendance record.

They will also receive a same day detention. If your child is going to be late for a valid reason, please email [admin@bristolfreeschool.org.uk](mailto:admin@bristolfreeschool.org.uk) to let us know.

Students who arrive after the register closes at 9.30 will be given a U-code late.

This mark means that they will have the whole morning marked as an unauthorised absence. Repeated unauthorised absence can lead to the Local Authority issuing penalty notices or even prosecution.

Please encourage students to be punctual to school.

Many thanks  
Attendance Team

# PLANT A TREE FOR THE JUBILEE

## 'PLANT A TREE FOR THE JUBILEE' – THE QUEEN'S CANOPY FOR THE PLATINUM JUBILEE



The Queen's Green Canopy (QGC) is a unique tree planting initiative created to mark Her Majesty's Platinum Jubilee in 2022 which invites people from across the United Kingdom to "Plant a Tree for the Jubilee". Everyone from individuals to Scout and Girlguiding groups, villages, cities, counties, schools and corporates will be encouraged to play their part to enhance our environment by planting trees during the official planting season.



AFTER RECEIVING OUR TREES, SOME OF OUR GREEN FINGERED STUDENTS FROM GARDENING CLUB POTTED THEM READY FOR THEIR EVENTUAL MOVE TO THE TOP OF THE BFS SITE. AS YOU CAN SEE THEY ARE FLOURISHING AND WILL HOPEFULLY FRUIT WITH THREE TYPES OF APPLE FOR US ALL TO ENJOY. WE HAVE IT ON GOOD AUTHORITY THAT THEY ARE HER MAJESTY'S FAVOURITE VARIETY!

70



# BFS SIXTH FORM



MR SMITH

## HOUSE PARLIAMENT



### OUR HEAD STUDENTS



CANFORD



ASHTON



BLAISE



DURHAM

On Tuesday 24 May, we held our first House Parliament Meeting led by our new head students. Students from across the school came together to (i) discuss the actions that we had taken since our last meeting, (ii) ask the headteacher anything(!) and (iii) establish our new sub-committees to consider ways that the House Parliament could further strengthen our school community.

In our previous meeting, the House Parliament fed back that their favourite things about the school were the quality of teaching, the range of enrichment opportunities on offer and the support for students with mental health challenges. As a result of House Parliament feedback in that meeting, we have worked to establish more residential trip opportunities for 2022-23, planned ways to reduce the cost of BFS uniform, separated out plant-based foods within the canteen, introduced new bins for different types of recycling and begun to plan a Cultural Day which will celebrate the different cultures represented at BFS.

During our 'Ask the Headteacher' session within Tuesday's meeting, the House Parliament students raised a diverse set of topics from the school uniform in summer to making sure that new residential trips were affordable. We then established our new sub-committees and considered how these groups could help strengthen the school. The 'Events and Competitions' sub-committee began to plan a Ukraine fundraiser in Term 6 and thought about ways to develop house competitions. The 'Equality and Diversity' group worked on the Cultural Day for next year and also discussed ways in which they can make the school as inclusive as possible. Our 'Communities and Mental Health' group worked on ways that we can train students to understand how to support their friends with mental health challenges. Finally, the 'Eco School' sub-committee discussed how it could support the school's ongoing desire to reduce waste and become more sustainable; whilst our new 'Curriculum' sub-committee reflected on the Tutor Programme across all year groups.



THE NEW SUB-COMMITTEES WILL CONTINUE TO MEET REGULARLY; ENSURING THAT STUDENTS FEEL US LISTENING TO, AND ACTING UPON, THEIR FEEDBACK. THANK YOU TO ALL OUR HOUSE PARLIAMENTARIANS FOR THEIR VALUED CONTRIBUTIONS.

# BFS SIXTH FORM



**MISS BARNES**

## OXBRIDGE PARENTS' INFORMATION EVENING AT QEH

QEH would like to invite Year 12 students and their parents/guardians to an Oxbridge Information Evening on Wednesday 8 June from 7.00-8.30pm in the QEH Theatre.

The purpose of this evening is to provide students, parents and guardians with more information about Oxford and Cambridge universities, including why students might want to apply to these universities, the process of applying, and how to make a strong application.

QEH have also invited some ex-students currently studying at Oxford and Cambridge to share their experiences of applying to and studying at these universities. All are welcome, though this evening will be most useful to students who are considering applying to highly selective and academically rigorous universities and are likely to achieve As and A\*s in their A-level examinations.

If you would like to attend, please complete the Google form via the link below by Monday 30 May including how many places you require. All students must be accompanied by a parent/guardian.

<https://docs.google.com/forms/d/e/1FAIpQLSebm6UAdB44s8HFDkZ0dYB9LmrTwUAUW20n97Xtl4IN82LT5g/viewform>



**MR PARRY**

HEAD OF BUSINESS AND CAREERS LEADER

## EMPLOYER TALKS

Today we were delighted to host representatives from Into Film for our employer talk about the exciting career opportunities on offer in the film industry. Into Film provide unparalleled opportunities for young people to interact with and learn from leading film professionals through a variety of in-school and extra-curricular experiences. They work to inspire a passion for film, a respect for intellectual property and an understanding of industry career pathways for a whole new generation of film watchers and makers. The talk outlined the many different roles and entry points into the film industry and it was a very interactive and interesting talk.

For more information about Into film, please see their website:  
<https://www.intofilm.org/>



# INTO FILM

IF YOU WOULD LIKE TO WORK WITH THE SCHOOL, OFFERING EMPLOYER TALKS TO THE STUDENTS THEN PLEASE GET IN TOUCH WITH THE CAREERS DEPARTMENT.

# GYPSY, ROMA & TRAVELLER HISTORY MONTH

EVERY JUNE SINCE 2008, PEOPLE FROM ACROSS THE UK HAVE CELEBRATED GYPSY, ROMA AND TRAVELLER HISTORY MONTH. THROUGH CELEBRATION, EDUCATION AND RAISING AWARENESS, GYPSY, ROMA AND TRAVELLER HISTORY MONTH HELPS TO TACKLE PREJUDICE, CHALLENGE MYTHS AND TO AMPLIFY THE VOICES OF GYPSIES, ROMA AND TRAVELLERS IN WIDER SOCIETY.

**FRIENDS, FAMILIES & TRAVELLERS**

## WHAT MAKES A HOME?

**JUNE 20 22 GYPSY, ROMA and TRAVELLER HISTORY MONTH**

## ‘WHAT MAKES A HOME?’

Gypsies, Roma and Travellers are the largest ethnic minority community in the European Union with over 12 million people across the EU and some 300,000 in the UK. They are very marginalised groups of people that have suffered, and continue to suffer, extreme levels of prejudice. This is an important time to learn about common misconceptions, the richness of Gypsy, Roma and Traveller cultures and how our society can support them better.

There are many different people and groups who fit under the umbrella term ‘Gypsies, Roma and Travellers’ used in society. This can include Roma people, Romany Gypsies, Irish Travellers, Scottish Gypsy Travellers, New Travellers, Liveaboard Boaters and Travelling Showpeople.



The theme this year, is ‘Make Some Space’. The charity ‘Friends, Families and Travellers’ are asking people across the UK to ‘Make Some Space’ for Gypsy, Roma and Traveller people in their day to day lives. BFS are proud to be supporting this and we have various lessons planned for students to learn and focus on the histories, cultures or present realities of Gypsy, Roma and Traveller people.

## CONVERSATION STARTERS

How can we all make sure traveller communities are valued and supported?

How can we create a welcoming environment for all cultures and communities?

How can we all make sure traveller communities are valued and supported?

How can we create a welcoming environment for all cultures and communities?



# BFS MFL THE LANGUAGE AMBASSADOR SCHEME



MR NOUAS

## ITALIAN TASTER LESSON

This term Language Ambassadors have been taking the opportunity to learn about languages outside of French and Spanish taught at school through engaging taster sessions. During the final week of term, Ms Rowden kindly offered her time to give a taster session on Italian! We learnt numbers up to 10, participated in a cultural quiz and learnt some high frequency phrases such as greetings saying how we are.

This now means that the Language Ambassadors have learnt parts of 3 additional languages so far on top of French and Spanish!



1	UNO	6	SEI
2	DUE	7	SETTE
3	TRE	8	OTTO
4	QUATTRO	9	NINE
5	CINQUE	10	DECE

## EXCITING LESSONS PLANNED FOR OUR STUDENTS IN TERM 6 TO CELEBRATE 'THIS WEEK IN LANGUAGES'

MONDAY 6 JUNE

YEAR 9

THE INFLUENCE  
OF ISLAM ON  
FRENCH  
LANGUAGE AND  
CULTURE.



WEDNESDAY 8 JUNE

YEAR 10



LANGUAGE  
AMBASSADOR  
TEACHING KOREAN  
TO OTHER  
LANGUAGE  
AMBASSADORS



THURSDAY 9 JUNE

YEAR 7

CAFÉ LESSON



THURSDAY 9 JUNE

YEAR 8

PICASSO IN  
SPANISH



**You** are  
welcome  
in our  
school

Ласкаво  
просимо  
в нашу  
школу







MS URCH

## CELEBRATING SPORTING SUCCESS



### Y7 GIRLS CRICKET FESTIVAL

On Thursday, a team of 10 Y7 girls travelled to Bedminster Cricket Club for a Dynamo Cricket tournament. We were one of 9 schools to take part in the Y7 competition. The morning started off with some coaching on how to bowl and this was quickly followed by the girls playing a number of games versus four other local schools. The girls convincingly won their first match v Oasis Academy John Williams. Next up was Redland Green. The girls lost this match by 6 runs but played so well. Game 3 was against Ashton Park School and the girls ran away with the win. Some fantastic bowling and batting skills were on display from all. This led us to the final and again we were up against Redland Green. The girls fought hard, playing their best game of the tournament but came unstuck with an amazing performance from one pair from Redland Green. A fantastic day and the girls did the school proud.



### WOT KS1 SPORTS DAY

On Tuesday the Year 10 Sports Leadership Academy students supported Westbury on Trym CofE Primary School KS1 sports day.

The leaders were fantastic at supporting the children in a variety of sprint races throughout the afternoon. All 11 students were incredible and a fun afternoon was had by all involved.





## THIS WEEK IN ENGLISH...

MISS LUDWELL

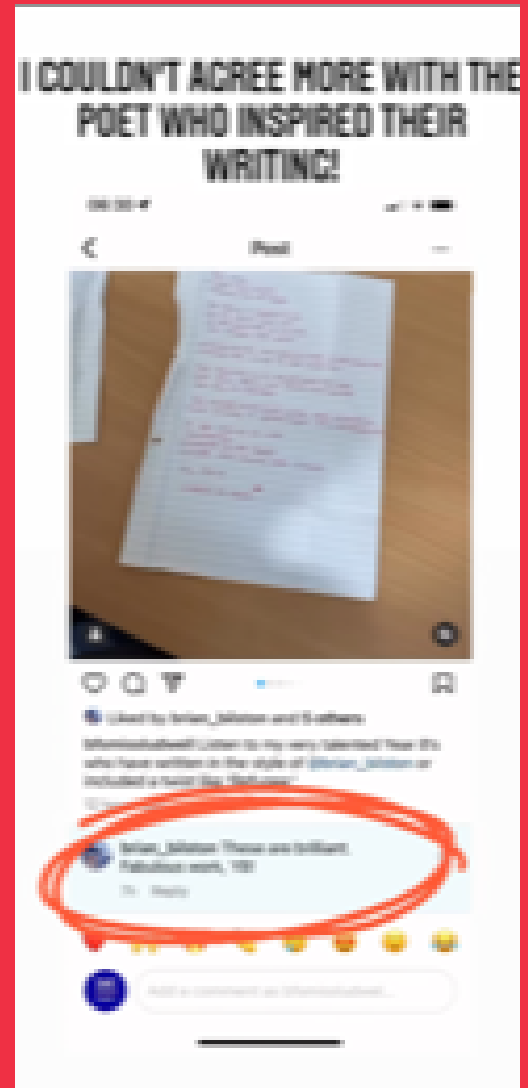
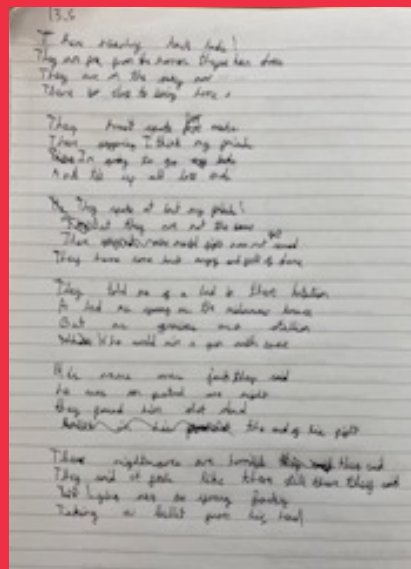
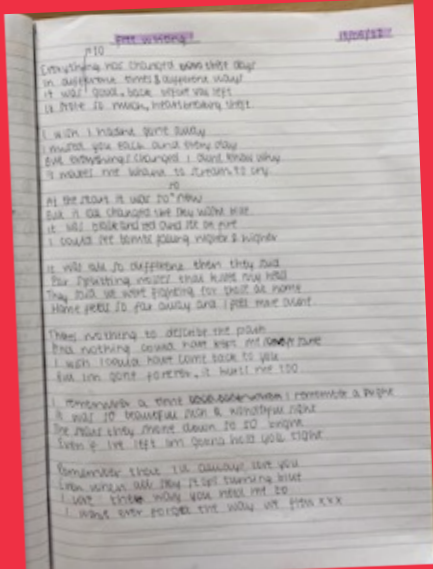
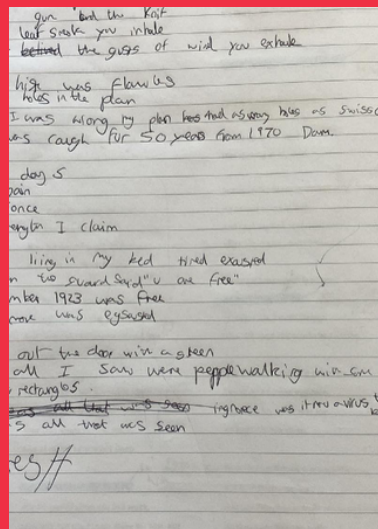
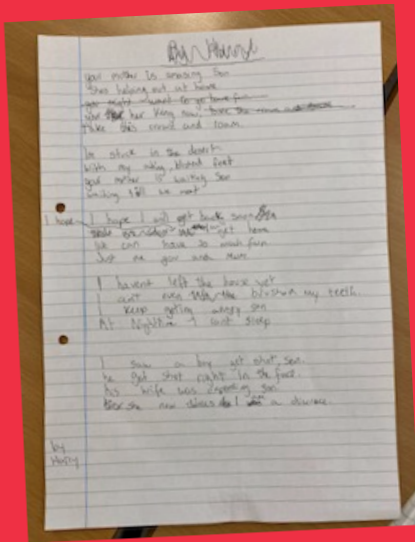
What a week we have had at BFS with GCSEs and A level exams starting! I am sure you'll agree that during this intense time, some light relief would be welcomed. Ask and you shall receive!

I am sharing with you excellent poems written by Year 7 and Year 8. The focus of the poems were similar in some ways as they both focused on emotions.

However, Year 7's poetry theme was Kae Tempest's, 'War Music' and the students wrote about something or someones return and not being quite the same.

Year 8, used Brian Bilston's poem, 'Refugee,' structure to write their poem. In his poem there's a huge twist which is you have to read it from bottom to top to reveal the true meaning. The students successfully achieved this style or they included a subtle twist which was effective.

Enjoy their poetry and more examples are on bfsmissludwell (Instagram) as well as live readings by the students.





# MENTAL HEALTH & SAFEGUARDING

*Mental Health & Safeguarding Support, Advice & Information*



Ms Townsend, Mental Health & Safeguarding Manager



Miss Hastings, Medical and Mental Health Officer

The Mental Health team has been busy with students accessing various professional support, 121 mentoring with the team, co-ordinating counselling and school nurse appointments and attending external professional support meetings. As always email [tellsomeone@bristolfreeschool.org.uk](mailto:tellsomeone@bristolfreeschool.org.uk) and we will get back to you to support or signpost in any way we can.

## DOES YOUR CHILD NEED SUPPORT? WE CAN HELP

If you feel that your child could do with mental health support – then do let us know. We have various therapeutic and counselling services available for our students.



## ARE YOU RECEIVING EXTERNAL SUPPORT?

If you have social intervention, or are receiving external professional support (CAMHS, counselling etc) it would be great to hear from you. That way we can complement the support in school and assist your child further with their development.



## PARENT/CARERS - WE CAN SUPPORT YOU!

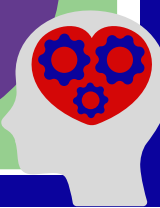
As a parent / carer, if you feel you could do with some support to support your young people do just let us know. We have webinars, 121 counselling sessions, parenting groups available – online or via the phone.

## STUDENTS- WE CAN SUPPORT YOU!

Please have a chat with your Tutor and Year Leader, or just send an email if you are struggling, we can always make time.



**TELLSOMEONE@BRISTOLFreeschool.ORG.UK**





# MENTAL HEALTH & SAFEGUARDING

Mental Health & Safeguarding Support, Advice & Information



Ms Townsend, Mental Health & Safeguarding Manager



Miss Hastings, Medical and Mental Health Officer

## PARENT/CARER SUPPORT OFFER - WEBINARS

Anna Freud would like to invite you to attend a 4-week online "Connecting Parents and Carers" group, starting in the week of 13 June 2022, in collaboration with the Anna Freud Centre Schools Support Service.



### Parents and carers

Advice and guidance for parents and carers to help them support a child or young person experiencing poor mental health or wellbeing

**TO REGISTER FOR THE INTRODUCTION MEETING, PLEASE SELECT THE RELEVANT GROUP AND CLICK ON THE ZOOM REGISTRATION LINK.**



**Anna Freud**  
National Centre for  
Children and Families

TAKING

# CARE

TO PROMOTE MENTAL HEALTH IN SCHOOLS AND COLLEGES

**Building resilience, staying connected and nurturing your relationship with your teen**

Date: Tuesday 14 June

Time: 5-6 pm

Register:

<https://annafreud.zoom.us/join/register/tj0rc-qopz4vEtU6gvvtLY5GknLgJLbzFtxx>

**Anxiety in adolescence: how can parents help?**

Date: Tuesday 21 June

Time: 12-1 pm

Register:

<https://annafreud.zoom.us/join/register/tjckf-2vqjsjE9lOmKzvclKpLbmFJTukXKjt>

**Adolescent self-harm: how to make sense of it and when to seek support.**

Date: Wednesday 29 June

Time: 5-6:15pm

Register:

<https://annafreud.zoom.us/join/register/tj1scOGurZltGtwMF4pyr5xj1D6dsrPALu7G>

**Weathering the storms of strong teen emotions: do's, don'ts and when to consider talking to someone**

Date: Monday 4 July

Time: 1-2pm

Register:

[https://annafreud.zoom.us/join/register/tj1vc-GppzMvGtGjcl1rVh\\_iW2gfZDLYEJQa](https://annafreud.zoom.us/join/register/tj1vc-GppzMvGtGjcl1rVh_iW2gfZDLYEJQa)

**Managing teen behaviour that challenges: tips and tricks**

Date: Thursday 14 July

Time: 5-6pm

Register:

<https://annafreud.zoom.us/join/register/tjApcevmrD8sHnNcnBZDo-uH3ft5Z1hL8pfa8>



# 28 May MENSTRUAL HYGIENE DAY

Changing the world  
with women and girls  
**act:onaid**

**MENSTRUAL  
PRODUCTS  
FOR ALL**

**ON MENSTRUAL HYGIENE DAY 2022, WE'RE WORKING TO BREAK THE SILENCE AROUND PERIODS, TACKLE THE STIGMA OFTEN ASSOCIATED WITH THEM, AND RAISE AWARENESS OF THE IMPORTANCE OF MENSTRUAL HYGIENE FOR WOMEN, GIRLS AND PEOPLE WHO MENSTRUATE AROUND THE WORLD.**

Students at BFS celebrated Menstrual Hygiene Day 2022 today with a drop in centre held during lunchbreak. We created a safe space for students to talk freely about menstruation and learn more about period products available to them, including recyclable pads. Students were also able to help themselves to a range of free products including:



**REDUCING OUR ENVIRONMENTAL FOOTPRINT:  
ALL PERIOD PRODUCTS PURCHASED BY BFS THIS  
ACADEMIC YEAR HAVE BEEN ENVIRONMENTALLY  
FRIENDLY. WE NOW HAVE A RANGE OF ORGANIC  
PADS AND TAMPONS AS WELL AS REUSABLE  
PADS TO OFFER OUR STUDENTS WHO NEED  
THEM!**

**MENSTRUAL  
HYGIENE  
IS A RIGHT,  
not a privilege.**

**CO<sub>2</sub>**